

DARANNEWS

17 May 2024

WEBSITE

DARANET



Upcoming events

20 May

School Photo Day, McCowage Hall

21 - 22 May

Year 7 Languages Canberra Zoo Excursion

23-24 May

Year 8 PE Camp

27 May

Reconciliation Day

28 May

Music Performance Evening

30 May

ASC Cross Country
National Music Eisteddfod

31 May

Year 7 & 11 2025 Enrolments Close
School Photo Catch Up, P2 Only
National Music Eisteddfod
ANU Maths Day

5 June

World Environment Day, Plant Stall

7 June

Sacred Heart Day Mass and Heart Photo
Daranews Published
Myall Creek Commemoration Excursion
Departs

10 June

Sovereign's Birthday Public Holiday



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www.daramalan.act.edu.au

From the Principal



**Dear Parents/
Carers, Staff and
Students,**

A very belated welcome back to Term 2, given that we are already at the end of the third week of term. As I mentioned in my Daranews article at the end of last term, Term 1 certainly was a whirlwind of activities and events, and I am sure that Term 2 will bring a similar level of activity around the College if the past three weeks are any indication. We are, however, also heading back into cold and flu season especially now that the weather has started to turn. Unfortunately, we are also not free from Covid-19, which has started to re-emerge amongst our community. Thank you to those families who have continued to follow our protocols and have kept their students at home when they have been experiencing cold and flu

symptoms ensuring that our community remains as healthy as possible.

Next week we will be hosting the Annual General Meetings of the four Australian MSC schools, as we do each year in May. These meetings provide an excellent opportunity for key representatives from the four schools, the MSC Education Members Council, the Provincial Office including the MSC Provincial and Deputy Provincial, as well as members of the Chevalier Institute to come together over three days for a range of meetings. These meetings will provide us with the opportunity to officially welcome the MSC Provincial Superior, **Fr Stephen Hackett** MSC, to the College for the first time since he was appointed to his role as Provincial.

ANZAC Ceremony and Sports Assembly

We have been able to gather as a community twice already this term. The focus of our opening assembly was our ANZAC commemoration service. The second occasion was to celebrate and

Former College Captain (1996) and current parent, Sarah Watson at the ANZAC Day Ceremony



From the Principal

acknowledge the achievements of our students at each of the three sports carnivals held last term. The next opportunity for us to all be together will be for Sacred Heart Day on **Friday 7 June**.

Our ANZAC Ceremony included a poignant and powerful reflection from former College Captain (1996) and current parent, **Sarah Watson**. Sarah served in the Australian Army from 1997 to 2015, primarily as an Intelligence Officer and also as a French Linguist and Combat Fitness Leader. She had postings around Australia and overseas, including a 7-month deployment in Iraq as a senior strategic intelligence analyst. In 2015, Sarah was medically retired due to PTSD and Depression which led to a challenging period of healing and personal growth. Since then, she has found comfort in sports, competing internationally in Ironman, Cycling and Triathlon, including competing at the Invictus Games. Sarah is an active member of the community supporting other veterans and volunteering her time. Our students who are members of Cadet Units from the Air Force, Army and Navy, were once again key contributors to our ceremony. I would like to acknowledge **Ms Amy Thomas** for her work in putting together the service, along with our College Leaders and all of the students who played a role, especially Year 10 student **Ruby Holden** who led the College in the National Anthem.

Last Friday, we gathered for a second time as a whole community, this time to celebrate and acknowledge the achievements of our students at the three sports carnivals held in Term 1: Swimming, Athletics and Cross Country. The assembly also provided our College Leaders the opportunity to outline the achievements, successes and activities within each of their portfolio areas and how students can become involved throughout the term and year ahead. As I mentioned when I

spoke to the students, I am constantly amazed at the activities and co-curricular activities that are available to our students on a daily basis. There is certainly something for everyone, and I urged all students to check the Daily News and become involved.

At the end of the Assembly two students were acknowledged with Principal's Awards for their Australian representation:

- **Archie Dixon** (Year 8) who broke national records earlier in the year in the U15 Para T38 200m and 800m track events.
- **Llandan Vergano** (Year 11) who has been selected in the U17 Australian Male Netball squad for the tri-series against NZ and Samoa.

Staffing Changes

Ms Cheryl Hamill will be on leave for Term 2 and as part of her leave she will be walking the Camino in Spain and Portugal. We have been following Cheryl's progress as she makes her way along the route of almost 800km.

Ms Amy Thomas will be the acting Assistant Principal Mission for this term. **Ms Tina Watson** will move into the Religious Education Coordinator role while Amy takes on the Assistant Principal role. **Ms Helen Close** will become the Assistant Religious Education Coordinator for Term 2.

We welcomed back **Mr Steve Carroll** from his leave in Term 1 and thank **Mr Ben Stein** for his work as AP Curriculum and Assessment Year 11-12 during this time. I would also like to thank and acknowledge **Ms Lucy Cronan** for her work as AP Curriculum and Assessment Years 7-10 in Term 1. Lucy has now started her parental leave as she awaits the birth of her second child.

Sarah Watson and the Cadets at the ANZAC day Ceremony



Sports Assembly



Students receiving awards at the Sports Assembly



Year 8 Reflection

From the Principal

DTC Festival of Performance

Congratulations to all involved in the Daramalan Theatre Company's Festival of Performance, during the first two weeks of this term. The Festival included a range of differing pieces of the theatre, showcasing the depth of talent that exists here at the College not only onstage but behind the scenes. With the majority of the two-week run being a sell out for the final time in McCowage Hall, it was yet again a testament of the quality and standard of the Theatre Company's productions. Thank you to **Mr Joe Woodward** for his vision as always in this area. There were many staff and students (both current and former) and parents who volunteered their time to ensure the Festival could go ahead and be a success. Well done to you all on outstanding, thought-provoking, and at times, highly amusing, pieces of theatre. The Festival also featured a Short Film Festival on the final Friday evening which showcased works created by our Alumni from across the world.

Year 8 Reflection Days

Over three days this week, 6 of our Year 8 House groups participated in their Reflection Days. The final Reflection Day for Merrick and Lyons students will be held in Week 15. The days involved a combination of activities here at the College and an afternoon at the National Arboretum with the focus being "Heart Renewal" and the MSC charism of Heart Spirituality. I would like to thank **Ms Amy Thomas** for her organisation, the Year 11 Youth Ministry students for their facilitation, and the PT teachers, PCAs and the staff who accompanied the students to the Arboretum.

Issoudun Performing Arts Centre

I am delighted to inform families that we are expecting to take possession of the Issoudun Performing Arts Centre in the coming week. I would like to acknowledge the work of our builders, Joss Construction; our Architects from Stewart Architecture; and our Project Managers, Arrow Projects for

creating such an amazing, state of the art, contemporary performing arts facility. Taking possession of the building is the first step towards the space being available for classes to access from the beginning of next semester. There is, however, still a lot of work to do between now and then. Our official opening will coincide with Chevalier Day in October in recognition that the building is named for the town in France where Fr Jules Chevalier established the Missionaries of the Sacred Heart.

2025 Enrolments and Year 11 Transition Information

A reminder that applications for Year 7 2025 must be submitted by **Friday 31 May 2024** to be considered in the first round of offers for a place in 2025. I would like to reiterate that this deadline is the same for current families as well as new families. Enrolment applications received after the 31 May closing date will be automatically placed on the wait list. Enrolment applications can be completed online via the link on our website, <https://www.daramalan.act.edu.au/enrolments/>. Enquires or questions concerning enrolments should be directed to enrolments@daramalan.act.edu.au.

Information for students currently enrolled in Year 10, outlining the transition to Year 11 for 2025 is now on our website. There are a range of resources including a recorded Information Session for families to access. The Notice of Intention forms were emailed to all current Year 10 families earlier in the term. These are due to be returned by **Friday 14 June 2024**.

School Photos

A reminder that school photos will be taken next **Monday 20 May**. If a student is absent on that day, the only catch-up time the photographers will be here is **Friday 31 May** for the first lesson in the morning.

Winter Uniform

Students should be wearing their full Winter uniform to school. Can I remind families that hoodies, including Daramalan sports

Year 8 Reflection at the National Arboretum



From the Principal

hoodies, and 'puffer' jackets do not form part of the Daramalan uniform and should not be worn to school, at school or from school. Thank you for your support in ensuring that our students wear their uniform, including using the College backpack in Years 7-10, with pride as ambassadors of the College.

Financial Assistance

Families who are experiencing changed financial circumstances are encouraged to contact the College Business Manager, Mr **Hugh Boulter**, to make an appointment to discuss support that may be available to you. He can be contacted via email on hugh.boulter@daramalan.act.edu.au.

Student Achievements

In addition to the students who were presented with Principal's Awards at our ANZAC Assembly, I would like to congratulate the following students on their recent achievements:

Elijah Wilson (Year 11) who has qualified for the Australian team to compete in Shot Put at the Oceania Games in Fiji in June.



Ruby Holden (Year 10) who was invited to sing the National Anthem at the ANZAC Day Dawn Service in Queanbeyan again this year.



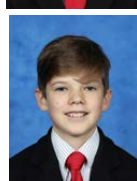
Jaxen Bentley (Year 7) who has been selected as a member of the ACT Baseball team to compete at the National Championships in June.



James Clarke (Year 10) who has been competing this month as a member of the ACT squad at the National Gymnastics Championships.



Giacomo Vaccarella (Year 8) who will be participating in October in the Okinawa Karate events in Japan.



Charlie Southwell (Year 7) who has been selected to participate in the Generation Next Cheer camp. This is a highly sought after opportunity that is only offered to a few students each year.



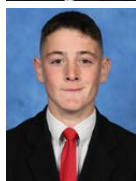
Sophie Woodin (Year 9) who has been selected as an umpire for the School Sport Australia Netball Championships in September.



Addison Reid (Year 10) who will be competing at the North-West Equestrian competition later this month.



Cooper Leslie (Year 9) has been selected as a member of the ACT U15 Rugby League team to compete at the National Championships.



Lilly Pickering (Year 9), **Mila Cappello** (Year 9), **Lilly Stocks** (Year 10), **Frankie Cappello** (Year 11) and **Makenna Ravouvou** (Year 11) who have been selected as members of the ACT Girls' Rugby League teams to compete at the National Championships during the next holiday break. **Makenna Ravouvou** has also been selected to play as a member of the NSW Rugby League Country U17 squad who will be playing in Sydney this weekend.



Mia Cooper (Year 11), **Imogen Morse** (Year 11) and **Georgia Patterson** (Year 10) who played significant roles as part of the GWS Giants Under 16 side that won the Pool B National AFL title.



Best Wishes,

Rachel Davies
Principal



A reminder that **Term 2 School Fees** were due Monday 13 May.

If you have not already paid and are not on a payment plan, please arrange payment by **Wednesday 22 May** to avoid being charged a late fee. If you set up a payment plan at the beginning of the year, please check your bank account or credit card statements to make sure that payments are being deducted as scheduled. If no deductions have been made, please contact our Fees Manager, **Ms Corinne Kelly**, as there may be a problem with your payment plan.



DARAMALAN COLLEGE

2025 ENROLMENTS OPEN NOW

ENROLMENTS CLOSE 31 MAY 2024

[CLICK TO FIND OUT MORE](#)



Counselling Hub

As was announced earlier in the year, Daramalan College has welcomed a new Counselling Team. Work has been completed to create a dedicated Counselling Hub located in the former Book Hire area at the bottom of Reid Wing. The Counselling Team would like to welcome all students back to Term 2.

Earlier in the year, the Counsellors visited a number of assemblies and PT's to introduce themselves and explain the counselling services to students. We would like to remind students and families that we have 4 Counsellors

available to assist students with their wellbeing and mental health needs. You can complete a Referral Form here: [Daranel Counsellors page](#). Please note that students under the age of 14 require dual parental consent. More information about the Counselling Services and the Counsellors can be found on the [Daramalan website](#). Finally, you may also email us here: Counsellor@daramalan.act.edu.au

To help you start a conversation with your young person about mental health, on the next page is an excellent resource from Headspace. We would also encourage everyone to focus on being 'More Mindful in May' – this handy calendar is a good starting point for easy and simple acts of mindfulness.



May 2024

Mindfulness Calendar

New Possibilities in Well-Being

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 Set realistic, achievable goals	 2 Reflect on what you love doing and make a list	 3 Do one thing you love every day	 4 Be fully present & savor special moments	 5 Reflect on achievements, big or small	 6 Create a mindful morning routine	 7 Establish a digital detox routine
 8 Practice mindful listening in conversations	 9 Let go of perfection - embrace quirks	 10 Cultivate a positive mindset each day	 11 Connect with nature; take walks	 12 Be fully present with loved ones, notice joy!	 13 Notice thoughts without judgment	 14 Take breaks; stretch and breathe
 15 Breathe deeply; set a daily intention	 16 Simplify tasks; avoid multitasking	 17 Offer kindness to yourself & others	 18 Declutter physical & mental space	 19 Cultivate a bedtime relaxation ritual	 20 Notice stressful thoughts, then release them	 21 Prioritize sleep; aim for consistency
 22 Choose gratitude over complaints	 23 Practice mindful commuting habits	 24 Express emotions; don't suppress	 25 Be mindful of screen time	 26 Smile intentionally & spread positivity	 27 Make small, healthy food choices	 28 Reflect on what you love doing, build a new routine
 29 Prioritize self-care, relax & de-stress	 30 Practice a body scan meditation	 31 Celebrate achievements & treat yourself!				

New things I want to try this month

Making it easy to be mindful in 10 minutes a day!

www.TenMinuteMindfulness.com/Calendars

Ten Minute Mindfulness
Mindfulness Simplified
www.TenMinuteMindfulness.com



the facts:
getting help



headspace
National Youth Mental Health Foundation

starting a conversation with a young person about mental health

Conversations about mental health are helpful

Family and friends play a vital role in identifying and supporting a young person who's experiencing the impacts of mental ill-health.

Let your young person know that you care about them no matter what they're going through. This is important and helps encourage young people to seek support early to manage the impact of mental ill-health.

Evidence has shown that having supportive loved ones involved in mental health care creates and improves longer lasting, positive outcomes for young people.

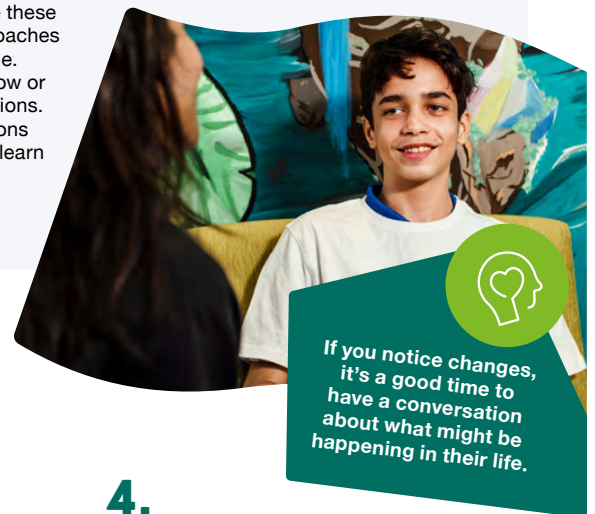
Conversations about mental health can be challenging

Talking to young people about mental health can feel hard, especially when you or your young person are uncomfortable talking about sensitive topics like mental health.

There is no 'right way' to have these conversations. Different approaches work better for different people. It's OK to feel unsure about how or when to start these conversations. No one gets these conversations perfect but taking the time to learn more is a great start.

How do I know if I need to have a conversation about mental ill-health?

Family members and friends can often tell when something isn't quite right. You might notice that a young person is acting differently, or there are changes to their behaviour.



Tips for having the conversation

Having a conversation can feel overwhelming. Here are some tips for talking with your young person.

1. Check in with yourself

- Ensure that you're feeling calm and open to listening.
- Consider if it is the right time to have the conversation.
- Be aware of your body language and tone of voice.

2. Setting the scene

- Think about where.
- It can help to be side-by-side rather than looking directly at each other. Perhaps go for a drive, a walk, or somewhere your young person feels comfortable.

3. Be prepared to listen

- Listening to your young person is an important part of the process.
- Take their feelings seriously. Listen carefully, reflect back and don't judge (it can be more useful at times to say nothing than to offer solutions).
- Take a 'you and me vs the problem' approach. This lets them know you'll figure it out together.

4. Starting the conversation

- There are many ways to start the conversation. You could begin with general and open questions like: how is [e.g., school/sport] going?
- When focusing on more specific thoughts and feelings, 'I' statements are important: 'I feel like you/I've noticed you [haven't been yourself lately] – how are things?'

How you talk with your young person will depend on their age and understanding. The language you use should feel natural. If your young person talks about their mental health, reassure them that you're glad and relieved that they're talking to you, you're proud of them, and they're not alone in their journey.



To learn more about these tips visit the link via the QR code on the next page.

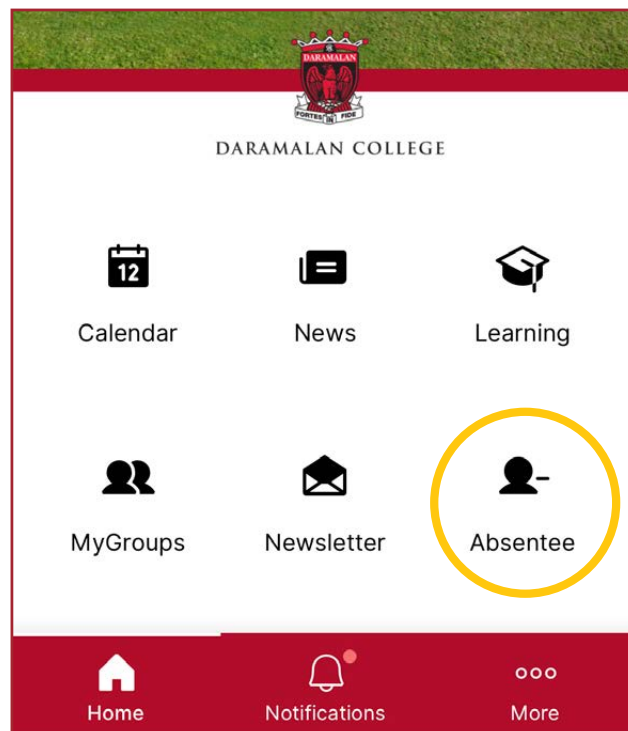


Advising Student Absences

With the introduction of the Daramalan College app, the two preferred methods for advising student absences are:

1. Daramalan College App (see below)
2. SMS Reply

The yellow notes from the Student Diary will still be accepted for the time being.



Full Day Absences

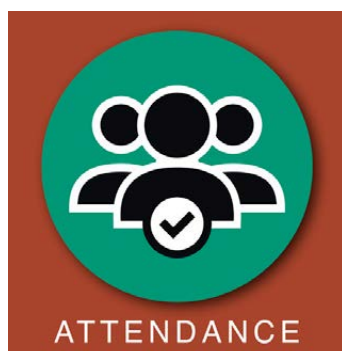
- Log in to the App and access the “Absentee” Module, as shown.

Your details and your children’s details are automatically completed. If you have more than one child at Daramalan College, please select the correct child.

- Enter the Absence Type
- Is this for today only?
- Is this an all day absence? Yes
- Phone number
- Relationship to child
- Reason and Comments (if applicable)
- Submit

Please review the submission prior to clicking on Submit.

***Absences for 5 consecutive days or more require prior approval from the Principal.**



You can access your child’s attendance history via the Student Attendance tile on Daranet.

Please contact your child’s Pastoral Leader for assistance if required.

Partial Day Absences

- Log in to the App and access the “Absentee” Module, as above.

Your details and your children’s details are automatically completed. If you have more than one child at Daramalan College, please select the correct child.

- Enter the Absence Type
- Is this for today only?
- Is this an all-day absence – ensure “No” is selected
- Add - Expected IN or Expected OUT time
- Phone number
- Relationship to child
- Reason and Comments (if applicable)
- Submit


Please review the submission, in particular “Will the child be” - “arriving late”, “leaving early” or “leaving early but will be returning”.

***Please note that students arriving late or leaving early must report to the Student Office.**


Social Justice

Winter Appeal


Daramalan has a proud MSC tradition of supporting those in our community who are less fortunate. This is just one way we are the Heart of Jesus on Earth. We need your help with the Vinnies Winter Appeal in 2024. Each year group has been assigned an item to bring in as part of their donation.




**VINNIE'S WINTER
APPEAL
FUNDRAISER**

 **WHEN
LUNCHTIME
17 MAY 2024**

**WHERE
MCMAHON QUAD**

**PRICES
SAUSAGES - \$3.50
HOT CHOCOLATE - \$1.50** 

 All money raised will go towards buying sleeping bags for the Vinnie's Winter Appeal



**SAUSAGE SIZZLE
FUNDRAISER FOR
GAZA**



**24
MAY** | **When:** Lunchtime
Where: McMahon Quad
Price: \$3.50 a sausage

All money raised will be donated to the
UNICEF Children's Fund

Year Group Collections:

Years 7 and 8 – Winter socks

Years 9 and 10 – Gloves

Years 11 and 12 – Beanies and Scarves

But it doesn't stop there, we have a number of other big-ticket items that we are collecting as well. If you have any jackets, jumpers, sleeping bags or blankets, we would love to make someone's cold Winter slightly better. Please look inside yourself and have empathy for those doing it tough in this cold Canberra Winter. For more information about the Winter Appeal – Please follow this link

<https://donate.vinnies.org.au/appeals-qld/winter-appeal-qld>



**VINNIE'S WINTER
APPEAL DONATIONS**

 **Year 7 & 8
SOCKS**

 **Year 9 & 10
GLOVES**

 **Year 11 & 12
BEANIES &
SCARVES**

 **All years
JACKETS
BLANKETS
SLEEPING BAGS**

All donations are appreciated and will go towards making a positive difference in someone else's life!

Upcoming Events on the Social Justice Calendar:

Friday 17 May: Winter Appeal Sausage Sizzle

The Social Justice Team will be cooking a BBQ and selling Hot Chocolates to raise money for the Winter Appeal. Students are invited to come on down and visit us in the Garratt Quad.

Friday 24 May: Gaza UNICEF Children's Fund

The Social Justice Team will be cooking a BBQ in the Garratt Quad to raise money to support those children impacted by the war in Gaza. Students are encouraged to come and support us by purchasing a sausage and raising much needed funds to support children impacted by war.

Social Justice Cont...

Joey's Holiday Program

Plenty is happening in the world of Social Justice at the moment.

The St. Joseph the Carpenter Youth Program offers respite and recreation for children (aged 6-12 years) whose childhoods are impacted by circumstances beyond their control. During the recent holidays, 13 Daramalan students volunteered their time to assist the Vinnies kids' holiday program.

It was a wonderfully fun experience for all involved, and they made such positive impacts on these young people's lives. "Being able to participate in the St. Joe's Holiday Program was an extremely valuable experience for all of the Daramalan students involved. Over the course of the program, we were able to connect with children from a variety of different backgrounds and demonstrate our leadership skills when running games and activities. Volunteering for St. Joe's made it clear to us the positive and long-lasting impact such programs and volunteer work can have on people's lives." - **Cushla Donovan** (Social Justice Captain)

Feedback from the parents and those who attended was welcomed by our Daramalan students: "I'm really grateful that the 'oldies' came in and helped us and did activities with us." "Thank you for everything you do." "Love it, all my kids love it." "Had an amazing time, learned a great deal, and hope to return again."

The students were naturals with the children in every way one would expect. In the "warm and fuzzies" discussion at the end of each day, the children all said how much they loved having the "oldies" (Daramalan students) there, complimented them on their football skills, and appreciated their presence.

Cushla Donovan was the student leader who organised this program with **Ms Trish Halangahu** and was so successful in getting Daramalan students to be part of the program. If you would like to volunteer to be a leader at this program in the next holidays, please reach out to **Mr Ben McGee** at ben.mcgee@daramalan.act.edu.au

Student Volunteers

Lily Brown, Teah Stoddart, Jasmine Durant, Jemima Walsh (Year 11), Alexandra Beake, Gemma Weller, Bridget Armitage, Ella Delmenico, Layla Donnelly, Hannah Blackwell, Millie Watson, Mia Tinelli and Cushla Donovan (Year 12).



Chess Club

The ACT Girls Secondary Chess Competition held last term at Merici College was a great success. The event brought together some of the best young chess players from schools across the ACT and students showed exceptional skill and strategy on the chessboard.

It was clear that the participants had a great time, and many of them are already looking forward to next year's competition!



Environment Group

Sustainable Schools Climate Action Conference

On Friday 12 April, a number of our Environment Group students attended the Sustainable Schools Climate Action Conference for 2024 at University of Canberra. The purpose of the day was to bring a sustainability goal for the College to the conference to speak about the potential solutions with experts in various fields. The students decided to split into two groups with two goals: promote awareness and minimise waste schoolwide; and redirect organic waste to a composting system within the school. Students got to hear from Minister for Water, Energy and Emissions Reduction **Mr Shane Rattenbury** and **Dr Brook Clinton** from Capital Scraps, and obtained advice from organisations like Water Watch, Transport Canberra, Lids4Kids and OzHarvest to find solutions for our goals. By the end of the conference students developed action plans and elevator pitches to help organise their ideas and enact the goals back here at the College. We look forward to exploring their solutions and ideas further, from creating mascots to combat litter, acquiring composting Subpods, creating more recycling challenges for students, and eliminating single-use plastic waste. Thank you to **Vitoria Skinner, Lola White** (Year 9), **Georgina Geary, Ruby Gifford, Caden Skinner, Ruby Jones, Natalie Gordon** (Year 11), **Alexandra Beake, Emma Lamont, Mia Tinelli, Gemma Weller, Layla Donnelly and Ella Delmenico** (Year 12) for their engagement and hard work on this day. We are really looking forward to attending next year to build upon our progress.



Plant Propagating Workshop

Last Friday students and staff engaged in a workshop led by one of our parents, **Cartrena Bury**, to learn about plant propagating. With the overall goal of growing lots of plants for our upcoming Environment Day Plant Stall on **Friday 5 June**, Cartrena showed us how we could propagate different plants and utilise the beautiful plant wall in the Dempsey building. Thank you so much Cartrena, we loved learning from you and hope to watch these cuttings flourish in the coming weeks to have them ready for the stall in Week 16.



UHR Information Centre

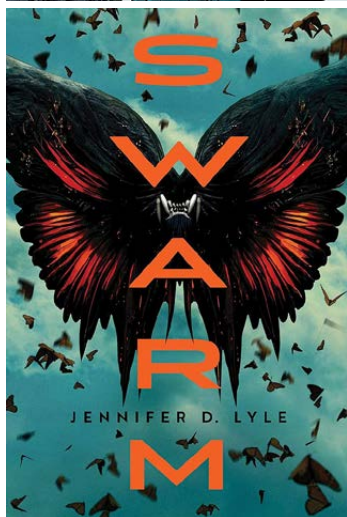
The most borrowed book so far this year is Kaiju no 8 volume 9 by Naoya Matsumoto – borrowed a total 7 times and was only released in March! This smash hit was closely followed by Jujutsu Kaisen volume 21, Zlatan Rules and Fruits Basket volume 1.

“But what else is new in the collection?” you may be asking – let me tell you!

Evelyn Skye’s Damsel recently hit the shelves – a perfect read if you see it choice. If you’re into more dystopia than fantasy, a must read is Jennifer D. Lyle’s Swarm. Or perhaps you’re more of a romance reader, let me direct you to Sophie Gonzales’ The Perfect Guy Doesn’t Exist. If none of these are your fancy, there are many more across all genres recently added to the collection.

Older readers – don’t forget to check out what’s new in College Fiction! Ask any of the Library staff for recommendations.

Happy Reading!



Languages

On Friday 10 May, we celebrated our second annual Languages Day, a day to recognise the cultural diversity of our College. During the week we had daily language and culture-related quizzes in PT to get the school excited for Friday's events. Congratulations to Year 12 Goolagong PT group! We sold mochi, pretzels and croissants at recess and lunch, which were a huge success. An even bigger success was the trivia contest

held at lunch, where over 100 students worked to score House points by answering questions about words of origin, inventions and sports, to name a few categories. Congratulations to Googlagong, who won by a landslide, with Lawson and O'Brien putting in a good effort too.

Days like these are the perfect opportunity to recognise the importance of encouraging young people to learn a second language. So, to our parents and carers, arigatou gozaimasu, danke schön and merci beaucoup for your continued support of Daramalan's Languages program.

Lucy O'Neill (Arts and Culture Captain)



Science

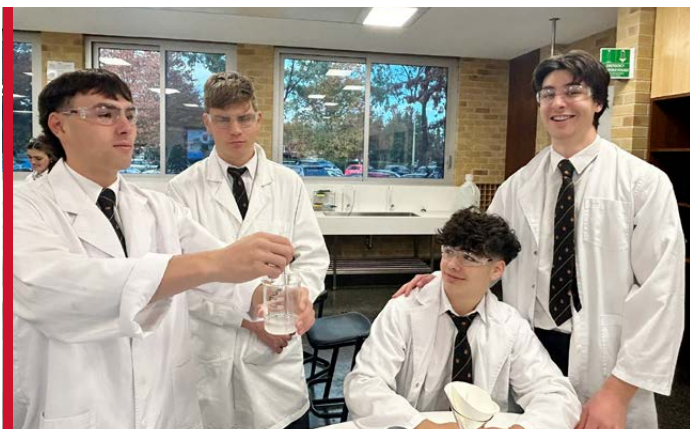
Year 7 Forces

In Year 7, students have been actively engaged in hands-on exploration of forces and simple machines. These photos capture their enthusiasm as they conduct a practical activity from the unit, calculating the mechanical advantage of inclined planes.



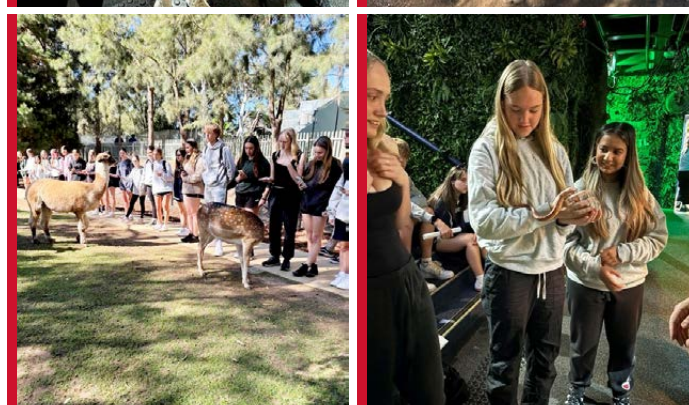
Year 11 Chemistry

Do Year 11 students love crystal making? Of Quartz they do! For the first time ever, Daramalan College has entered the Royal Australian Chemical Institute (RACI) Crystal Growing Competition. It's class versus class in this epic showdown – who can make the biggest crystals? Teams huddled over their swirling solutions to generate their starting seed crystals. We wish both **Ms Nicole Hinton** and **Ms Mathurra Sivapalan's** class all the best over the next few weeks!



Year 11 Psychology

Last term, Year 11 Psychology students had the opportunity to visit the National Zoo and Aquarium, not just to admire the diverse array of wildlife, but to delve deeper into the fascinating world of psychology. One of the highlights of the excursion was the opportunity for students to interact directly with various animals. From holding a snake to patting an emu and deer, students were able to observe animal behaviour up close and even engage in tactile experiences. These interactions served as practical illustrations of theoretical concepts discussed in the classroom. They also went on a guided tour which outlined psychological concepts such as operant and classical conditioning and how these principles are utilised in animal training, shaping behaviours and responses. The excursion proved to be a memorable and enriching experience for all involved. Students left with a newfound appreciation for the intersection of Psychology and Zoology, realising the profound implications of psychological principles in shaping the world around us. By stepping out of the classroom and into the wild, they gained valuable insights that will undoubtedly continue to resonate long after their visit to the zoo.



Science Cont...

Year 12 Biology

Imagine indulging in a tasty treat while simultaneously uncovering the wonders of Paleontology. Yes, it's possible! Creating chocolate fossil models is not only a delightful endeavour but also an educational one, perfect for Year 12 biologists! Chocolate fossils serve as more than just a treat; they're valuable educational tools that inspire a deeper understanding of evidence of evolution.



Year 12 Earth and Environmental Science Students Explore Aquatic Life at the Australian National Botanic Gardens

Year 12 Earth and Environmental Science students were off for an immersive pond-dipping experience, armed with nets and trays, they captured a diverse range of aquatic organisms, from water fleas to freshwater crayfish. They headed to the lab examining their finds under microscopes, marveling at and identifying the intricate details of invertebrates like water snails and dragonfly nymphs. Guided by their teachers and rangers, students gained insight into ecosystem interconnectivity and biodiversity. They also got to meet the resident community of bearded dragons and enjoyed visiting the cafe for a well-deserved treat.



Calling all junior Olympians - not sporting - Science Olympians!

Registration for the Science Olympiads has opened this week for Years 7-10. If your student is interested in challenging themselves and their knowledge about Biology, Chemistry, Earth and Environmental Science and Physics, this could be for them. Students need to register their interest by using the link in the daily notices. Registration for senior students is opening soon and will be advertised in the daily notices.

Chemistry- Titration Competition 2024

The Titration Competition occurred after school on Thursday 9 May at the Australian National University. Forty teams from various colleges across ACT competed against each other to accurately conduct titrations and complete calculations to determine the concentrations of unknown solutions. Daramalan College was represented by three teams of students from both Year 11 and Year 12 Chemistry. These students were: **Charlotte Morris, Ella Delmenico, Heath Eggerton, Kenneth Le, Paul Tran, Ronja Staerker-Ashby, Samantha Crispe, Samuel Bethune and Sebastian Abbondante.**

We are happy to share that one of our teams (**Ella, Heath and Ronja**) received third place overall. All our students showed great Chemistry knowledge and skills and showed their ability to work together in small groups in a competitive environment. We ended the evening with students from all colleges sharing pizza and celebrating the excellent results achieved by everyone.



Food Technology

Year of Compassion: Students Shine at College Open Evening

As the year unfolds, our Food Technology students are embracing a curriculum focused on giving back to the community.

The Food Technology Department is committed to providing exceptional educational experiences while nurturing a sense of social responsibility among our students. This dedication to academic excellence and community service resonates deeply with the values upheld by the Missionaries of the Sacred Heart (MSC), particularly in alignment with this year's theme of Compassion. Thomas Nielsen, a lecturer at the University of Canberra, aptly describes these endeavours within an educational framework as "Service Learning", where students actively apply their knowledge to benefit others or their community.

During the recent Open Evening, our students showcased their generosity by preparing delicious treats for guests touring our facilities. Additionally, they engaged in the hands-on task of creating fresh pasta with an assortment of sauces, which was then packaged and labelled for distribution by Canberra Oz Harvest to 70 charities.

This initiative resulted in the production of over 75 pasta meals, each carefully portioned and packaged, demonstrating not only the culinary skills of our students but also their ability to contribute to our community.

This marks a departure from traditional Open Evening practices, where the focus was solely on enticing prospective clients with an array of treats. Instead, our students have redefined the purpose of these events, showcasing their skills while simultaneously making a meaningful impact on the lives of others.

We would like to thank our students for generously volunteering their time and their parents for their invaluable support during this event.



Merrick Bake Sale

On Tuesday 14 May, Merrick students and staff put on their baking hats and mits and made some delicious goods to sell at recess and lunch to help raise money for our House Charity, Roundabout Canberra (a local charity who provides safe, high quality, essential baby, and children's items to families in need). Thank you to all the staff and students who supported this bake sale which helped raise \$1051.



Textiles

Year 9

Our Year 9 Textiles students have embraced the theme of 'Sustainability and Creativity' by channelling their efforts into crafting tote bags last term and creating a textile artwork. The students made tote bags out of fabric from the Textiles classroom and learnt many new skills to produce them. This semester, they're elevating their skills by brainstorming ideas for a sustainable textile artwork, using materials from our classroom again. Through in-depth research into the environmental impact of the fashion industry, they're inspired to repurpose discarded fabrics into beautiful creations, showcasing their creativity while being sustainable. We are looking forward to seeing what they create over the term.

Year 10

Our Year 10 Textiles students have embarked on a challenging journey this semester, honing their sewing skills with intricate techniques and presentation in their design folios. From mastering pintucks, buttonholes, piping, and hand embellishments, they have embarked into a world of advanced sewing skills. These techniques serve as building blocks as they prepare to tackle their upcoming interior design project. The students are working on a variety of interior projects such as pillows, hand woven blankets and toys. The students are well on their way to create amazing pieces and we are excited to see what they all create.



Visual Arts

We spent our time at Bundanon exploring the home of Arthur Boyd and his unique style of art as well as creating our own art using materials from the land. I really enjoyed using ink and sticks to paint the view from where we were staying and learning how shadows and light can inspire our art. The experience, inspired by the artist Jamaadi was a highlight of the camp. The facility was amazing including the museum filled with many incredible pieces of art from Arthur Boyd and Jamaadi. This has been a wonderful experience, and I am so grateful for the opportunity.

Jasmine Durant (Year 11)



On Wednesday 8 May to Friday 10 May, Bundanon was able to host many of the talented Daramalan students for the first Art Camp Daramalan has offered. When we arrived, we were greeted with a beautiful view and lovely staff members that guided us through our experiences at Bundanon and the range of learning activities. On day one we were shown the library which had a collection of historic art books and some works of Arthur Boyd and Merric Boyd. On day two we were able to see the Tales of Land and Sea exhibition that was taking place in the art museum, an exhibition bringing together three main projects exploring storytelling, mythological narratives and migration. The use of new materials and styles were taught to the students through the activities done each day. These involved landscapes made from ink, handmade painting tools and charcoal, and stories from our imaginations shown through collages and shadows. The Bundanon Art Camp allowed students to learn and experience new things, share their creativity and connect with people of similar interests.

Thank you to **Ms Jo Howard**, **Ms Jackie Roberts** and **Mr John Vukovic** who organised and took us along to Bundanon.

Isla Brazel (Year 10)



Performing Arts

Successful 2024 festival comes to a close

The Festival of Performance closed on Saturday night after 10 nights of presentations. It involved 8 theatre productions and a Festival of Short Movies featuring 6 movies by former students. 416 people had tickets for the shows with 16 people purchasing season tickets to attend any or all shows. A good number of people took up the offer of two shows for the price of one, thus bringing our total attendance to around 500 people.

We have never attempted anything like this before. While the new theatre space will require very different theatrical strategies to achieve educational and artistic goals, one feature from the Festival we will continue into the future will be the Festival of Short Movies.

We had a significant number of people from the Arts community including writers, actors, directors, theatre critics, students of the arts from Melbourne, Sydney and Canberra. Most importantly, the Festival gave each actor a chance to play a main role. There were no small roles; only main roles from some of the most iconic writers of the past 150 years and then some new writing by a student and staff member.

The Festival directly involved over 60 people from the staff, student body, community and past students ... and there is a good chance I have missed some people from this list ...

So, a huge and special thank you to: **Angela Dunn, Annette Brady, Gabrielle Adamow, Lucy Cronan, Helen Dickson, Bill Dickson, Maggie Wilson, Elisha Smyth, Kavita Jogia, Millicent Henry, Heike Craig, David Kurthi, David Caton, Heather Chapman, Arina Yakovtseva, Joey Gardiner, Steve Colbert, Jo Howard, Charlotte Blackley, The Maintenance Team, Libbi Wilson**

And to such wonderful students who really lifted their game: **Alexandria Best, Hannah Chi, Sophie Davidson, Kathleen Dunkerley, Jacob Eaton, Archie Edwards, Patrick Edwards, Tayla Holt, Kiran Isbister, Harrison Labouchardiere, Oscar Lee, Jennifer Noveski, Joseph O'Daly, Zachary Olsen, Sophie Perrett, Aimee Perrett, Josephine Philp, Kayla Reimnitz, Charlotte Seymour, Jack Shelley, Isabelle Steinman, Lily Steinman, Harper Ward, Millie Watson**

And to **Tom Brazel, Bronte English, Ayansa Gamage, Charlotte Hinder, Dakota Hewitt, Abi Mair, Will O'Brien, Lucia Robles, Jose Fernando Robles, Victoria Seymour, Sage Stephenson, Daniel Worsnop.**

We also thank the past student Movie Makers who provided some outstanding short films for the Festival of Short Movies: **Oliver Levi-Malouf** (now better known as Etcetera Etcetera), **Isabella Miller, Irena Reedy** (who

travelled from the United States to attend and present), **Andrew Scarano, Bambi Woodward** (along with **Alice Taylor** from the Canberra Short Film Festival) ...

And more thanks to the many parents who supported their children in the Festival while also offering very strong support for the process and all of us involved. Finally, thank you Daramalan for supporting the Arts and especially the Daramalan Theatre Company in such a positive manner.



Music

Music Performance Evening is on **Tuesday 28 May** at 6.00pm. This is a great opportunity for the ensembles to perform before the National Eisteddfod. Please come along and support the Music Department. This will most likely be the last Performance Evening held in McCowage Hall as the new Issoudun building is nearing completion.

The National Eisteddfod is on **Thursday 30 May** for the Jazz Band, and **Saturday 1 June** for the String Ensemble, Junior Band and Senior Band. For more information and to purchase tickets please go to www.nationaleisteddfod.org.au



Sport

Congratulations to Daramalan students **Mia Cooper** and **Imogen Morse** (Year 11) as well as **Georgia Patterson** (Year 10) for playing significant roles as part of the GWS Giants Under 16 side that won the Pool B National AFL title.

Finishing as the only undefeated side in their pool, the Giants were crowned National Champions in their division as the Swans and Tasmania split their two games, while the Northern Territory went without a win.

Mia played in the forward line, kicking 3 goals in the victory against Northern Territory, whilst Georgia played as a strong starting midfielder and Imogen was rock solid in defence.

All 3 girls play for the Ainslie Under 18's women's team who are also off to a very strong start to the AFL Canberra season.

Well done girls, we look forward to watching you progress further through the Giants Academy teams and within AFL Canberra.



ASC Athletics

On Tuesday 30 April, the annual ASC (Associated Southern College) Competition took place at the AIS. Students represented Daramalan College proudly with four students placing in the Age Champion categories, three top-three Relay placings and three new ASC records. Well done to all students that represented the College and good luck for the ACT qualifiers later in the year.

Thank you **Ms Tanya Wilson, Mr Marty Capon, Ms Bernie Ross, Ms Davina Harris and Mr Matt Dixon.**

School Results

Girls	6th
Boys	2nd
Combined	2nd



ASC Athletics Cont...

Records			
Age	Event	Time/Dis- tance	Name
14-15 Years	4x100 Metre Relay	55.13	Zoe Quigley, Grace York, Ella Higginbotham and Juliana Lulic
17-20 Years Boys	Shot Put Open - 6kg	15.90m	Elijah Wilson
17-20 Years Boys	Discus Throw Open - 1.75k	44.17m	Elijah Wilson
Relays			
Age	Event	Place	
14-15 Years Girls	4 x 100m Relay	1st	
12-13 Year Boys	4 x 100m Relay	2nd	
Age Champions			
Age	Place	Name	
12 Years Boys	Champion	Lachlan Higginbotham	
15 Years Girls	2nd Runner Up	Grace York	
16 Years Boys	2nd Runner Up	Brooke Stewart	
17-20 Years Boys	2nd Runner Up	Elijah Wilson	

Individual Results			
Name	Age	Event	Place
Lachlan Higginbotham	12	200m	1st
		High Jump	3rd
		Long Jump	2nd
Kobe Petrovic	12	Shot	1st
Mitchell Harris	13	Shot	2nd
Rachel Giason	13	400m	3rd
		800m	2nd
		1500m	2nd
Taula McAlister	13	Shot	2nd
Charlie Southwell	13	200m	3rd
Gabriel Jasprizza	14	Discus	3rd
Hayden Armstrong	14	High Jump	3rd
		Javelin	2nd
Cameron Walsh	14	1500m	3rd
Archie Dixon	14	800m	3rd
		1500m	3rd
Harry Clark	14	400m	1st
Gabriela Iglewski	14	400m	2nd
		Discus	2nd
		Javelin	2nd
Ella Higginbotham	14	100m	2nd
		200m	3rd
		Triple Jump	1st
Elijah Henderson	15	Discus	3rd
Thomas Neighbour	15	Shot	3rd
Samuel York	15	Triple Jump	3rd
Patrick Clark	15	800m	2nd
		1500m	2nd



Lucas Korab	15	100m	2nd
Sam Blood	15	100m	3rd
Evelyn Nicholls	15	Javelin	1st
Zoe Quigley	15	100m	1st
		200m	1st
Grace York	15	200m	3rd
		400m	1st
Bonnie Young	15	Shot	1st
		Discus	1st
James Clarke	16	Javelin	1st
William Scarlett	16	Javelin	1st
Darcy Fenwick	16	High Jump	2nd
George Covey	16	1500m	3rd
Crystal Neou	16	100m	2nd
Eloise Smith	16	400m	2nd
		Shot	3rd
Brooke Stewart	16	High Jump	3rd
		Long Jump	2nd
		Triple Jump	1st
		Javelin	2nd
Jasmine Reid	17-20 Years Girls	Triple Jump	3rd
Ashleigh Green	17-20 Years Girls	Shot	3rd
		Discus	1st
Joel Kennedy	17-20 Years Boys	High Jump	2nd
		Triple Jump	1st
Elijah Wilson	17-20 Years Boys	Shot	1st
		Discus	1st
		Javelin	2nd

Fiji Netball Tour



During the April school holidays, twenty Daramalan Senior Netball players travelled to Fiji. We played games against local schools and clubs, as well as immersed ourselves in Fiji's incredible culture and tourism.

The trip began with a day-long cruise from Port Denarau to a nearby island, where we swam, snorkeled and jumped off the boat, it was a perfect start to a week full of travel and netball.

From Nadi, we travelled to the nation's capital, Suva. Here we played our first game against Gospel High. We were joined by an incredibly loud and enthusiastic crowd.

Throughout our games, we met so many lovely students both on and off the court who made us feel so welcome, many of us making friends I am sure we will not forget. Later in the week, we travelled to the Coral Coast, where we embraced playing on grass courts in a one-day carnival and the local teams welcomed us with their beautiful singing.

On the days we were not competing, we explored local markets, beaches and restaurants, relaxed by bonfires, drank from fresh coconuts, and enjoyed the stunning sunrises and sunsets, making the experience truly unforgettable.

For our Year 12 students it was a great finish to our final year of Netball at Daramalan which I am sure many of us will remember in years to come. We returned home exhausted and slightly sunburnt yet filled with unforgettable memories.

I'd like to thank the teachers who also joined us on this trip, **Mr Marty Capon, Ms Megan Kelly and Mrs Angela Dunn**. We loved having you guys there and appreciate all those who made this trip possible.

Lara Dau - Sports Captain

Basketball

Congratulations to **Hena Lomu** (Year 11) who has been training and playing with the Basketball Australia Centre of Excellence Women's team over the past month. The COE takes the development of elite athletes and integrates education, basketball services, sports science and personal excellence into its daily training environment. Hena has done an outstanding job so far and we wish her the best for the rest of her time with the team.



William Canavan

Daramalan College Leading Three Point Goals (So far in 2024)

Thomas	Inwood	10
Cooper	White	8
Hugh	Almond	8
Carlos	Patriarca	7
Alex	Beake	6
Sam	Blood	5
Aidan	Bagley	5

Daramalan College Leading Scorers (So far in 2024)

William	Canavan	105
Jariah	Kivalu	94
Emmanuel	Shirley	87
Cooper	White	82
Achol	Agok	81
Thomas	Inwood	69
Alex	Beake	62
Travis	Minihan	61
Kristian	Slatter	59
Edward	O'Brien	58
Charlotte	Robertson	58
Amalija	Stravopodis	56
Tom	Brazel	54
Sebastien	Shirley	53

Thomas Inwood



Basketball Cont...

Last Weekends Results

U16 Boys Division 1B	St Edmund's College Blue	46	Daramalan College Black	49
U16 Boys Division 1C	Daramalan College White	31	Radford Black Hawks	35
U16 Boys Division 2C	BAS Thunder	38	Daramalan College White	34
U16 Boys Division 2C	CGS Rockets	32	Daramalan College Black	43
U16 Boys Division 3C	Daramalan College	25	Ginninderra Creek Rats	39
U16 Boys Division 4B	Daramalan College White	23	Marist Cobalt	23
U16 Boys Division 4C	Tuggeranong Vikings	42	Daramalan College Black	19
U16 Boys Division 5A	CGS Bulls	32	Daramalan College	26
U16 Boys Division 6	Woden Dodgers	22	Daramalan College	11
U16 Girls Division 2A	Daramalan College	18	Ginninderra River Rats	20
U16 Girls Division 4A	Canberra City Stallions	21	Daramalan College	10
U14 Boys Division 1A	Canberra City Stallions	35	Daramalan College	28
U14 Boys Division 3A	Ginninderra Bush Rats	22	Daramalan College	17
U14 Boys Division 3B	Tuggeranong Vikings	46	Daramalan College	14
U14 Boys Division 5B	CGS Mustangs	29	Daramalan College	16
U14 Boys Division 6A	Daramalan College White	18	Woden Dodgers White	15
U14 Boys Division 6A	CGS Thunder	18	Daramalan College Black	31
U14 Girls Division 3B	Gungahlin Flames	6	Daramalan College	22
U19 Boys Division 1C	Belconnen Ramblers	40	Daramalan College	51
U19 Boys Division 2B	Daramalan College Black	41	Daramalan College White	31
U19 Boys Division 3A	Canberra City Stallions	38	Daramalan College Black	35
U19 Boys Division 3B	Daramalan College White	32	Ginninderra Bush Rats	45
U19 Boys Division 4B	Daramalan College	43	Ginninderra Desert Rats	30
U19 Boys Division 6	CGS Pistons	16	Daramalan College	42
U19 Girls Division 2	CGS Mystics	22	Daramalan College	32
U19 Girls Division 3	Canberra City Stallions Creed	17	Daramalan College	23
U16 Girls Molten Junior Premier League	Daramalan College	46	Norths Basketball Club	80
U19 Boys Molten Junior Premier League Division 2	Daramalan College	93	TSC	50
U19 Girls Molten Junior Premier League	Daramalan College	76	Queanbeyan Roadrunners	81

Daramalan Basketball Instagram Page

Please make sure you follow the Daramalan Basketball Instagram page for heaps of exciting videos, photos and important information throughout the season.



Rugby

Rugby has kicked off for 2024. Both Rounds 1 and 2 have been played away, which has meant families have travelled to Goulburn, Jindabyne and the south side already. A big thank you to all the parents and carers who have made the sacrifice for our young people to enjoy this great game. The Daramalan Rugby Club, heading into Round 3, is standing at 11 wins, 9 losses and 3 draws. A positive start to the season and something we hope continues coming into Round 3 versus Canberra Grammar this **Saturday 18 May**.

A special mention must go to our 1st Girls team, who started their season in Round 2 after sitting on a bye in Round 1. For the very first time in Daramalan history, the 1st Girls team wore the traditional black jersey. In a wonderful jersey presentation on Thursday evening, the girls were not lost to the special nature of this event and came out on Saturday to showcase a very dominant performance over the Queanbeyan Whites. They took the game 52-5. The 1st XV is 2 for 2 wins leading into this weekend's clash against Grammar and are hoping to replicate the scoreline from the trial versus Grammar in Term 1.

We have welcomed a stock of new young athletes in the Under 13 Boys and Under 14 Girls' programs and are excited to see their development and growth over the next few seasons. There is so much rugby to be spoken about, it cannot all be done in one article. If you want to read more about the Daramalan Rugby Club, you can find the 'Eagle Eye' newsletter posted each week on our Facebook page.





EAGLE EYE

ROUND 1

ISSUE 1 | 2024

DARAMALAN RUGBY CLUB



UNDER 13 RED

New season - New team - New friends. An outstanding performance of courage and determination was shown in the game on the weekend against Marist. A slow start led Marist to a 3-try lead that was run down in the final moments of the game, resulting in a 31-all draw. Standout performances from Mitch Harris, who bagged three tries in his opening game, and Jake McPhillips, who kicked the final conversion to lock up the scores. Coach Denzel said, "I am so proud of these young men, they have a huge season ahead."

UNDER 13 BLACK

The under-13 Black team put in a really gutsy performance against last year's premiership, going down 4 tries to 2. With not a lot of possession or field position, it was impressive to see the boys tough it out and defend well against a pretty big pack. They were unlucky not to pick up a try towards the end of the game to tighten it up. We will aim to move those big boys around the field next time, with our more mobile pack. Starting the season against one of the better sides in the comp is beneficial, it helps us understand where we need to be to be competitive and what we need to work on. This is a great bunch of boys the coaches and parents are really proud of for the effort they put in. I'm looking forward to coaching this group and hope to develop their skills so they can be the best they can be. Thanks, everyone, for all the support so far. Congratulations to the Reds on a great performance as well.

UNDER 14 GIRLS

"We started pre-season with only 3 determined players ready to take the field for the 2024 u14s Girls Team. By kickoff round 1 the Jumbalourney team had grown to 10 eager Eagles, proudly wearing the red & black. With 9 different schools represented on our team and 4 players setting foot on the pitch for the first time, the DARA u14Girls embody community, spirit and tenacity. Going down to a strong Vikings lineup, our 3 tries were celebrated like we'd won the GF. Bring on our road trip to Trinity next weekend and watch these players soar."

THE JOURNEY BEGINS

What a fantastic start to the season! It was a joy to witness so many new faces proudly wearing the Daramalan jersey for the first time. Welcome to our tradition! For 62 years, Daramalan Rugby has been a cornerstone of rugby in the Canberra region. It's a legacy we're honored to carry forward, and we're thrilled to have you join our community. Whether you're a player, supporter, or part of the coaching staff, you're now part of something special—a tradition that extends beyond the field and lasts a lifetime. As we dive into the rest of the season, let's continue to uphold our values of teamwork, perseverance, and sportsmanship. Together, we'll create memories and friendships that will last a lifetime.

GAME TIMES		ROUND 3	T.A.T Building Group
U13	DARA RED vs DARA BLACK 09:00am @ DARAMALAN		
U14	BLACK - 9:30am @ St Edmunds / RED - 11:00am Grammar		
U14G	08:00am @ Grammar - Main Oval		
U15	RED - BYE / BLACK - 10:00am @ Grammar - P&F Oval		
U16	BLACK - 11:00am @ Grammar - P&F Oval		
U16G	12:00pm @ Grammar - Main Oval		
3RD XV	12:00pm @ Grammar - P&F Oval		
2ND XV	1:00pm @ Grammar - P&F Oval		
1ST G	1:00pm @ Grammar - Main Oval		
1ST XV	3:00pm @ Grammar - Main Oval		

HELP US EMPOWER YOUTH TO SAY NO TO VAPING



BACKGROUND

Are you concerned about your child being introduced to vapes? Although vaping amongst youth can cause serious adverse health outcomes (e.g. lung injury, poisoning and burns), the number of youth trying vaping is continuing to increase.

WHAT IS THE PROJECT ABOUT?

- We are testing the use of a text-message program sent to parents and their child (aged 12-15 years) to prevent youth from taking up vapes.
- The messages have been developed with researchers, parents and teenagers, and aim to:
 - Educate youth and parents on the harms of vaping
 - Provide social support
 - Teach refusal skills
 - Facilitate conversation amongst families

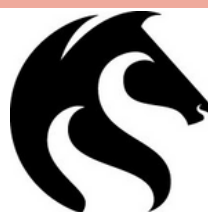
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NEWCASTLE
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PRESENTS OUR 2024 MOVIE FUNDRAISER

“A celebration of friendship and forgiveness served up with warmth and gentle humour.”
– Screen Daily –



**6pm Friday
17 May 2024**

The Q Theatre,
253 Crawford Street, Queanbeyan

Movie tickets: \$80

Includes drinks, hot snacks and movie entry

Buy tickets: www.theq.net.au or The Q Box Office (02) 6285 6290

Artwork by hillarylangdesign.com

Careers News

DARAMALAN CAREERS WEBSITE

Please contact Annette Brady on 6245 6394 or careers@daramalan.act.edu.au

Do you have a USI?

All students at Australian universities and training organisations need a government-issued Unique Student Identifier (USI). Without one, you won't be able to receive your qualification/award or, if you're eligible, access HECS-HELP. Year 12 students - At the request of institutions, all domestic applicants who are Australian citizens must now enter their USI in their UAC application. Create your USI or check if you already have one.

Upcoming Events

Wednesday 22 May University of Canberra Explore Day for Year 12 students (details emailed to students).

Friday 24 May Early applications information session in R8 (including UAC, UC Early Entry Scheme and other institutions).

High school subject selection – A guide for parents

Study Work Grow have put together [a Subject Selection Guide for Parents](#), with simple tips to help you support your teens while they make a decision.

ANU Direct Applications for Study in 2025

ANU direct applications have now closed. **Monday 20 May** is the deadline to upload all supporting documents. Please check the [ANU Application Timeline](#) for key dates during the year.

UAC – University Admissions Centre (for ACT/NSW)

Applications for undergraduate study are now open. Institutions are still finalising details for some Semester 1, 2025 courses and these will become available for selection in the application when confirmed. All courses should be available from early August. Once you've submitted your application, you can log back in and change your selected courses as many times as you like at no extra cost.

UAC application extras

As a domestic applicant, when you submit an undergraduate application you also unlock access to the following schemes and scholarships:

Educational Access Scheme: an opportunity to ask institutions to consider circumstances that affected your Year 11 and 12 studies.

Equity Scholarships: awarded to applicants who are most in need of financial support while studying.

Schools Recommendation Scheme: a way for 2024 Year 12 applicants to be assessed on criteria other than (or in addition to) the ATAR and receive an early offer.

University of Canberra Future Undergraduate Student Information Sessions

UC is running a series of course-specific webinars throughout June that parents and students are invited to join. In these webinars you'll have the opportunity to hear from teaching staff and from a current student about what you can expect from the courses and the exciting career possibilities.

Can't make it to a webinar? To get on-demand access to the presentation, simply register via the links you'll receive a recording post-event. [Register here.](#)

ACU New Courses and Guided visits

Do you want to explore the campus and discuss your study options, including the NEW Speech Pathology and Occupational Therapy courses at ACU Canberra? [Book here](#)

Bond University

Scholarship applications are now open – [find out more information here](#)

Charles Sturt University

Applications are now open for the Charles Sturt Advantage early offer program. Current Year 12 students can now apply for a spot at Charles Sturt through our early offer program. Students apply online, directly to CSU. They'll need to attach a pdf of their Year 11 results, answer three questions about their soft skills (how they display motivation, empathy and resilience) and preference three courses in their application. (If they're successful, they'll get an offer in order of their preferences). Applications close on **Saturday 31 August**. [See here for more information.](#)

Agriculture and Environmental Science

Information Night Registrations are now open

Date: **Tuesday 28 May**

Time: 6pm – 7:30pm

Where: Online

Discover where an Agriculture or Environmental Sciences career can take you. Learn about courses and facilities, meet our expert team, hear from current students, learn about scholarships and more. [Register here.](#)

UNSW Co-op Program Scholarship Applications Now Open

Applications are now open for 2025 UNSW Co-op Program scholarships. [See here for more information.](#)

University of Newcastle Early Entry Applications Open Monday 8 April

Applications for University of Newcastle's Early Entry Program are now open for Semester 1, 2025. The free Early Entry Program means eligible students can receive an offer to study at the University of Newcastle before the end of year 12. For eligibility requirements and to apply visit: <https://www.newcastle.edu.au/early>.

Sydney Actors School - Applications for 2025 Open Now

Applications to study at Sydney Actors School in 2025 are open. Study acting for stage and screen, taught by industry-working professionals. Learn how to write, direct, crew and edit your own films. Work on a number of stage productions and short films. [Apply here.](#)

UCAT NIE Free Webinar - UCAT, Interviews, Pathways into Medicine and Dentistry

Monday 17 June - The National Institute of Education will be presenting a webinar about UCAT, Interviews, Pathways into Medicine and Dentistry. The session is packed with invaluable information. [Register here](#)

NIE Careers: Future Doctors Australia Program (Age: 14-18)

18 – 21 July and 10 - 13 October: Future Doctors Australia Program is an engaging and high-impact 4-day program that provides young people (age: 14-18) with a unique opportunity to gain medical work experience in a safe and structured environment. [Details here.](#)

Careers News Cont...

UCAT 2024 Registration is Now Open

Candidates taking the UCAT ANZ in 2024 for entry to universities in Australia and New Zealand in 2025 should note the following key dates.

UCAT ANZ 2024 Key Dates

UCAT BOOKING OPENED via ucat.edu.au **Tuesday 5 March**
 Concession application deadline **Friday 10 May**
 Access Arrangements application deadline **Friday 17 May**
 BOOKING DEADLINE **Friday 17 May**
 Late UCAT booking deadline **Friday 31 May**
 Late Access Arrangements application deadline **Friday 31 May**
 FINAL late booking deadline **Wednesday 5 June**
 Cancellation deadline **Monday 10 June**
 Testing begins **Monday 1 July**
 Last testing date **Friday 9 August**
 Results delivered to universities **By early September 2024**

Projects Abroad - Medical Experience in Cambodia

For students keen to pursue further studies in medicine and healthcare, Projects Abroad has launched a new program in Cambodia. It combines hospital and community health experiences with workshops, cultural insight and sightseeing. Open to students aged 15 and over. [More information here.](#)

UC FAD Short Courses

The University of Canberra's Faculty of Arts and Design (FAD) would like to invite Years 10 - 12 students to attend our DiscoverFAD short courses these Winter school holidays. Our short courses are facilitated by our talented academics and are a great way for high school students to experience what life is like at University and gain an understanding of their pathways to get there. [See here for more information.](#)

Daramalan Work Experience Program

Students in Years 10 to 12 can undertake work experience placements with the approval of the College. Finding an employer is the responsibility of the student and there must be a meeting with Ms Annette Brady to discuss the timing, legal requirements and documentation. Students may only attend work experience for one week during the semester. The completed 4-Way Agreement must be received by the College at least 7 days prior to the placement commencing. Contact careers@daramalan.act.edu.au for more information.

ADF Careers and Work Experience

See [here for upcoming events and info sessions.](#)
 See [here for information on available Defence Work Experience opportunities.](#)

Competitions

The Best Australian Yarn 2024

The Best Australian Yarn celebrates the art of storytelling by giving writers across the country a platform to share their short stories.

Future Leaders Awards 2024

The Future Leaders Awards recognise and reward young Australians who have shown strong leadership and potential. The Awards also aim to inspire others to engage in environmental and community issues and make a difference.

Elevate: Boosting Women in STEM

ATSE's Elevate: Boosting women in STEM program will award more than 500 undergraduate and postgraduate scholarships to women and non-binary people in STEM.

JOBS BOARD

Pups4Fun ASBA

Students learn and work in the animal care industry experiencing a fully operational pet industry workplace, while completing a Cert II in Animal Care (ACM20121).
 Contact – <https://pups4fun.com.au/australian-school-based-apprenticeship/>

Cabinet Making Apprenticeships

Lifestyle Kitchens & Joinery Australia Pty Ltd have mid-year apprenticeship opportunities available in cabinet making.
 Position: Cabinet Making Apprentice
 Duration: 4 years
 Requirements: see advertisement
 Benefits: see advertisement
 Contact – **Kerina Shrestha**
 5 Cooper Place Queanbeyan NSW 2620
 Ph – (02) 6284 4111
 Email – admin@lifestylekitchens.net.au

Plumbing ASBAs

Hydromatic Plumbing are seeking 2 x ASBA apprentices to commence ASAP. Students interested in a career in Plumbing and Construction (plumbing, drainage and gasfitting as well as other services such as concreting, paving, excavator operating, tipper truck, landscaping, welding and metal fabrication, machinery and equipment maintenance) are encouraged to apply.
 Contact – **Dan Konkoly**
 Hydromatic Plumbing Ph – 0402 702 427

Landscaping Apprenticeships

We're on the hunt for first and second year apprentices who are hardworking, outdoor enthusiasts and unafraid of hard work. Through our apprenticeship program, they will receive hands-on training and guidance from experienced professionals, allowing them to gain valuable skills and knowledge in the industry. If they have a great work ethic, keen eye for detail and won't wilt under pressure, they should join us. Contact – landscape@statuslandscapes.com.au

Kick-start your landscaping career

Earn, learn and grow with a Status Landscapes apprenticeship



We're on the hunt for **first and second year apprentices** who are hardworking, outdoor enthusiasts and unafraid of hard work. If this sounds like you, join our team.

It's time to pave your way to a rewarding career.

Begin a new adventure that combines the great outdoors and a successful future and let us give you a head-start.

Spend your days outdoors, working with a team of like-minded individuals, transforming ordinary spaces into stunning landscapes that will leave a lasting impression.

From designing and planting gardens to installing hardscapes and maintaining lawns, every day will be a new opportunity to showcase your creativity and skills.

Through our apprenticeship program, you will receive hands-on training and guidance from experienced professionals, allowing you to gain valuable skills and knowledge in the industry. If you have a great work ethic, keen eye for detail and won't wilt under pressure, join us.

What are you waiting for?

We are offering:

- Full-time positions with a competitive hourly wage and overtime opportunities;
- Training and professional development;
- A positive and collaborative work environment;
- A team of mentors committed to supporting you every step of the way.

If you're ready to get your hands dirty, learn the ropes and grow with us, it's time you got in touch.

Contact us at:
landscape@statuslandscapes.com.au



Status Landscapes is a leading landscaping company based in Canberra, specialising in creating beautiful and functional outdoor spaces for residential and commercial clients.



www.statusliving.com.au/landscapes



@statuslandscapes

STATUS
LANDSCAPES



Employment.
For All.

Invitation to Online Information Session

Finishing School?
Unsure what your options are?

Join us online and find out how we can support your
employment, social and Independence goals!

Dates:

Monday 13th of June 5:30pm – 6pm

Friday 14th of June 1:30pm – 2pm

Tuesday 18th of June 5:30pm – 6pm

Thursday 20th June 1:30pm – 2pm

Time: 9:30pm- 3:30pm

Location: Microsoft Teams (Link will be provided)

RSVP:

nicki.lihou@omnia-inclusive.com.au or sarah.kingwell@omnia-inclusive.com.au

Attendees: School leavers with a disability, Families, Carers, teachers etc

Free Event

We look forward to connecting with you



Are you interested in learning about cyber security from leading cyber experts and competing with friends in a state vs state Capture the Flag competition?

Calling all year 10 to 12 students!

You're invited to attend PECAN+ 2024.

In this exhilarating two-day event, you'll get the chance to learn cyber skills and test them against peers across Australia.

Learn new skills

On day 1, learn from leading industry experts who will teach you skills in ethical hacking, including Linux, cryptography, steganography, and digital forensics.

Explore cyber careers

Discover the career opportunities in cyber security and possible career pathways with presentations by diverse cyber professionals.

Put your skills to the test

On day 2, test your new-found cyber skills in a Capture the Flag competition, where you'll be competing in teams of four against others across Australia.

Win awesome prizes

With categories for beginners, intermediate, advanced, female, and indigenous teams, compete for fantastic prizes and win state bragging rights.

Who can participate?

Year 10 to 12 students and their teachers with an interest in cyber security are welcome to attend. You can register as an **individual** or a **team of four**. Individuals will be matched with a team on the day. Don't miss out on this incredible opportunity to expand your cyber knowledge, compete against peers across Australia, and win amazing prizes!

EVENT DETAILS

Sat 3rd + Sun 4th August 2024
9am to 4pm both days

Two great locations across Canberra

- University of Canberra
- Australian National University

For more information



To express your interest email:
melissa.larkins@canberracyberhub.com.au

For further information please contact: info@canberracyberhub.com.au

Mark your calendars and join us for PECAN+ 2024.



We're hiring:
Cabinet Maker
- Apprentices

Scan the code to apply on SEEK



This job ad was posted on 07/05/2024

Alumni Trivia Night Thank you



HIGHROAD

A heartfelt thank you to all our sponsors for helping make the Daramalan College Community Trivia Fundraiser a resounding success! Your generosity has created an invaluable feeling of community support and will enhance our fun and engaging evening. We are immensely grateful for your contribution.

COMMUNITY BUSINESS DIRECTORY CONT...

ACT Cabs	Hamza Muhammad	www.actcabs.com.au
AllClass Carpet & Upholstery Care	Peter Nassar	www.allclasscarpetcare.com.au
Australian National Character Check	Hamza Muhammad	www.australiannationalcharactercheck.com.au
Avanti Football Academy	Vince Cosentini	www.avantifootball.com
Bridge Strata	Craig Bowditch	www.bridgestrata.com.au
Brilliant Stars Early Learning Centre	Riccardo Martiniello	www.brilliantstarselc.com
Canberra Spine Centre	Rebeckah Reynolds	www.spinecentre.com.au
CBR Recruitment	Adam Kowalski	www.cbrrecruitment.com.au
Corver and Co Chartered Accountants	Trevor Corver	www.corverandco.com.au
Country 2 City Metal Roofing	Chris	www.country2citymetalroofing.com.au
Delta Building Automation	Tim Davis	www.deltaba.com.au
Element Building Projects	Dennis and Aldona Stravopodis	www.elementbuildingprojects.com.au
FERST	Gary Cheeseman	www.ferst.com.au
Fortis Physiotherapy	Gavin Malouf	www.fortisphysio.com.au
Griffin Legal	Claire Carton	www.griffinlegal.com.au
Holly Komorowski – home.byholly	Holly Komorowski	www.homebyholly.com.au
Kevin's Auto Repairs	Mark Nuessler and Liesl Hussey	Phone: 6280 6994
Live Better Nutrition	Jeanette Ryan	www.livebetternutrition.com.au
Orthodontics Canberra	Vicki Boyd	www.ortho.net.au
Pacific Facilities Maintenance	Justin Hyland	www.pacificfm.com.au
Pinnacle Driving School	Lisa Murphy	www.Pinnacledrivingschool.com.au
Q1 Dental Care	Dr Susan Leonera-Salazar	www.q1dentalcare.com.au
Ray White Rural Canberra-Yass	Simon or George Southwell	www.raywhiteruralyasscanberra.com.au
Scooby Doodles Art Club	Arina Yakovtseva	scoobydoodlesart@gmail.com
Sentinel Security & Technology Group	Aaron Butt	www.sstg.com.au
Small Friends Vet	Matt Almond	www.smallfriends.com.au
The Athlete's Foot	Ashleigh Hogan	www.theathletesfoot.com.au
Tint A Car Canberra	Chris Baekalia	www.tintacar.com.au