DARANEWS

15 August 2025

WEBSITE DARANET



Year 7 Mass

Upcoming events

18 -19 August
Senior PE Ski Trip
P4 Year 10 English Exam

20 August
College Captains Speeches

21-22 August
House Captain Speeches

25 August
Years 8-11 2026, Elective Subjects Due

26-27 August
Year 12 AST

27 August
Year 11 AST Trial

28-30 August
Music Tour

12 September
Charity Walk

17 September
Annual Student Survey

19 September
2026 Leadership Assembly
Languages Day

22 September
Year 8 Allwell Testing

26 September
End of Term 3
Daranews Published

From the Principal



Dear Parents/ Carers, Staff and Students,

A belated welcome back to Term 3! It has been a whirlwind first four weeks of the term filled with activities and events across each of our year groups along with our co-curricular activities. I would like to thank **Mr James Keeley** for stepping into the Principal role for the first two weeks of term to enable me to take my renewal leave as I enter the second half of my fifth year as Principal. During those two weeks I had the opportunity to travel to France, and in the midst of the chaos of the final stage of the Tour de France in Paris, attended Mass at the Sacre Coeur Basilica where I witnessed and heard the extraordinary Benedictine Sisters choir, under the gaze of the Sacred Heart of Jesus which adorns the ceiling of the Basilica. It was truly a moving experience that I will hold in my heart for years to come. Over the break, four of our staff also travelled to France as part of the annual Chevalier Institute Pilgrimage to Issoudun, to walk in the footsteps of our founder, Fr Jules Chevalier, alongside staff from the three other MSC Colleges. Being able to embrace these spiritual formation opportunities enables us as leaders and staff within Catholic schools to share what it is to truly be on earth the heart of God each and every day. Last Friday, **Ms Amy Thomas** and I attended the annual Archdiocesan Clergy, Principal and Religious Leaders Day, where we heard from **Archbishop Christopher Prowse** of the important role that schools play as centres for evangelisation, formation and encounter, alongside parish communities. Throughout the day we shared in synodal discussion and discernment of the challenges and also the successes and joy that exist in each of our communities. Today we acknowledge and mark a significant holy day for the wider Catholic Church as we celebrate the Feast of the Assumption. We are reminded on this day of the unwavering faith and devotion of Mary

From the Principal

as the mother of God here on earth.

This edition of Daranews is filled with stories and images of celebration and the wonderful array of activities that have already taken place this term. I am constantly in awe at the diverse gifts, talents and generosity that exists within our community. Each of the activities that have taken place over the past few weeks, and those that are planned for the coming weeks, have stemmed from the ideas and initiatives of our student leaders, student voice through the DRC and other student-led groups and also our staff. The myriad of opportunities available to our students don't just happen, so I would like to thank all of the staff who have been involved and have given so generously of their time. Thank you also to our families, I am very aware that without your support there would be no students to take up these opportunities.

At the beginning of the term our Year 12 students travelled to Stanwell Tops for their final Reflection Camp at Daramalan. This was an opportunity for the cohort to spend time together away from school and work together on building stronger connections as a year group as they enter the final semester of their schooling. Upon my return to the College, at the end of Week 2, I was overwhelmed by the number of students who spoke to me about their experience and the positivity they took from the variety of the sessions. As a school we were able to view the highlights of their camp as part of our Opening Assembly at the end of Week 1. At that Assembly we were treated to a performance by the Jazz Band and heard from our College Leaders as to what has been taking place in each of their portfolios and the events and activities for the term ahead.

Already this term, the Daramalan Dance Company have performed in the Wakakirri National Story-Dance Festival for Schools at the Canberra Theatre. The performance by the Dance Company students, 'Beyond the Mirror', received a State Award with the feedback from the judges noting that "your story, creativity, and commitment to inspiring change truly stood out". Their performance was outstanding and extremely professional, filled with colour, movement and obvious joy. I received extremely positive comments from the families who were from the other schools performing on the night and were sitting in the seats around me at the theatre. Thank you to **Ms Jess Haynes, Ms Lucy Cronan** and **Ms Jacqui Dimmock** for the hours of rehearsals that they have supervised in the lead up to the performance. A huge thank you also to **Mr Matt Maggs** and **Ms Maddie Ward** for accompanying the students on the day and also to our Maintenance team for their transport of the sets and costumes.

Rehearsals are well underway for the next Daramalan Theatre Company production which will be held at the beginning of next term, and our musicians are preparing for their annual Music Tour which will take place in Week 6 when they head to Sydney.

Our Year 9 and Year 11 students have begun the discernment process as to whether they will put themselves forward for a formal leadership position in 2026. Our Year 11 students participated in their Leadership Day last week, where they came together as a cohort and then in House groups to consider just what they believe are the qualities of a leader in an MSC school such as Daramalan. The day was facilitated by Burn Bright and I would like to commend the students for their approach to the day and their engagement with the activities. I have had the privilege this week to be a part of the group interview process for our 2026 College Leadership positions. To say that I have been overwhelmed by the maturity, discernment and calibre of our Year 11 students would be an understatement.

We have also commenced our Year Group Masses this term, with our Year 11 and 7 students already celebrating the Eucharist together. Year 10 will have their Mass in Week 7, Year 9's Mass will be held in Week 8 and Year 8 will celebrate their Mass in Week 9. I would like to thank **Fr Tru Nguyen MSC** for celebrating our Masses with us, **Ms Amy Thomas** for her preparation, College Mission Captain **Natalie Gordon** for her poignant reflection at each of the Masses, and to all of the students who have volunteered as readers or for other roles during the Masses.

Thank you to those families who continue to follow our request to keep their student at home if they are showing any of the signs or symptoms associated with colds, influenza, RSV and Covid-19. Unfortunately, influenza, in particular, continues to be present in our community. As I have mentioned in previous editions of Daranews, it is small things, like remaining at home if we are unwell that can make a huge difference, especially as we have a number of staff and students in our immediate community who are immuno-compromised in addition to those in our wider community and families.

Staff Changes

In addition to the staff changes that I mentioned in the last edition of Daranews, we have several changes and appointments to key roles in the College. **Mr Gerard Beattie** has been appointed as the Assistant Religious Education Coordinator and commenced this role at the beginning of this term. **Mr Callum Brown** will be the acting Farrer House Coordinator until the end of this year. We also welcomed to



Year 11 Mass



Backstage at Wakakirri

From the Principal

our staff this week **Ms Jessica Tillack** who will be teaching English and Religious Education.

2026 Subject Information Sessions

Information has been disseminated by the Assistant Principals Curriculum, **Mr Ben Stein** and **Ms Lucy Cronan**, in relation to the format of the Subject Information presentations and their location on Daranet and the College website. The buzz in McCowage Hall this week was encouraging as students took advantage of the lunch time sessions where they were able to obtain subject-specific advice from the Subject Coordinators and teachers. Hopefully this will help them discern the many choices available when making their elective choices for next year.

Scholarship Applications and Donations

Application forms for families seeking to apply for a scholarship for the **2026** school year are now available on the College website. They are located under Enrolments/Scholarships. We have a limited number of scholarships available through the College's Scholarship Fund. All applications are assessed taking into account the financial circumstances of the student's family and they are treated in the strictest confidence. Applications close on **Monday 15 September 2025** and can be emailed to principal@daramalan.act.edu.au or delivered in hard copy to the College Reception. They should be addressed to the Principal who manages the process on behalf of the College Board.

The Board Community Engagement Committee, who oversee fundraising initiatives for the Scholarship Fund, are excited to be partnering with the College Hospitality Department and students to host the Hospitality Fundraising Dinner on **Wednesday 3 September**. Details of how you can support our Scholarship Fund and treat yourself to an amazing three-course meal prepared and served by our outstanding Hospitality team, can be found later in this edition of Daranews.

Enrolments

We continue to have a large number of families on our wait list to secure a place at the College for their student. If families know that their student/s will not be returning in 2026, we ask that you please notify the Registrar, **Ms Damaris Brown**, as soon as possible.

Financial Assistance

Families who are experiencing changed financial circumstances are encouraged to contact the College Deputy Principal, Capacity and Strategy, **Mr James Keeley**, to make an appointment to discuss support that may be available to you. He can be contacted via email on james.keeley@daramalan.act.edu.au

Student Leave Requests including School Sport ACT Representation

A reminder for families that should a student need to be away for **5 or more school days** for reasons other than sickness, prior approval from the Principal must be sought in writing via a letter or an email. This includes where a student is absent due to their participation in representative sporting teams and competitions. I have been made aware that the email communication from School Sport ACT indicates that the College has provided approval in relation to individual student representation and their associated absences. Whilst the College approves a student as being eligible for selection, we are not provided with a list of students who have been successful in being selected or the dates of competitions. It is important, therefore, for us to best support our students in their assessment and learning, as well as meeting our legal obligations under the Education Act, that families request leave for their student to attend these competitions. The request needs to be submitted in sufficient time so that arrangements regarding missed schoolwork and assessment can be made. The preferred email address for such requests is principal@daramalan.act.edu.au.

Students in Years 11 and 12 should be aware that there are strict requirements for attendance stipulated by the ACT Board of Senior Secondary Studies in order for students to gain credit for a unit of work. Any extended absences from school may have an impact on the student's ability to be assessed even if all the assessment tasks for the unit are completed. Students should seek advice from the Assistant Principal - Curriculum Years 11-12, **Mr Ben Stein**, prior to making plans to miss any school days.

Parking, Blocking Driveway Access, No Stopping Zones and Supporting Student Safety

I would again like to reiterate my previous messaging relating to parking and student safety around the College. Unfortunately, almost every day I witness multiple near



Year 12 Retreat





From the Principal

misses where students have been dropped off and have alighted from cars in No Stopping areas or have crossed the busy roads in between buses, cars or not at the designated pedestrian crossings when being picked up. To keep our students safe when making their way to and from school, please ensure you drive and park safely and legally around our school. Unsafe and illegal parking can reduce visibility of our students and motorists to see each other, creating a significant hazard when students cross the road. Please remember not to park across pedestrian crossings, in No Stopping zones, on corners, verges or double parking. Our priority is ensuring the safety of all members of our community on the increasingly busy roads that surround the College.

I would also like to remind our families who attend the College out of hours and on weekends, particularly for sporting events, not to park on the nature strips or verges along Morphett and Challis Streets. I have received complaints from our neighbours outlining their concerns regarding footpath access and safety due to illegally parked vehicles. Thank you in advance for your support in ensuring the safety of our community.

Student Achievements

Congratulations to:



Patrick Clark (Year 11) who recently represented Australia in the Vertical Youth World Championships, a vertical running event of 3.8km with a vertical climb of 1033m. He won Gold in that event making him a World Champion. He also achieved a Bronze medal in the Skyrace event which was a 23km track with a 2226m vertical climb.




Lily Quigley (Year 12) and **Zoe Quigley** (Year 10) on their selection to compete in the Australian Invitational Tag Series. Unfortunately, Zoe suffered an injury when she was competing as a member of the Australian Next Generation Rugby 7s squad and was not able to participate.



Macie Wilson (Year 7) who recently competed at the School Sport Australian Swimming Championships where she improved on her previous personal best results in each of the five events that she competed in. Macie was also named ACT Junior Female Para Athlete for 2024-2025 by Capital Athletics at their presentation evening in July.



Riley Bransdon (Year 9) who broke an ACT Swimming record at the ACT Swimming championships last term.




Elizabeth Duke (Year 9) and **Cooper Evans** (Year 8) who were selected to referee the recent School Sport Hockey championships, and **Charlie Jenkins**(Year 8), **Harry Clark** (Year 9) and **Anika Oswald** (Year 10) who competed as members of the ACT squads.







Andie McFarland (Year 11) who will compete as part of the ACT squad at the National Youth Volleyball Championships.



Eloise Smith (Year 11) on her selection as an umpire for the National Netball championships.



Riley Gleeson (Year 8) who has been selected as a member of the ACT Boys Netball squad to compete at the national championships.



Rhys Hanley (Year 10) who has been selected as a member of the ACT AFL squad to compete at the national championships.



Mitchell Power (Year 8) who will be competing as a member of the ACT U14 T20 Cricket squad in Brisbane later this term.



Billy Price (Year 7) who will be competing at the School Sport Tennis Championships in Ballarat in October as a member of the ACT team.



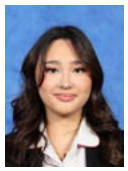
Joshua O'Keeffe (Year 10) who has been selected to take part in a Water Polo tour to Singapore as a referee as part of a development pathway later this year.



Ruby Holden (Year 11) who will be competing this weekend at the Royal Queensland Show in the Country Music Showdown.



Annabel Wales (Year 11) who has been awarded a NSW Farmers Scholarship in recognition of her commitment to her studies towards a Certificate III in Agriculture at Goulburn TAFE.


Liam Osborn and **Lailani Arizapa** (Year 11) who have had their designs selected as finalists in the Transport Canberra Light Rail Safety Week wrap around competition and **Oliver English** (Year 11) whose design was highly commended.

Best Wishes,
Rachel Davies

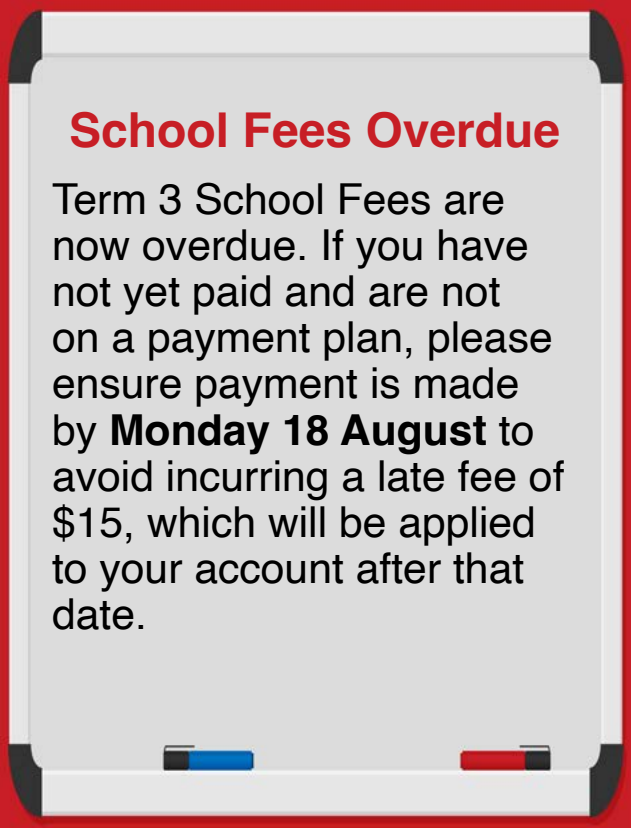
Principal

School News



Canteen Payments

Students in Years 7-10 need to use cash or card for purchases. Mobile phones are not to be used for payment in the Canteen.



School Fees Overdue

Term 3 School Fees are now overdue. If you have not yet paid and are not on a payment plan, please ensure payment is made by **Monday 18 August** to avoid incurring a late fee of $15, which will be applied to your account after that date.

Uniform Shop

We are reviewing the long-term operation of our school's Uniform Shop and would like your feedback on its accessibility and convenience. This survey focuses on the shop itself, not the uniform items, to help us better meet the needs of our school community.

Please complete this survey by COB Friday 29 August.

Click here to complete survey



NAIDOC Week Mass

NAIDOC Week Mass

NAIDOC Week was held during the school holidays so on Friday 25 July, when school returned, the Archdiocese of Canberra/Goulburn celebrated the NAIDOC Week Mass at St Christophers Cathedral in Manuka. 15 Students and 2 teachers represented Daramalan College. We arrived early and **Duncan** and **Jakida Smith** from Wiradjuri Echoes offered to apply ochre to the faces of the students followed by a smoking ceremony.

The Mass was well attended from many schools across Canberra and as far away as Broulee, with some schools bringing busloads of students. Other Masses were held in Cootamundra, Tumut, Bega and Goulburn.

We started with an Acknowledgement of Country offered by Ngunnawal Elder **Selina Walker**. All First Nations People were welcomed to come to the front as part of that acknowledgement, then a choir from MacKillop College started the Mass with the Processional Hymn.

Presiding was **Fr Paul Nulley,** recently returned to the Diocese from studies abroad. In the homily he spoke of the relationship that First Nations People have with the land. He also spoke of the tour of the former Pope John Paul II and his address to First Nations Australians in 1986. This tour was historical as the Pope recognised the Spirituality of the First Nations People of Australia in such a public way.

At the end of the Mass awards were presented to individual students for academic achievement, art, leadership as well as culture and encouragement. Some staff were also noted for their work in helping build the leaders of the future.







Reconciliation Week

As part of this year's Reconciliation Week theme "Bridging Now to Next", students from Years 7 to 12 took part in a meaningful activity. This activity encouraged and allowed students to reflect on what they are currently doing to acknowledge reconciliation and then consider the actions they can take next or continue to take to support the important journey of reconciliation.

The completed paper leaves were then transformed into a mural in the shape of a tree, displayed in Area One of our Information Centre. This mural serves as a symbol of the recognition our school is carrying especially with NAIDOC Week just passing.

This leaf mural is just the beginning of a two-part project coming to our school in Term 4, so be sure to keep an eye on Dempsey Quad for the exciting splash of colour to come!





Charity Walk

It's Charity Walk time!!
The 2025 Charity Walk will be held on Friday 12 September. Please refer to Daranet for all the information you need, including the map, donation options, the outline for the day and importantly – what to bring and wear.

For parents who may be able to assist on the day, we would love your help. If you are available and would like to join us, please complete the **Volunteer Form here.**

A reminder that all students in Years 7-12 are expected to take part in this annual event. We are looking forward to a fun community day and the opportunity to support our two charities once again.



Teaching and Learning

2025 AST

Compulsory for all Year 12 T-students

Tuesday 26 August:
Short Response Test and Multiple Choice Test

Wednesday 27 August:
Writing Test

Details for each test can be found on the Daranet AST page.

Good luck!



Daramalan Students Participate in PISA 2025

This year, our school is proud to take part in the Programme for International Student Assessment (PISA) 2025, a global study coordinated by the OECD. PISA measures the knowledge and skills of 15-year-old students in reading, mathematics and science, along with new areas such as problem-solving and global competence.

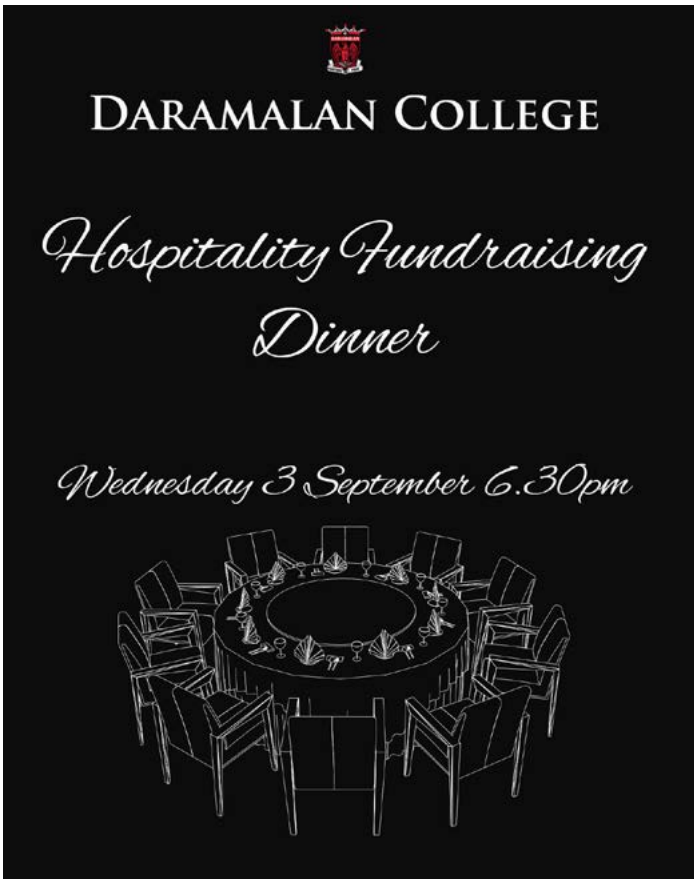
By participating, we contribute to valuable international research that helps countries and schools understand how well young people are prepared for life beyond the classroom. The insights from PISA will guide improvements in teaching, curriculum and learning environments worldwide.

On Tuesday 12 August, 26 of our students approached the assessment with focus and determination, showcasing not just their academic abilities but also their willingness to be part of a global assessment.

We look forward to seeing the results in 2026 and using them to further strengthen learning opportunities for all.



Hospitality



Hospitality Fundraising Dinner
Wednesday 3 September

Join us for a special three-course dinner celebrating the skills and talents of our Year 11 and 12 Hospitality students, while supporting the Daramalan College Scholarship Fund providing financial assistance to families who might otherwise be unable to afford an MSC (Missionaries of the Sacred Heart) education for their children.

You can buy **Individual ($80) or Table of Eight ($640)**

CLICK TO PURCHASE TICKETS

The evening is part of the students' practical assessment for Hospitality, so come along and support our hospitality leaders of tomorrow at 6.30pm, for 7.00pm service time.

The event theme is Black & White, reflected in the decor and atmosphere. Guests are welcome to dress in smart casual or embrace the theme.

- Enjoy a delicious three-course set menu, featuring an alternate main meal service.
- Wine, beer and soft drinks will be available for purchase.
- Entertainment provided by the Daramalan College String Quartet.
- Plus, enjoy raffles, fun games, trivia throughout the evening and a complimentary glass of sparkling wine on arrival!

Tickets are limited and sales close on **Friday 22 August!**

O'Brien Visit to HOME

On Thursday 24 July, we, the O'Brien House Captains and the Year 10 Peer Supports, went to HOME in Queanbeyan to join in the celebration of their 15th anniversary. The event saw the gathering of important community figures, as well as many people who brought HOME to life and continue to maintain it. We heard from several speakers including the **Hon. Steve Whan** (member for Monaro), the Snow Foundation CEO, and of course, **Fr Peter Day** and all the other co-founders. The speakers talked about the value of HOME in the Canberra-Queanbeyan community and the deeply inspirational work done by all those who work there.

It was also great to catch up once again with all the amazing staff who work to maintain HOME's radical vision, including the friendly community dog, Ollie. We shared in a delightful morning tea prepared by the kitchen.

For we Captains, it was great to see where the fundraising efforts of our House will be going, whilst being reminded of the value of HOME and how they provide a safe, comfortable place which is not just a residence but a loving home for those with mental illness at risk of homelessness, run entirely without the assistance of government funding. We are currently making plans for this year's O'Brien House fundraiser, and now with HOME top of mind, we are motivated to raise as much as we can. We would like to encourage the Daramalan community to look forward to the day and to join in when it arrives!





Social Justice

Winter Appeal
During the final weeks of Term 2 and the opening weeks of Term 3, the Daramalan community once again came together in the spirit of generosity to support the disadvantaged in our local area through the annual St Vincent de Paul Winter Appeal.

The Winter Appeal focuses on providing essential items, such as warm clothing, blankets, non-perishable food and hygiene products, to those experiencing homelessness or hardship in our region. These items are distributed directly to people in need via the Night Patrol volunteers and through the broader support network of St Vincent de Paul.

Thanks to the incredible kindness of students, families and staff, we collected an outstanding number of donations this year. These contributions will make a genuine difference, offering warmth, comfort and dignity to those doing it tough in the colder months.

A heartfelt thank you goes to the Social Justice Captain **Sophie Neighbour**, **the Social Justice Team**, and all the teachers and staff who led, promoted and supported this important initiative. The Social Justice Team expressed their amazement at the generosity shown, acknowledging that it reflects the compassionate and giving spirit that defines our school community.

This year's appeal has once again shown that when we work together, small acts of kindness add up to a truly powerful impact.





Vinnies Night Patrol
Winter in Canberra is harsh and unforgiving, with icy winds and freezing nights. Every evening, the Vinnies Night Patrol is out in our community offering warmth, compassion and dignity to those doing it tough. Sometimes that support is as simple as a sandwich, a meat pie or a hot cup of coffee. Other times, it's the quiet gift of listening and having a conversation that warms the spirit as much as the body.

Daramalan has a proud and long-standing tradition of supporting the Night Patrol. Over the past few months, many in our school community have braved the cold and wet to help provide these essential services. Whether through volunteering, donating or helping prepare items, your contribution has made a real difference.

I want to extend a heartfelt thank you to all those who stepped up, showing that we live out our MSC values by demonstrating love, compassion and service to others when it's needed most.



The World's Greatest Shave
The World's Greatest Shave is one of Australia's most well-known charity events, raising vital funds for the Leukaemia Foundation. Every year, thousands of Australians shave, cut or colour their hair to help support people living with blood cancer and to fund research into better treatments and cures.

Blood cancer is one of the most common and deadly cancers in Australia, and someone is diagnosed every 27 minutes. The money raised through the World's Greatest Shave goes directly towards supporting patients and their families, providing accommodation near hospitals and funding critical research to improve survival rates.

In 2024, Daramalan went big—plenty of heads were shaved and an incredible amount of money was raised. This year, we're aiming to go bigger, bolder and balder than ever!

We already have six brave participants signed up to lose their locks, and donations are already rolling in. If you'd like to join the team and sign up for the shave—or simply show your support with a donation—please use the links below:

Sign Up Link - https://www.worldsgreatestshave.com/join/daramalancollege

Donate:
Roy Halliday – Donate to Roy
Rory Arneman - Donate to Rory
George Covey – Donate to George
Miller Walters – Donate to Millar
Sonal Perera – Donate to Sonal
Tahlia Parkinson - Donate to Tahlia

Every dollar raised is a step closer to a future without blood cancer.

Joey's Program
The Joe's program is run by St Vincent de Paul (Vinnies) to provide connection for children experiencing disadvantage. The programs are offered to families free of charge.

The July holidays saw our students participate in active volunteering with children aged 6 to 9 years from Vinnies Joe's program. The two-day program, led by **Sophie Neighbour** (Year 12), **Sophie Perrett** (Year 11) and assisted by students **Evie Nicholls** (Year 10), **Ruby Holden, Roy Halliday, Kiran Isbister, Chelsea Delteza Patriarca** (Year 11), **Georgina Geary, Ruby Gifford** and **Tayla Holt** (Year 12).

The theme for this program was kindness – the Joe's children had a kindness challenge where they looked to perform acts of kindness for others. Our students modelled

Social Justice Cont...

positive behaviours and gently asserted boundaries, so the Joe's felt safe participating.

Ruby Gifford and **Ruby Holden** shared their amazing musical talents entertaining everyone with an impromptu music lesson. The Joe's sang along and danced. It was a marvellous sight watching them so engaged with the music. We will never forget "Alfred the Alligator" who went down the waterspout.

The program always finishes with the "Warm and Fuzzies" awards. This gives everyone an opportunity to say something nice about each person. It is lovely to see the hands shoot up desperately wanting to share their appreciation for each individual. It is clear that they really value the connection they have shared that day. The students also share what the volunteering has meant to them.

"*I am so grateful to have been included in the program, I have had a lot of fun and would love to do it again.*"

"Through this program volunteering I have been able to develop my leadership skills and work on my confidence. I just love this program and that is why I keep coming back every holiday to volunteer. I get so much from it and really enjoy leading."

Sophie Neighbour and Sophie Perrett wrote a certificate for each Joe's child, positively affirming what they personally have brought to the program. The children treasure these.

Rex Collins, Crystal Neou (Year 11), Kristi Morris, Annabelle Sleeman and Chloe Fothergill (Year 12) volunteered with the Joe's (aged 10-12) overnight camp at Warrambui. On this camp the children participated in archery, bush walks, team challenges, scavenger hunts and lots more. It was a three-day two-night camp in cabins.

These programs would not be possible without the dedicated volunteers. It is fantastic to see our students being part of this community support and enjoying the rewards that it brings.

If you are interested in active volunteering, contact Social Justice Captain Sophie Neighbour via email 22704@daramalan.act.edu.au.









The Push-Up Challenge

The Push-Up Challenge was a great success this year! With the support of our student ambassadors, **Ruby Gifford** and **Tayla Holt** (Year 12), we were able to involve all 8 Houses alongside our Hockey and Rugby clubs. As well as **Ms Eve Fitzpatrick** and the **Counselling Team**, who featured in content on the school instagram to bring awareness of the support our students can access if they are struggling with poor mental health. Incredibly, 149 students participated in the challenge and completed 179,038 push-ups! Lawson House triumphed over the others with a massive 29,497 push-ups banked, although our fundraising was dominated by Merrick who raised $620. Three individuals have been recognised with certificates and prizes this week for their dedication to the challenge: congratulations to **Joseph O'Daly** (Year 12), **Isaac De Freitas** (Year 9) and **Andy Grace** (Year 9). Well done boys, and a big thank you to Daramalan Rugby for donating the prizes. Thanks also to all the students and staff who were involved in raising awareness by reposting or interacting with daily content from The Push-Up Challenge which gave facts about mental health in Australia. Thank you for supporting our community, your push is power!



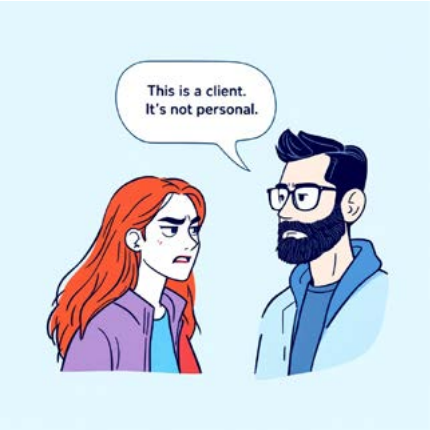


Counsellors Hub

Burn Bright, Not Out: Mastering Stress Recovery

Key ways to prevent burnout:

1. Detach



2. Debrief



3. Deliberate



4. Decompress



Emotional intelligence is the ability to understand, use and manage your emotions in positive ways to relieve stress, communicate effectively, empathise with others, overcome challenges and defuse conflict.

An individual with high emotional intelligence can manage even extremely stressful situations by maintaining their equilibrium and protecting their own wellbeing.

There are several techniques you can learn to help you respond more effectively in stressful situations by applying emotional intelligence:

1. Stop feeding your stress – too often, we're the source of our own stress. We can do this with how we think about the situation. We can often create stress in our minds even before anything occurs.
2. Pace yourself – everyone has a limit. Recognise yours and pull back before you reach it. Ask for help if you need it.
3. Get out of 'defence mode' – remember that nobody is out to get you. The world is not your enemy. You don't need to constantly be on guard or pushing yourself to the limit.
4. Adopt a positive and/or neutral mindset – try seeing things in a different light and from a more optimistic perspective. If adopting this perspective at first feels unnatural, try adopting a neutral mindset. This means changing your mindset to how you view your situation, to being more neutral and/or positive.

Reconnect with your Inner Child:
The idea of an 'inner child' refers to a part of us that represents the emotions, experiences and memories from our childhood. It is a metaphor for the childlike qualities that remain within us, such as curiosity, creativity, joy, vulnerability and sometimes pain.

When is the last time that you have played, laughed or felt wonder? Your inner child needs those things. Your inner child can also alert you to your adult needs. Too often, we override our basic needs such as hunger, rest, relaxation or even toilet breaks to finish a report or run an errand.

When a child is hungry, they need to eat, now. When a child is tired, they need to rest, now. When you learn to immediately respond to your human needs, you are giving yourself (and, by extension, your inner child) the attention and care you deserve.

Create and Nurture your 'Home':
Individuals who go home to security, safety, support and sanctuary are less likely to burn themselves out.

'Home' can be anywhere that you feel you can rest and be at peace, and where you are surrounded by the things that make you feel secure and grounded.

Further resources can be found here:
https://www.blackdoginstitute.org.au/news/how-to-use-self-care-planning-to-improve-your-emotional-wellbeing-even-when-you-dont-think-you-need-it/

https://psychology.org.au/getmedia/85f586e3-a856-47f2-a306-d0568e318193/aps-burnout-community-resource.pdf

References:

Aisbett, B. (2023). The book of burnout: What it is, why it happens, who gets it, and how to stop it before it stops you. HarperCollins Australia.

Psychology Tools. (n.d.). Learn about burnout. Psychology Tools. https://www.psychologytools.com/articles/learn-about-burnout

Ms Manar Arabani – Counsellors Hub

Rail Safety Week

Another Brick in the Wall or Do the Monkey! Rail Safety Week Design Competition 2025

Year 11 Design and Graphics students were provided an excellent opportunity during Semester 1 for the second year in a row. Canberra Metro invited students studying Design and Graphics to again participate in the Annual Rail Safety Week vehicle wrap competition with Dickson College and Gungahlin College. Students were asked to design a light rail safety awareness poster and a matching design for a Light Rail Vehicle (LRV) wrap which would be displayed on the side of the LRV's for 12 months from the second week in August.

This year the competition was open only to Year 11 students in Graphics as their Major Practical Assessment for Semester 1, so the students set to work designing their own inspiring message about safety around the ACT light rail network.

Through the duration of the project, the students worked closely with a representative from Canberra Metro, Sally Coyle and Transit Graphics representative, John Mikita. They provided ongoing feedback, design assistance and advice to the students at multiple key points. In the end, Daramalan College submitted 7 designs to Canberra Metro for consideration, with 40 entries submitted overall across the 3 participating colleges.

At the end of the competition four designs were to be selected, with two other designs also presented as highly commendable efforts. The four selected would become the face of Rail Safety Week 2025. Of the final designs selected for the rail vehicles, two of these were designed by Daramalan College students, **Lailani Arizapa** and **Liam Osborn**. Their designs will go into production and be displayed on the LRV's, while **Oliver English** was presented with a highly commendable award. But more important than the award and prizes, the publicity these students will enjoy from their work being seen by thousands of people every day for 12 months and the long-term value of this career experience for their own design future will continue to pay dividends.

Over the next month or so, the Gungahlin Town Centre will play host to the People's Choice display, where all the designs submitted for the competition will be on display for the public to vote for their favourite, or you can vote by scanning the QR Code provided. Make sure you check them out!

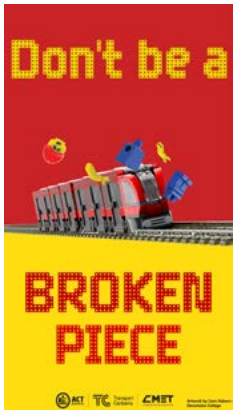
Rail Safety Week People's Choice 2025

woobox.com

Congratulations to Lailani and Liam for their success and to Oliver for his achievement as well!



























Writers' Club

Daramalan Writers' Club recently entered two teams in the writeabookinaday.com national writing competition to raise funds for the Kids' Cancer Project.

We are so proud of the two teams who worked collaboratively all day, from 7:45am until 5:00pm, to produce a complete book to submit for this competition. The buzz in the room was palpable, and the students worked consistently, even shortening their breaks to complete the project. It was a mammoth task, and we were particularly pleased with how well the students cooperated and helped each other as a team. Daramalan values shone through!

Congratulations to the following participants:

Junior Team

Josie Willsmore, Mary Collett, Olivia Yaxley, Evelyn Henderson (Year 7) and **Abigail Smith** (Year 9).

Senior Team

Ayansa Gamage, Calen Gould, Blair Rossiter (Year 11), **Lola White, Madeleine Crispe, Lilly Mitchell and Lucija Polegubic** (Year 10).

If any parents would like to donate to the Daramalan fundraising efforts for such a good cause, it would be most welcome. Links are listed below. Every little bit counts.

Sponsorship Pages:

Junior Writers' Club
https://writeabookinaday.com/teams/?id=950

Seniors Writers' Club
https://writeabookinaday.com/teams/?id=1020

Thank you so much,

Ms Melinda Cashman and **Ms Suzanne Kiraly**









Female Health and Wellbeing

As we continue our journey through Year 10, our female students had the amazing opportunity to attend an informative talk about endometriosis and pelvic pain that comes with the female cycle. We learned about what endometriosis is, its causes, and how it affects the body - not just physically, but emotionally too. The speaker, Jo, explained symptoms to watch out for and how important it is to catch it early. We also got practical advice on how to manage period pain, from lifestyle changes and diet to different treatment options. It was reassuring to hear real facts and know that we're not alone in dealing with these issues. It was nice to walk away feeling more confident, better informed and grateful that our school prioritises this kind of important and honest discussion.



Business and Government

UN Youth Evatt Competition Comes to Daramalan

On Friday 8 August, Daramalan College was proud to host the day-long UN Youth Evatt Competition, an engaging and high-energy event run by the talented UN Youth convenors. The competition saw students from Years 9 - 12 take on the roles of national delegates in a simulated United Nations Security Council, debating and negotiating complex global issues.

Working in pairs, students represented different countries, fiercely debating two draft resolutions across the council floor. They entered the negotiation chamber to trade support, form strategic alliances, and push for amendments in high-stakes discussions that demanded critical thinking and fast decision-making.

The day tested students' skills in public speaking, diplomacy and teamwork. It was inspiring to see participants grow in confidence throughout the event, rising to the challenge and thriving in their roles as young diplomats.

A heartfelt thank you goes to **Ms Sophie Peacock** for her tireless efforts in organising this event, the UN Youth Representatives for their fantastic work facilitating the event, and to **Ms Eve Fitzpatrick** and **Ms Bianca Ross** for accompanying and supporting their Global Studies classes on the day. The event was a powerful learning experience and an opportunity for students to put their global knowledge into action.







Digital Technologies

Unlocking the Future: Daramalan Students Explore Cyber Security at UNSW Canberra

On Tuesday 12 August, Year 10–12 Digital Technology students attended an excursion to the UNSW Canberra City Campus. The program focused on cyber security, digital environments, and ethical and physical challenges in the digital world.

Through participating in the activities, students showcased their critical thinking, teamwork and cyber awareness. Highlights included the Mobile Cyber Escape Challenge, opportunities for critical thinking and debate, and an introduction to the Bachelor of Cyber Security degree program offered at UNSW Canberra.

Students also took part in hands-on activities such as How to Pick a Lock, Crack the Caesar Cipher, and Decode the Null Cipher, giving them practical insights into the fascinating and rapidly evolving world of cyber security.

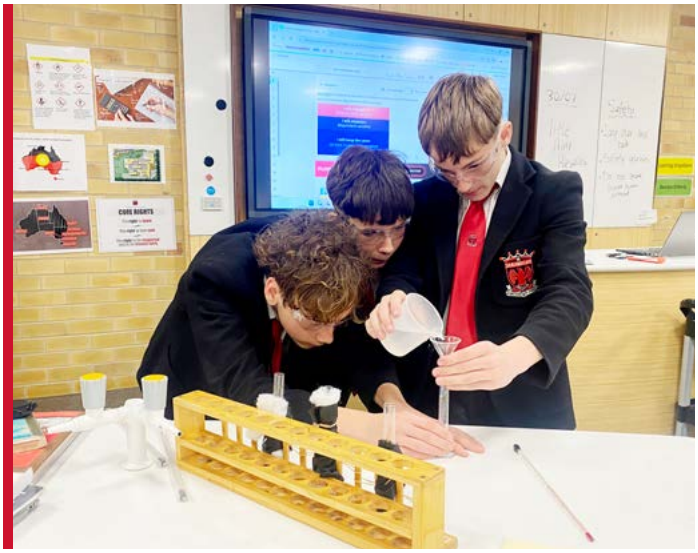






Science

Year 8 – Heat
In Year 8 Science, students have been diving into the hot topic of heat transfer—exploring conduction, convection and radiation. Through hands-on investigations, they're discovering how heat moves through solids, liquids and gases, and how this knowledge applies to everyday situations. This content will directly support their upcoming practical report, where they'll analyse real-world applications like how puffer jackets trap heat, why fans help cool us down, and how silver emergency blankets reflect radiant heat. It's all about turning up the heat on their understanding of thermal energy!





Year 9 Atoms and Radioactivity
This term, our Year 9 students have been diving into the fascinating world of atomic structure and exploring what makes some elements radioactive. To help visualise these invisible processes, students used models to demonstrate radioactive decay - turns out, it's even more exciting when the models are made of lollies! From simulating half-lives with M&Ms to watching "atoms" decay one sweet at a time. It's safe to say that learning about unstable nuclei has never been so delicious!





Year 10 Atomic Structure
Year 10 are learning about atomic structure and how electron configuration can determine the chemical properties of an atom. We hope our students are being positive about their studies – just like a proton!

Students used Bunsen burners and soaked wooden splints in various solutions to safely test each element. The room was filled with excitement (and colour!) as they matched each flame to its corresponding element, reinforcing their understanding of electron shells and energy transitions.

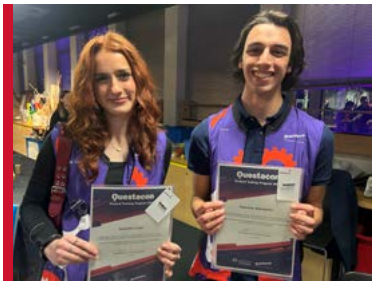
Students have been learning about how atoms become ions - ask your student to explain this chemistry joke: Two atoms were walking down the street. One said "Hey, I think I lost an electron." The other asked, "Are you sure?". The first said "Yes, I'm positive."

Science Cont...



Year 11 Biology
Year 11 Biology students explored the fascinating world of cellular chemistry by investigating the key biomolecules that make up living cells - carbohydrates, proteins, lipids and nucleic acids. To apply their knowledge in a real-world context, they were presented with an unknown biological sample linked to a fictional murder mystery. Through a series of biochemical tests, including Benedict's, Biuret and iodine tests, students identified the substances present in the sample and pieced together clues to help solve the case.

Congratulations
We are thrilled to congratulate **Samantha Crispe** and **Sebastian Abbondante** (Year 12) for successfully graduating from the Questacon Training Program! This prestigious program, run by Questacon - The National Science and Technology Centre - offers students a unique opportunity to develop their skills in science communication, public engagement and hands-on learning.



Throughout the program, participants are trained to deliver interactive science experiences to diverse audiences, fostering curiosity and a love of learning. It's a fantastic blend of education, creativity and community outreach.

Their achievement reflects not only their hard work but also their passion for science and inspiring others. Well done!

Competitions
The Science Faculty is so proud of all our students that participated in external science competitions. A big congratulations to the students shown below and to those who participated in these events:

Big Science Competition:

High Distinction: **James Stein** (Year 7), **Joe Komoroth** (Year 8) and **Rachel Nicol** (Year 10)

Distinction: **Nathaniel Keeley, Samuel Norfor, Josie Willsmore** (Year 7), **Harrison Harvey** (Year 8)

Credit: **James Phillips** (Year 8)

Junior Science Olympiad:

Credit: **Josie Willsmore** and **Harrison Harvey**

Languages

IDT 2025 – Daring Diversity in Lübeck, Germany
From Monday 28 July to Friday 1 August, I attended the 18th International Conference for German Teachers (IDT) in Lübeck, the world's largest forum for German as a foreign and second language. More than 2,700 participants from over 110 countries came together under the motto "Vielfalt wagen – mit Deutsch" ("Daring Diversity – with German") to share ideas, explore best practices, and enjoy Lübeck's historic Altstadt—along with its famous marzipan.

I presented a workshop on integrating sustainability topics into language teaching, with a focus on practical strategies and fostering diversity in the classroom. Engaging with a truly global audience sparked lively discussions and even exciting offers of future collaboration. Participants generously shared their own approaches and teaching materials, which I found both inspiring and humbling.

I am grateful to the Goethe-Institut for supporting me with a scholarship and to Daramalan College for granting professional learning time to attend this conference.

Attending and presenting at the IDT 2025 showed me that diversity in German-language teaching and learning is not just an ideal—it's something we can bring to life in every classroom. It also reminded me that there are countless opportunities out there for our language students to connect, grow and thrive.

Ms Heike Craig – Assessment and Assurance Coordinator





Performing Arts

Daramalan Theatre Company at Burrill Pines developing COME ALIVE

It is often easy for students to do repeated valuable workshops to enhance their capabilities and skills. However, when students have to implement these new skills in innovative ways of their own invention, things get trickier.

The Burrill Pines camp over the July holidays invested in new techniques and ways for inventing and devising expressions of theatre while also encouraging the actual development emanating from such experience. It allowed time for research and highlighting key points discovered. Then it challenged students to show up and demonstrate their learning.

COME ALIVE is at the most difficult end of the Drama spectrum from Years 9 to 12. It has been relatively rare for students to really exploit the potential of their engagement with the process of researching, encoding, processing, shaping and performing. The COME ALIVE camp provided stimulus and time for engaging with each other and then with the content and resources for development of new work.

The twenty students who attended this year's COME ALIVE camp at Burrill Pines were a unique blend of students from Years 9 to 12. We have yet to see the outcome of this dip into the deep end; but there was certainly a lot of enthusiasm and commitment to tasks shown over the three days of the camp.

COME ALIVE will take place on **Wednesday 5, Thursday 6** and **Friday 7 November** of this year in the Joe Woodward Theatre at Daramalan for the first time with 11 schools participating in this festival of Museum theatre.







MIDNIGHT The Cinderella Musical

Our first musical in the new theatre is a magical work "MIDNIGHT The Cinderella Musical". With a cast and crew of over thirty participants, MIDNIGHT promises a fun evening of dance, singing and comic acting, to be performed from Saturday 11 October – Saturday 18 October.

Click here to book tickets





Performing Arts Cont...

The Daramalan Theatre Company Junior Ensemble Presents:

HOPE

The DTC Junior Drama Ensemble will be putting on a show in The Joe Woodward Theatre in Week 9 of Term 3 with the title and theme of “HOPE”.

Ms Madeleine Ward is the Project Direct with **Alexandria Best** (Year 12) as Supervising Director.

The show will be a series of short pieces or vignettes performed by our junior members (Years 7 and 8) and directed and supported by our Year 9 theatre company leaders.

Here’s what you need to know for now:

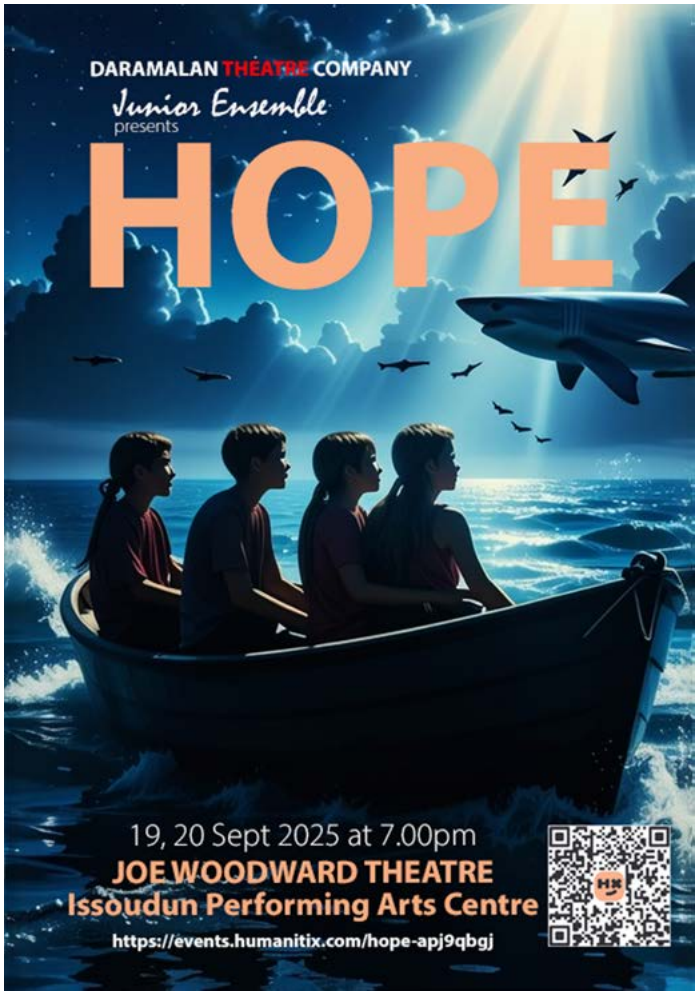
- **Performance Groups:** Students work in groups of 3–5 to create a short performance piece lasting 5–10 minutes based around the theme of HOPE.
- **Student Leadership:** Our Year 9 student leaders are be assigned to each group to act as Directors.
- **Director:** Year 12 student Alex Best is our Supervising Director for the project.
- **Rehearsals:** In the lead-up to the performance, the cast rehearse at lunch times and some after-school rehearsals to help students prepare.
- **Performance Details:** There will be two performances taking place on the **Friday 19 September** and **Saturday 20 September** in the Joe Woodward Theatre and will be open to families, friends and the public. Drinks and snacks will be available for purchase on the night.

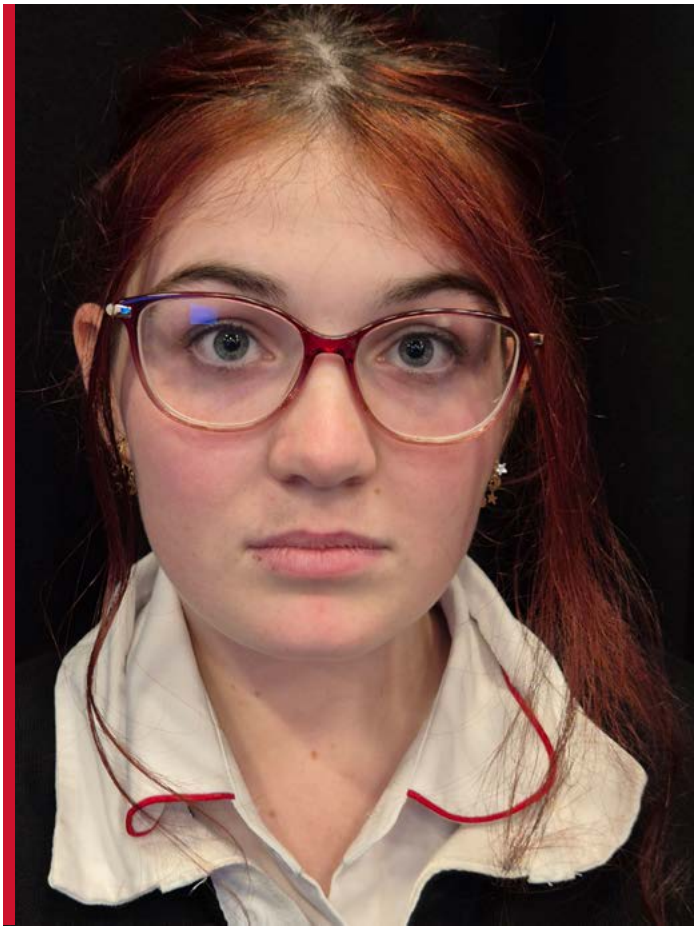
We will have more details for you all soon, and we’re looking forward to seeing what everyone creates – it’s going to be a fantastic show!

... And don’t we all feel the need of “hope”?

Students in Years 7, 8 and 9 are invited to AUDITION and volunteer production.

Email: madeleine.ward@daramalan.act.edu.au or joe.woodward@daramalan.act.edu.au to make an expression of interest.





Wakakirri

Daramalan Dance Company Wakakirri 2025: Beyond the Mirror

On Tuesday 5 August, The Daramalan Dance Company proudly presented a moving performance at the Canberra Theatre Centre, where over 60 students from Years 7-12 took the stage with our story dance 'Beyond the Mirror' for Wakakirri. It was an amazing day, a celebration of hard work, teamwork and the powerful stories our students can tell through movement.

Our piece 'Beyond the Mirror', is a powerful story dance about self-acceptance, bravery and belonging. The performance was a true standout. We were thrilled to receive multiple awards for the piece:

Show Awards

- Ensemble Award for Dance Performance
- Ensemble Award for Choreography
- Production Award for Sets, Props and Costumes
- Production Award for Overall Staging
- Lead Cast Award for Performance in Dancing and Acting
- Best Public Speaking Award

Ambassador Comment
"A powerful and polished performance that dazzled with its beauty, strength and message of self-acceptance." - Danielle White, Wakakirri Ambassador.

These awards and praise reflect the dedication, talent and teamwork of our students, as well as the incredible support from staff, families and our school community. Congratulations to everyone involved, your hard work truly paid off.









Music

On Wednesday 6 August, **Ruby Holden**, **Aria Wallace** and **Laura Green** from Year 11 Music, participated in a lunchtime concert at the Wesley Music Centre, together with Canberra-based soprano, **Madeline Anderson** and accompanied on piano by **Ms Hilda Visser-Scott**. The theme of the concert was "Musical Theatre" and the concert took the audience through a journey of songs from famous musicals including, the Phantom of the Opera, Les Misérables, Pal Joey, The Sound of Music, Carousel, Moulin Rouge, Grease and more. The audience loved their performance, and the Wesley Centre has invited them back for next year's concert series. They also received a positive review on the Canberra Jazz page.

https://canberrajazz.blogspot.com/2025/08/visiting-theatre.html

The concert was recorded by Artsound fm (92.7 or 90.3) and will be broadcast on Concert Hall later this year. All proceeds from the concert went towards the Music Scholarship Fund for talented young musicians to cover their tuition fees. Special thanks also to **Mr Michael Jackson** for driving the students to the music centre and acting as photographer!

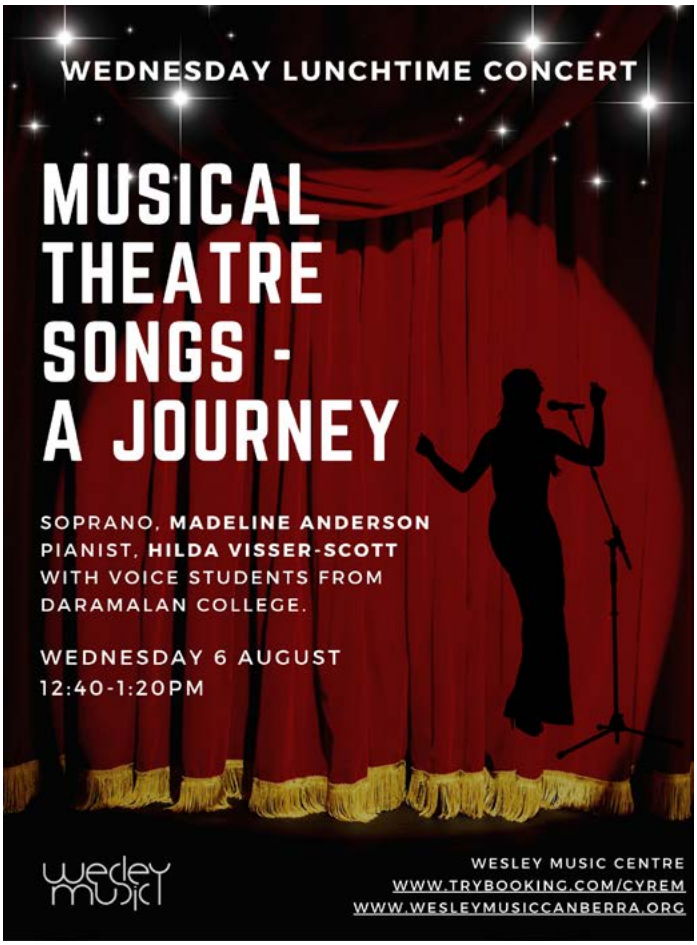
Some student impressions below:

On Wednesday, Aria, Ruby and I were given the wonderful opportunity to perform at Wesley Hall alongside opera singer Madeline Anderson. We each sang two musical theatre songs, performing pieces from Les Misérables, The Phantom of the Opera, Moulin Rouge, The Sound of Music and Grease. **Ms Visser-Scott** accompanied us beautifully on the piano. Our performances were recorded by Artsound fm and will be played on the radio at some point during the next couple of months - so keep an eye (or ear) out. To top off the experience, we were asked to come back to perform again next year! Thank you to Ms Visser-Scott for the opportunity and to Mr Jackson for driving us there.

Laura Green (Year 11)

Dressed in our best frocks, we as Year 11 Music students, shared our love of music and performing with the audience at the Wesley lunchtime concert on Wednesday. As a special opportunity to perform two solo musical theatre pieces, it was also lovely to sing with Madeleine Anderson, who blew us away with her soprano voice and musical theatre pieces. We had the pleasure of singing The Sound of Music with Madeline onstage, and it was a lovely moment for us to all be together singing and sharing our passion for music. A big thank you to **Madame Visser- Scott** who accompanied us all throughout the concert and for allowing the lovely opportunity to showcase our talent.

Ruby Holden and **Aria Wallace** (Year 11)





Sport

Photo Credit: https://www.skyrunning.com/11-countries-take-medals-at-the-youth-championships-vertical/



Sky Running - Patrick Clark

We are pleased to share the news that **Patrick Clark** (Year 11) has won gold at the Vertical Youth World Championships in the Gran Sass Vertical Kilometre. He ran 3.8km with a vertical climb 1,033m, which is beyond steep at a grade of 28.2%. To put this in comparison, if you have ever climbed the trail up Mt Ainslie and felt like it was hard going, the average grade of that track is 5.81%. This is a major achievement, and it is not often we can celebrate a world champion in the College.

Patrick also achieved a Bronze in the Gran Sasso SkyRace, which is a 23km track with 2,226m of vertical climb. A Gold and a Bronze at a world championship reflects his determination, commitment and hard work.





Lawson student **Macie Wilson** (Year 7) competed at the School Sport Australia Swimming Championships at the beginning of Term 3. Macie swam extremely well, swimming Personal Bests in all her individual events:

Girls 13-15 50m Butterfly Multi-Class, 12th
(17 second improvement)

Girls 13-15 50m Free Multi-Class, 12th
(3.5 second improvement)

Girls 13-15 50m Breaststroke Multi-Class, 13th
(19.4 second improvement)

Girls 13-15 50m Backstroke Multi-Class, 13th
(11 second improvement)

Girls 13-15 100m Free Multi-Class, 12th
(13.4 second improvement)

Macie has not only been performing in the pool but has also been recognised for her Track and Field achievements. On Saturday 26 July, Macie received a Capital Athletics award for the ACT Junior Female Para Athlete of the Year 24/25.

Girls AFL

Congratulations to the Year 10-12 Girls AFL team, who were crowned ACT Champions following a hard-fought victory over Erindale College. This victory ensured their place at the NSW State Finals on Wednesday 25 June in Lavington. A few late withdrawals due to injury left them a few players short, but they played admirably and with great spirit.

The team was greeted with constant rain and cold winds, making the day a real challenge. Despite playing with fewer players than the opposing teams, the girls were very competitive, going down to St Catherine's 24-18, Kildare College 36-6 and St Francis College, Leeton 14-13.

Congratulations to all the girls for their efforts throughout the year.



Basketball

John Stelzer and Kate Tominac Cup
This year we proudly sent two Boys' teams and one Girls' team to compete in the prestigious John Stelzer and Kate Tominac Cups. All three teams represented Daramalan with skill, determination and outstanding sportsmanship.

John Stelzer Cup – Daramalan Red
Our Daramalan Red team had a strong showing in the John Stelzer Basketball Tournament, demonstrating a high level of skill, teamwork and grit. The competition was fierce, particularly against the Lake Ginninderra side, which featured players from the Basketball Australia Centre of Excellence. Despite this challenge, the boys battled hard all day and had some great performances. Congratulations to all the boys for their effort and composure, and a big thank you to **Dion Majstorovic** for his expert coaching and guidance throughout the day.

John Stelzer Cup – Daramalan Black
Our Daramalan Black team also put in an excellent performance at the tournament. Comprising some of our younger players, this group stepped up against older and more experienced opponents, showing maturity well beyond their years. The team finished second in their pool and narrowly missed out on a finals spot on a countback for points for and against. A clear highlight was **Emmanuel Shirley's** (Year 11) incredible half-court buzzer beater — a moment that will be remembered for years to come! Congratulations to all players and thank you to **Ed O'Brien** for his dedicated coaching and support.





Kate Tominac Cup
Our Girls' team had a fantastic day of Basketball at the Kate Tominac Cup, showcasing both talent and determination from the very first game. They recorded some convincing wins and pushed several top-tier opponents to the very end in games that came down to the final possession. Their resilience, teamwork and positive spirit were on full display, and although they narrowly missed a spot in the finals, the standard of play was exceptional. Congratulations to all players for their brilliant performance, and a special thank you to **Mr John Gale** and **Ruby Di Petta** (Year 12) for their guidance, encouragement and coaching on the day.



The Girls team with Daramalan Alumni Kate Tominac







DARAMALAN BASKETBALL PRESENTATION EVENING

WEDNESDAY 10 SEPTEMBER, DARAMALAN COLLEGE SPORTS CENTRE





FREE NBA JERSEY GIVEAWAYS



5-7PM: BBQ, MUSIC, FUN AND GAMES

7PM ONWARDS: PRESENTATIONS

SIGNED KOBE RAFFLE

BASKETBALL TRAINING CAMP 2025

TUESDAY 30 SEPTEMBER

LOCATION: Daramalan College Canberra, 121 Cowper St, Dickson

AGE GROUPS: Students in Years 4,5,6 and 7

Drop off and pick up is in the foyer of the Daramalan College Sports Centre. Please enter the school via the Morphett St entrance and park closest to the oval. Then enter the school via the closest quad which will lead you to the sports centre. All instructors are highly experienced, many currently playing in the premier league BACT competition.

ARRIVAL & PICK UP TIMES

- Arrive: Between 8.30am - 9am
- Pick up: 4pm sharp

WHAT TO BRING/WEAR:

- Basketball training attire, rubber soled shoes
- A basketball
- Packed lunch. (similar to school, please bring your own lunch and snacks every day in a clearly named lunch box or bag. Lunch shouldn't include any nuts or nut products)
- Drink bottle. (Please make sure it is named)
- A small amount of cash. A small canteen will be set up to sell lollies and soft drink.

WHAT NOT TO BRING: Avoid bringing items that you wouldn't want to get dirty, lost or broken. These items include iPad's and other electronic devices, watches and jewellery.

TYPICAL SCHEDULE

8.30-9am – Arrival/ Casual shootaround
9.00-9:20 – Introduction/ warm up and group allocations
9:20-10.00 – Session 1
10.00-10.30 – Recess
10.30 – 11:10 – Session 2
11.10 – 11.20 – Drinks break (instructors game)
11.20 – 12.00 – Session 3
12.00-1.00 - Lunch
1.00 – 1.40 – Session 4
1.40 – 1.50 – Drinks break (instructors game)
1.50 – 2.30 – Session 5
2.30-3.00 – Afternoon tea
3.00 – 3:45 – Full court games
3.45 – 4.00 – Warm down/ tidy up
4.00pm sharp – Pick up

SESSIONS (order may vary on the day)

Session 1: Shooting clinic using our Dr Dish Complete Trainer
Session 2: Fun basketball games
Session 3: Non active session - NBA games on the big screen/ board games/ card games etc
Session 4: Ball Handling and passing workshop
Session 5: Small sided games

PAYMENT

$80 per day, payments can be made using the following link:

$70 EARLY BIRD SALE IF YOU BOOK BEFORE END OF AUGUST.


NETBALL
Presentation
EVENING
DARAMALAN
FORTES IN FIDE
5PM TUESDAY 9 SEPTEMBER
DARAMALAN SPORTS CENTRE
BBQ AFTER PRESENTATIONS

Rugby

Daramalan Rugby – Season Update

As we head into Round 12 of the ACT Junior Rugby Competition and edge ever closer to the finals, it's the perfect time to reflect on what has been an amazing season so far for the Daramalan Rugby Club.

With registration numbers up from last year, we're building strong foundations for what promises to be many more successful years ahead. The commitment from players, coaches, volunteers and families has been inspiring, and the results speak for themselves.

Season Highlights

- **Under 12's** – The first U12 team since Mr Sean Connochie was in Year 7 (over 20 years ago!) is sitting proudly in 2nd place with 8 wins.
- **Under 13's** – Both teams are pushing towards the finals in strong positions.
- **Under 14 Red** – Delivering memories, smiles and weekly Instagram-worthy highlights.
- **Under 14 Girls** – On a four-match winning streak with a 5–3 record.
- **Under 14 Black** – Playing up in the 15's competition and currently sitting top of the table.
- **Under 15's** – Showing determination, teamwork and club spirit all season.
- **Under 16 Girls** – Displaying incredible resilience and toughness week after week.
- **Under 16 Boys** – Finishing the season strong with several notable recent performances.
- **3rd XV** – Sitting in 3rd place and ready for finals action.
- **2nd XV** – Currently in 2nd place and challenging for the top spot.
- **1st Girls XV** – Dominating the competition with 9 wins and only 1 loss.
- **1st XV** – Sitting in 2nd place, with St Edmunds close behind in a tight race.

Charity Round – Supporting Headspace Canberra

In Round 10, the Daramalan Rugby Club hosted our annual Charity Round, with donations generously pledged by T.A.T Building Group for every try scored.

The club scored an incredible 64 tries, raising almost $1,400 for Headspace Canberra.

Headspace provides vital early intervention mental health support for young people aged 12–25, offering services in mental health, physical health, alcohol and other drugs, and work and study support. This donation will help Headspace continue their life-changing work in our community.

Spotlight on Selection – Brumbies Next Gen 7's
After an outstanding Australian Schools tournament in the holidays, three of our Under 18 players—**Makenna Ravouvou** (Year 12), **Zoe Quigley** (Year 10) and **Adelaide Norris** —were selected for the ACT Brumbies Next Gen 7's competition, where they competed against some of the best emerging players in the country.

This achievement is a huge credit to their hard work and a sign of the rapid growth of our Girls' Rugby program. Unfortunately, Zoe sustained a serious leg injury during the tournament—we wish her all the very best in her recovery.







Rugby Cont...





Referee Respect Initiative – "If You See Green, They're Under 18"

The ACT Referee Association has launched a new initiative to protect and support young referees. Any referee wearing green socks is under the age of 18, and all spectators are reminded to show respect and encouragement—because without referees, there is no game.

We are proud to have three up-and-coming young referees at Daramalan: **Bella Jarratt, Tom Overton** (Year 12) and **Annie Campbell** (Year 9).

Volunteers Round – Celebrating Our Unsung Heroes

This weekend, we celebrate Volunteers Round—a chance to thank the people who make Junior Rugby possible. From coaching and managing teams to running the canteen, setting up fields, organising gear and transporting players across Canberra, our volunteers give countless hours to keep the game alive.

If you see a volunteer at the Rugby this weekend, please take a moment to say thank you for their incredible commitment and sacrifice.

Daramalan 7's Success

On Tuesday 5 August, Daramalan teams competed in the 7-8 Boys, 9-10 Boys and 11-12 Boys divisions at the Brumbies 7's. All three teams had qualified from going undefeated in the ACT 7's competition in Term 2. The competition saw teams from schools in the Southern Inland, Monaro and South Coast regions converge after winning their various qualification competitions. Our teams once again went through undefeated, executing 7's specific strategies as well as displaying their skills developed through the Daramalan Rugby program. Congratulations to all students involved and thank you to **Mr Ben McGee**, **Mr Sean Connochie** and **Mr Angus Balmaks** for coaching teams on the day.

Fun Facts – 2025 Season So Far

- Leading Try Scorer: Ryder Coutts – 21 tries.
- Total Club Points in 2025: 3,940 points.

Stay up to date with all the latest scores, photos and updates by following the @DaraRugbyClub Instagram page.







Hockey



Students Selected for National Umpiring Panel

We are proud to announce that two of our students, **Elizabeth Duke** (Year 9) and **Cooper Evans** (Year 8), have been selected to umpire at the National School Sport Australia 15 & Under Hockey Championships, to be held in Canberra from Saturday 2 August – Saturday 9 August.

Elizabeth and Cooper will join a talented group of umpires from across the country, coming together at the National Hockey Centre in Lyneham. Over the week-long event, they will officiate matches between the best 15 & Under Boys' and Girls' teams from each state and territory.

This is an outstanding accomplishment and is testament to both Elizabeth and Cooper's commitment, talent and dedication to the sport of Hockey. Representing not just our school, but also their state at this level, reflects their hard work and umpiring excellence.

In addition to this achievement, Elizabeth has also been selected to umpire at the National School Sport Australia 12 & Under Hockey Championships, which will be held in Bendigo from Sunday 17 August – Friday 22 August. Impressively, she is the only umpire from the ACT to be named on the national umpiring panel for this event, a significant achievement that reflects her strong umpiring ability, professionalism and advancement in Hockey umpiring.

We wish them both the very best as they take on these exciting national opportunities!

Snow Sports





2025 ACT and Southern NSW Interschools Snowsport Championships

In Week 1, a team of 25 students from Years 7–12 travelled to Perisher to represent the College at the 2025 ACT and Southern NSW Interschools Snowsport Championships. Competing across a range of events, the students displayed outstanding skill, teamwork and school spirit throughout the week.

There were some exceptional individual performances, with **Roy Halliday** (Year 11) placing 9th in Snowboard GS and 11th in Snowboard Cross, **Joey Pratt** (Year 7) securing 3rd in Alpine and 9th in Ski Cross, and **Olly Miller** (Year 8) taking 3rd in Snowboard GS and 10th in Snowboard Cross. In the team events, **Joey Pratt**, **Andrew Pham** (Year 8) and **Jaxen Bentley** (Year 8) achieved a strong 9th place in the Ski Cross competition. These impressive results mean the above students have qualified for Nationals – a fantastic accomplishment and a reward for their hard work and dedication.

Congratulations to all students who represented the College so well. It was a memorable week on and off the slopes, and a testament to the strong and growing culture within our Snow Sports program.

Careers News

DARAMALAN CAREERS WEBSITE

Please contact **Annette Brady** on 6245 6394 or careers@daramalan.act.edu.au
Book an Appointment with the Careers Advisor



UC Sports at the CareersXpo

Upcoming Events
August
Sunday 17 August - UC Early Offer applications close
Friday 22 August Future Fridays: Career talk with **Adam Gresham** (ACT Fire Brigade) – Senior Common Room

Tuesday 26 August Years 9 and 10 Music students excursion - Careers in Music

Friday 29 August Future Fridays: Career talk with **Greg Turnbull** (Journalism, Politics and International Relations) – Seminar Room

September
Wednesday 3 September Future Fridays (on a Wednesday): Career talk with **Chloe Parkinson** (studying Medicine) – Seminar Room

Wednesday 3 September Women in Renewables Trades excursion to CIT – details have been emailed to registered students

Monday 15 to Tuesday 16 September Construction Induction course set – White Card, Asbestos Awareness and Silica Exposure Prevention (details and enrolment information have been emailed to students and parents)

Friday 19 September Provide First Aid course (please pay via Qkr!)

Australian Government Career Starter Program
The Australian Government Career Starter Program is a 12-month development opportunity that offers a full-time, permanent role. Applications close Sunday 31 August.

ATO School Leaver Program
Jobs for recent Year 12 graduates including a Certificate III qualification in IT or Business. If you're a 2025 Year 12 graduate ready to make big things happen, the ATO School Leaver Program is for you. Applications close Wednesday 27 August.
Questacon Work Experience Program (Year 10)
Application closing date: Sunday 24 August
Program dates: Monday 15 September to Friday 19 September
Information about the program and the application form can be found on our website. The completed application form should be emailed to volunteering@questacon.edu.au. Students should complete the application, though may like assistance from their school Science Coordinator, Science Teacher or Careers Advisor.

Open Days – Open Days and Virtual Tours
ADFA – Saturday 16 August
Academy of Interactive Entertainment – Sunday 17 August
Australian Catholic University – Saturday 13 September
University of Canberra – Saturday 20 September

UAC and Schools Recommendation Scheme 2026 Applications
Information and instructions regarding the Schools Recommendation Scheme has been provided to Year 12 students at the assembly on Wednesday 13 August and via email. The Schools Recommendation Scheme is open to all Year 12 students, but please be aware that not all institutions take part and not all courses are included. The application must be completed and submitted by **Friday 5 September** to be eligible for the UAC SRS round offer.

UAC Educational Access Scheme
The Educational Access Scheme (EAS) helps UAC applicants who have encountered significant educational challenges. It gives them the opportunity to have their circumstances taken into account when institutions select applicants for courses. For assistance with EAS applications please contact **Ms Annette Brady.**

UC Early Offer Scheme – closing **Sunday 17 August**
If you are a current Year 12 student applying to UC for undergraduate study next year, you could receive an early admission offer under the Early Offer Scheme using criteria other than your ATAR.

Applications for ACU Guarantee are now open
ACU Guarantee considers a students' whole life story: whether they live rurally, are first in their family to go to uni, identify as Aboriginal or Torres Strait Islander, or the school has a strong connection with ACU. Students can provide up to three short personal statements (max 200 words each). Watch the on-demand ACU Guarantee: early offers and student pathways webinar for help with your application. Applications close **Monday 15 September**.

Screenwise - Advanced Diploma of Screen Acting
The **Screenwise 11352NAT Advanced Diploma of Screen Acting** is a full-time, two-year course designed for serious emerging actors ready to train at the highest level. The course combines rigorous performance training with practical, on-camera experience — preparing you to work professionally in film, television and streaming.

Careers News Cont...

AFTRS Short courses
Australian Film, Television and Radio School short courses run throughout the year ranging from one day to several weeks, with weekend, weekday and evening options and delivery both online and on-campus.

Internationally Educated – Study in the US virtual information session
Wednesday 27 August – 6pm
The free presentation is best suited for students and their families in Years 9, 10 and 11.

ANU Business and Economics School Holiday Program
Visit the ANU campus and experience what the ANU College of Business and Economics has on offer.

Myfuture Resources
Webinar: Navigating your post-school plans with confidence
In this session, Dr Michael Healy shares six simple ways to help students start thinking about their future with more confidence.

Australian Defence Force Work Experience
Exciting opportunities are coming up for students aged 15 – 18. Please see below a short list of programs that might be of interest.

ACT
Cyber Security and Robotics Work Experience Program: Australian Signals Directorate (ASD) (Sep/Oct) **Monday 29 September – Friday 3 October**
ADFA Showcase: Australian Defence Force Academy **Monday 22 September**

VICTORIA
Exercise First Look: Indigenous Youth Program Puckapunyal **Monday 22 September – Friday 26 September.** Army pay for travel if successful.

NSW
Indigenous Youth Program: RAAF Williamtown **Wednesday 3 September – Friday 5 September**
Navy Familiarisation: HMAS Albatross **Monday 24 November** – **Wednesday 26 November**

Please head to the website for more information on the programs and how to apply. Defence Careers - Jobs List - Defence Work Experience

NECA School Holiday Program January 2026
Please see attached the flyer for the next NECA School Holiday Program which will be delivered **Monday 19 January – Friday 23 January 2026**. This is for the information of students aged 16 and over. Year 12 students leaving school this year will be considered.

News and Resources from Work Study Grow
Why you need science: For people who don't like science
Explore exciting STEM careers you never knew existed and see how science connects everywhere in your daily life.

7 skills every entrepreneur needs
Ready to begin working on your dream vision and reaching goals? Here are 7 skills every entrepreneur needs to start strong.

Vocational education – your path to career success?
Want to learn more about vocational career paths? Explore our comprehensive career guides and find out if vocational education could be perfect for you.

12 high paying dream jobs you didn't know existed
Discover 12 unique, high-paying careers that prove dream jobs exist in unexpected places.

Homework help for parents
A practical guide for parents navigating homework challenges with High School students and finding the right support.

Free Money
Explore ways to fund your life and study plans

Snow Scholarships and the University of Canberra
These scholarships are one of Australia's most generous and transformative undergraduate programs, deigned for students in Canberra and regional or rural NSW who face barriers to higher education. Applications are now open and close on **Sunday 12 October.**

2026 AVCAT Scholarships Applications open **Monday 18 August.**

AVCAT scholarships are tertiary scholarships for the children and grandchildren of Australian ex-serving veterans. Scholarships are $4,000–$6,000 per year, for up to three years.

Bond University Scholarships Applications close **Thursday 28 August.**

C.A.S Hawker Scholarships
These privately funded scholarships are available to undergraduate students in Australia. Each residential scholarship is valued at up to $75,000 over three years. The 2026 C.A.S Hawker Scholarships online application form opens on **Monday 3 November** and closes on **Tuesday 2 December.**

Pinnacle Foundation Scholarships
The Pinnacle Foundation is Australia's only LGBTQIA+ education charity. Every year, they provide over 100 young Australians studying at university or TAFE with scholarships, and applications for 2026 scholarships are now open. Applications close at midnight on **Sunday 31 August.**

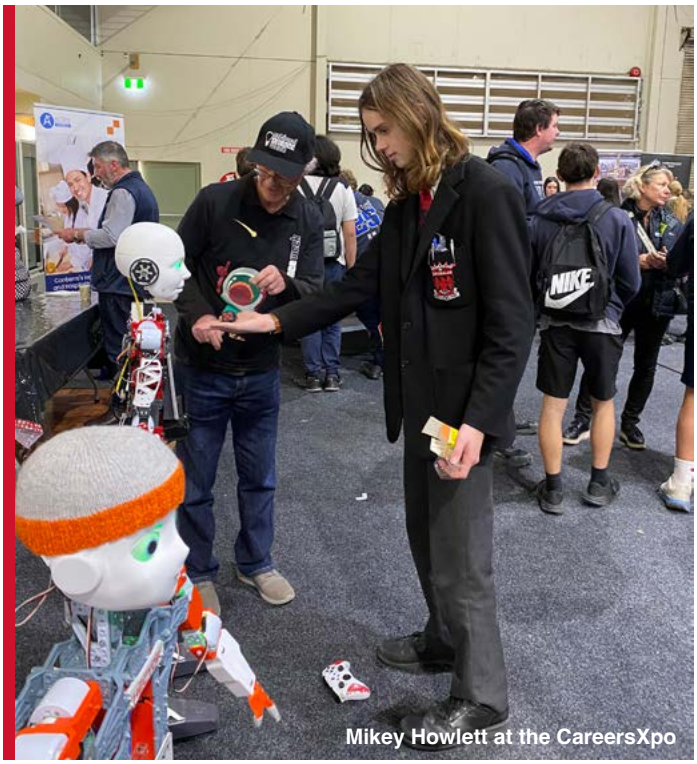
Suncorp Bank ESSI Money Challenge
Monash Relocation Grant
2025 GCSP Prize for Innovation in Global Security
Teach NSW Teacher Education Scholarship
Harding Miller Education Foundation Scholarship

Work Experience
Students in Years 10 to 12 can undertake work experience placements with the approval of the College. Finding an employer is the responsibility of the student and there must be a meeting with **Ms Annette Brady** to discuss the timing, legal requirements and documentation. Students may only attend work experience for one week during the semester. The completed 4-Way Agreement must be received by the College at least 7 days prior to the placement commencing. Contact careers@daramalan.act.edu.au for more information.

Careers News Cont...



Defence at the CareersXpo



Mikey Howlett at the CareersXpo


Trialling the simulator at the CareersXpo



Sophia and Indi at the CareersXpo



Future Fridays
Career Talk at Lunch

Not sure about your future career choice?

What subjects should you choose?

Which career aligns with your talents?

Have questions about work environment?

Join us for a career talk!



Friday
22 August

Seniors' Common Room

Adam Gresham (1990)
Fire & Rescue

Friday
29 August

Seminar Room (Inform. Centre)

Greg Turnbull (1974)
Journalism, Politics, International Relations





Wednesday
3 September

Seminar Room (Inform. Centre)

Chloe Parkinson (2024)
1st year Medical student

TAFE OR UNIVERSITY SCHOLARSHIP OPPORTUNITY

Scholarships are open for young LGBTQIA+ Canberrans who want to start TAFE or uni study in 2026

Our scholarships set you up for success with:

A cash grant
$8400 in the first year, $6300 thereafter

a mentor
Another LGBTQIA+ person excelling in a field related to your studies

and a community
A local support network that has your back

Applications close **Sunday 31 August**

Scan the code for more info or to apply

THE PINNACLE FOUNDATION

For more information, visit
thepinnaclefoundation.org
The Pinnacle Foundation is a NSW-registered charity operating nationwide

Australian Government
Australian Taxation Office



ATO School Leaver Program

If university's not for you, come and work with us! If you're a 2024 or 2025 year 12 graduate, start your career with the 2026 ATO School Leaver Program.

- **Make a difference** – help combat crime and fraud, create and deliver programs to support the community, and protect the data of millions of Australians.
- **Grow your career** – with so many different careers at the ATO, the possibilities are endless.
- **Build your skills** – exciting roles in frontline services, administration and IT, while solving real-world problems.

Why choose us

The 12-month program provides:

- a competitive salary, earn $56,681 plus 15.4% super
- a permanent full-time position
- a Certificate III in IT or business
- hands-on work experience with 2 rotations across different teams
- professional development and networking opportunities
- a promotion and a pay rise to $66,274 when you complete the program!

Plus, you'll enjoy balanced working hours, flexible work arrangements, generous leave, and support for your physical and mental wellbeing.

Roles

We have a variety of jobs, including:

- **Frontline services** – Help Australians with tax and super by handling enquiries, providing guidance, and maintaining records.
- **Administration** – Support business operations by managing records, coordinating with stakeholders, preparing documents, and data reporting.
- **IT** – Offer technical support, resolve enquiries, and contribute to digital projects.

You'll solve problems, work with a supportive team and learn new skills, setting you up for a successful career.

Hear from our school leavers

Make an impact

'The ATO School Leaver Program was the best decision I made after high school. I gained real skills, job security, and lifelong friends – all without going to uni!' Bea

Hands-on experience that matters

'The program gave me hands-on experience, great mentors, and the confidence to grow. If you're finishing school and unsure what's next, this program is worth considering – I couldn't recommend it more!' Mohammad

Apply today

With positions available across the country, apply today, and launch your career!
ato.gov.au/schoolleaver

Applications open 6–27 August 2025.

NAT 75755-07.2025 DE-74223

Australian Government

2026 **Career Starter** Program

Applications open Monday 4 August 2025

In Year 12 or a recent school leaver?

Looking to start your career or develop new skills?

The Australian Government Career Starter Program is a 12-month career development program that offers school leavers a full-time, permanent role in the Australian Public Service – with a competitive salary, paid holidays and superannuation – while building skills on the job.

When applying, you can express a preference for a role in one of the two streams - Government (generalist) or Human Resources. Your preference will help match you to a role that suits you in one of the 13 participating Australian Government departments.

You'll also receive a nationally-recognised qualification – a **Certificate IV in Government** or a **Certificate IV in Human Resource Management**.

Working closely with your supervisors, you will build your collaboration and time-management skills as you support your team to achieve the government's priorities.

The APS offers a safe and inclusive environment. Our workforce is diverse, which reflects the Australian community, and we value differences that enable everyone to perform at their best.

We encourage and welcome applications from people with disability, Aboriginal and Torres Strait Islander peoples, LGBTQI+ people and people from culturally and linguistically diverse backgrounds.

Meet Kayla



Government Career Starter, Department of Finance

Hi, I'm Kayla. I joined the Career Starter Program in 2025.

I decided to apply for the program as it looked like a fantastic way to start my career in the APS before launching into university studies. When I joined the program, I was excited to learn new skills, meet new people and get a taste of what it's like working in the APS. **The program has by far exceeded my expectations**.

I'm currently in a planning and coordination role, assisting with logistical and administrative arrangements. I get to contribute to important, varied and challenging work in a fast-paced environment.

The work is really rewarding, and my team is fantastic! I am so grateful to work alongside such incredibly talented and inspiring individuals who have been so welcoming. Everyday there is something new to learn and experience.

The program provides a range of job specific training and support when you enter the APS workforce. There are regular catch ups with your cohort, social events and you get to meet participants from various departments and agencies.

To anyone considering joining the Career Starter Program, I would say just go for it! **It was truly one of the best decisions I've made**. I'm super excited to see what the future holds as the opportunities so far have been incredible.

finance.gov.au/careerstarter

What's involved in the roles?

The Career Starter roles are entry-level, beginning at APS Level 1. Examples of work listed below will give you an idea of the types of tasks you may be involved in.

Stream 1: Government (generalist)

The Government stream gives insights into how government policies and programs are delivered and the general processes, mechanics and skills of government.

Programs, projects and policy

- managing calendars
- records management and filing
- handling correspondence
- coordinating ministerial briefs
- providing executive support.

Customer service and delivery

- respond to customer enquiries in call centres or concierge desks
- support property maintenance functions
- managing emails and databases.

Professional and technical functions

- hands-on support in specialist areas like finance, communications, legal, data governance, procurement or IT.

This stream offers the Certificate IV in Government.

Stream 2: Human Resources

The Human Resources (HR) stream focuses on essential HR functions, deepening your understanding of HR principles, recruitment, performance management, employee relations, wellbeing and workplace legislation.

Roles may involve:

- assisting with recruitment such as preparing documentation or coordinating interviews.
- routine tasks like data entry, filing and maintaining records.
- assisting with the implementation and improvement of HR procedures and processes.
- answering straightforward queries and providing information to stakeholders about HR policies and procedures.
- implementation of HR programs and initiatives, such as learning and development activities or employee wellbeing programs.

This stream offers the Certificate IV in Human Resource Management.



Meet Henry

HR Career Starter, Australian Taxation Office

When I graduated Year 12 in 2023, I knew I had a vague interest in human resources but felt unsure about my career and education path. It was purely by chance that I found an advertisement for the program, but I was immediately intrigued. With the chance to work in government while studying a Certificate IV in Human Resource Management, along with the program's affirmative measures to support people with disability, **I couldn't ignore this opportunity!**

Fast forward to now, one of the most valuable skills I've developed during my time in the program is communication. At first, it felt like learning a new language, unfamiliar and challenging. It was a steep learning curve, but over time I've become confident in navigating professional conversations and have built strong networks with my colleagues.

I've achieved things I didn't think possible and grown in ways I hadn't imagined.

So far in my current role, one of the most exciting experiences has been supporting my team in facilitating recent large-scale events attended by hundreds of participants. **It's been incredibly rewarding** to gain insight into the behind-the-scenes work that makes these events successful, details that often go unnoticed unless you're directly involved in the planning and execution.

Through this experience, I've also had the opportunity to connect with network managers from across the organisation, which has broadened my understanding and strengthened my professional relationships.

Applications close Sunday 31 August 2025

Contact

Australian Government Career Starter Program team
t 02 6215 1717 (option 2)
e AGCareerStarterProgram@finance.gov.au
w finance.gov.au/careerstarter

Australian Government

Career Pathways
Powered by APSJobs

HOME in QUEANBEYAN

HOME IN QUEANBEYAN

Patron: The Hon. Sir William Deane

2025 RAFFLE

$14,502 PRIZE POOL!

8 PRIZES TO BE WON

DRAWN 5 NOVEMBER 2025

$25 PER TICKET

Discounts available for multiple tickets

PRIZES INCLUDE:

$6,630 Luxury Stay at Jamala Wildlife Lodge
$2,000 Cash or VISA Debit Card
$1,950 Yanda Aboriginal Art

Plus:
Luxury Pearl Jewellery Sets
Three Piece Luggage Set
Massage and Pilates Vouchers
Awesome Roarsome Tour
Handmade Quilt
Pet Portrait
Axxe Throwing
and more!

SCAN TO ENTER

www.raffletix.com.au/homeinqueanbeyan2025



COMMUNITY BUSINESS DIRECTORY

The College invites members of the Daramalan family to use this Business Directory to locate businesses and services provided by the Daramalan College Community, including former students, Alumni, former staff and other supporters.

If you are in business, and would like to advertise in our Directory, please contact arina.yakovtseva@daramalan.act.edu.au or phone 6163 6523 for more information. Your small fee will go a long way to supporting our Scholarship Fund and your business will be promoted to the wider Daramalan College Community.

This week we are delighted to present the following businesses. To search all advertisers, please use this link.

Thank you for supporting our community!

Eat Cookies

Eat Cookies is a made to order bespoke cookie business specialising in customised royal icing treats.

E: contact@eatcookies.com.au
W: www.eatcookies.com.au
C: Lisa Jansen
F: Facebook
I: Instagram

Pacific Facilities Maintenance

Specialising in electrical, air conditioning, fire protection, plumbing and building maintenance.

Unit 3, 125 Lysaght St, Mitchell ACT 2911
P.O. Box 891, Mitchell ACT 2911

T: 02 6262 4673
E: service@pacificfm.com.au
W: www.pacificfm.com.au
C: Justin Hyland
F: Facebook
I: Instagram

CBR Recruitment

CBR Recruitment is an innovative, professional Recruitment and Human Resources company, providing Recruitment and HR services to Small and Medium Enterprise, Corporate, Federal and State Government, and Not-For-Profit sectors.

Level 1, 222 City Walk, Canberra ACT 2601
T: 02 6103 7000
E: hello@CBRrecruitment.com.au
W: www.CBRrecruitment.com.au
C: Adam Kowalski
F: Facebook
I: Instagram
L: LinkedIn

COMMUNITY BUSINESS DIRECTORY CONT...

ACT Cabs	**Hamza**	www.actcabs.com.au
All IT Solution	**Anthony Cataldo**	www.allit.au
AllClass Carpet & Upholstery Care	**Peter Nassar**	www.allclasscarpetcare.com.au
Australian National Character Check	**Hamza**	www.australiannationalcharactercheck.com.au
CBR Recruitment	**Adam Kowalski**	www.cbrrecruitment.com.au
Cedar Husk Café	**Nathan**	https://www.instagram.com/cedarhusk/
Corver and Co Chartered Accountants	**Trevor Corver**	www.corverandco.com.au
Eat Cookies	**Lisa Jansen**	www.eatcookies.com.au
Element Building Projects	**Dennis and Aldona Stravopodis**	www.elementbuildingprojects.com.au
Feisty Fox Security	**Anna**	www.feistyfoxsecurity.com
Griffin Legal	**Claire Carton**	www.griffinlegal.com.au
Holly Komorowski – home.byholly	**Holly Komorowski**	www.homebyholly.com.au
Kevin's Auto Repairs	**Liesl Hussey**	Phone: 6280 6994
Live Better Nutrition	**Jeanette Ryan**	www.livebetternutrition.com.au
OAUM Securities	**Obieze (Obi) Moneke**	www.oaum.com.au
Orthodontics Canberra	**Vicki Boyd**	www.ortho.net.au
Pacific Facilities Maintenance	**Justin Hyland**	www.pacificfm.com.au
Pinnacle Driving School	**Lisa Murphy**	www.Pinnacledrivingschool.com.au
Q1 Dental Care	**Dr Susan Leonera-Salazar**	www.q1dentalcare.com.au
Ray White Canberra		www.raywhitecanberra.com.au
Ray White Rural Canberra-Yass	**Simon or George Southwell**	www.raywhiteruralyasscanberra.com.au
Red Shed	**Sonja Balic**	www.redshed.org.au
Sentinel Security & Technology Group	**Ellena**	www.sstg.com.au
Snowdrop Social Media	**Genevieve**	www.snowdropsocialmedia.com.au
The Athlete's Foot	**Ashleigh Hogan**	www.theathletesfoot.com.au
The Corner Market	**Katherine Olmos**	kvolmos@bigpond.com
The Energy People	**Alex Morrison**	www.energypeople.com.au