# DARANEWS

22 September 2023

WEBSITE

**DARANET** 



# Upcoming events

#### 22 September

End of Term 3 Senior Rugby Tour Departs Music Tour Departs

#### 7 October

Opening Night DTC High School Production 7pm McCowage Hall

#### 8 October

Germany and France Study Tour Return Senior Rugby Tour Returns

#### 9 October

Students return first day of Term 4

#### 11-14 October

**DTC High School Production** 

#### 20 October

Chevalier Day

#### 23 October

School Fees Due Parenting Workshop 5:30pm McCowage

#### Year 10 Immunisation

#### 27 October

Daranews Emailed to Families

#### 27 - 29 October

Visual Arts Exhibition McCowage Hall



DARAMALAN COLLEGE COWPER ST DICKSON 6245 6300

info@daramalan.act.edu.au www.daramalan.act.edu.au

# From the Principal



Dear Parents/ Carers. Staff and Students.

As the term comes to an end and the warm weather is upon us, there has been no shortage of activity and buzz about the College.

I would like to acknowledge and thank Mr James Keeley for stepping into the Principal role while I was overseas on leave. I would also like to acknowledge the other staff who have acted in positions as a result of this, namely Mr Nathan Greatz in the Deputy Principal role, Ms Megan Kelly as AP Pastoral Care Years 9-12 and Mr Dean Parkes who acted in the O'Brien House Coordinator position. We will all be returning to our usual roles from the start of Term 4. Next term we will also be welcoming Mr Nic Whatman who will join the College and Executive team as the Assistant Principal Teaching and Learning.

Last Friday we had the pleasure of announcing our 2024 Student Leaders at our Whole-school Leadership Assembly. The Leaders announced join a rich history of outstanding leaders who have served the Daramalan community. I would like to acknowledge all of the students who applied and put themselves forward to be considered for a leadership position in 2024, be it as a Peer Support Leader, House Captain, Portfolio or College Captain. We are truly blessed as a community to have the depth of talent and willingness of our students who value and take on these roles. To those students who were not successful in obtaining a formal leadership role, know that leadership exists across all facets of our community and you do not need to hold a formal leadership position to lead. The full list of our 2024 Leaders can be found later in this edition of Daranews.

As I mentioned to staff and students when we gathered last week, I had the privilege while I was on leave to visit Issoudun in France and spent time in the Basilica of the Sacred Heart at Fr Jules Chevalier's



# From the Principal

tomb in the crypt. This was the second time that I had been able to walk in the footsteps of Fr Chevalier having first visited Issoudun in 2019 as part of the Chevalier Institute Pilgrimage. In 2024 the wider global Chevalier family, which we are a part of as an MSC school, will be celebrating the 200th anniversary of Fr Chevalier's birth. In most respects, Fr Chevalier was an ordinary man, who was also a man of inner depth and vision. That vision is still pertinent to us today and still inspires us to follow his vision of love and to be on earth the heart of God.

Each and every day I see examples of unassuming, servant leadership, just as Fr Chevalier envisaged when he established the Missionaries of the Sacred Heart, through the actions of our students, staff and wider community. From the House and Social Justice group fundraising and raising awareness, to the College Leaders doing 'check ins' for students and staff on RU OK? Day. I am constantly humbled by the capacity of our community to live and truly optimise our MSC ethos and charism.

At our assembly, we were able to recognise four of these unassuming leaders through the Long Tan Leadership and Teamwork Awards and the ADF Future Innovator Awards. These awards were presented by Warrant Officer Class One Virginia Morris OAM. Congratulations to the recipients of the Long Tan Award for Leadership and Teamwork, Amelia Gaspari (Year 12) and Lachlan Hynd (Year 10), and the ADF Future Innovator Award, Maurice Baxter (Year 12) and Brianna Huby (Year 10).

#### **Charity Walk**

On Friday 8 September we were able to hold our annual Charity Walk in its traditional format for the first time since 2019. Whilst the weather was not ideal thanks to the onset of a cold front and strong winds, it was wonderful to see such a large number of students and staff walk the 15km around Lake Burley

Griffin. Despite the cold and wintry conditions, the community spirit and a feeling that we are back to normal was evident on the day. A number of our staff who attended the College as students remarked to me how much they enjoyed completing the old 'kilothon' again! The monies raised through donations will be distributed to two charities: MacKillop House and St Nick's Young Carers Program. I would like to acknowledge the work of Mr Nathan Greatz, Ms Yvonne Turnbull and the College Maintenance team in bringing together the day. We were also joined by a number of parent volunteers. Our thanks are extended to the P&F Committee who once again have supported the event through their generous donation to cover the costs of the day. There is still an opportunity to donate. Donations can be made via the QKR App. We will be presenting the monies raised to our two charities at our assembly next term.

#### **Year 12 AST Examinations**

I would like to commend the Year 12 Tertiary students on the manner in which they sat their AST Examinations on Tuesday 5 September and Wednesday 6 September. The feedback from the external supervisors was that they were once again extremely impressed by the maturity of our students. Whilst a large number of our students had already received early offers to university, it was pleasing to observe that the students still recognised the significance that these exams play in the twoyear process towards the calculation of an ATAR. The students were positive and upbeat both before and after the exams. Our thanks are extended to the Pastoral Team who were on hand to provide the traditional breakfasts each morning which contributed to the positive and community feeling amongst the group. I would like to acknowledge the work of Ms Heike Craig and Mr Brendan Collis in ensuring that the students were wellprepared for the exams.

#### 2024 Enrolments

We have a significant number of families seeking places in each of our year groups for 2024 where there are currently no









# From the Principal

vacancies. If your child is currently in Years 7-11, and will not be returning to Daramalan next year, we ask that you let us know as soon as possible so we can assist other families. Please do this by notifying the Registrar, **Ms Damaris Brown**, via the email enrolments@daramalan.act.edu.au

#### 2024 Term dates

The College Calendar for 2024 is currently being developed. To enable families to begin their planning, I can confirm that the term dates for 2024 will be as outlined below. The start date for 2024 differs to that included on the printed 2023 College Calendar.

#### Term 1

Monday 5 February- First Day for all new students Tuesday 6 February- All students return Friday 12 April- Last day of term

#### Term 2

Monday 29 April- Friday 28 June

#### Term 3

Monday 22 July - Friday 27 September

#### Term 4

Monday 14 October- Wednesday 11 December

# Supporting Student Safety During School Drop-offs and Pick-ups

It has recently been raised by our neighbours that there are a growing number of vehicles using driveways near the Cowper Street crossing to drop their student, leading to potential near misses for pedestrians, including children, and traffic conflicts. We strongly urge all parents and caregivers to avoid using these driveways for drop-offs and pick-ups. Students can be collected safely onsite or from the surrounding areas of the College in designated parking zones rather than using private

driveways. Your support will help create a safer environment for everyone.

#### **Uniform Shop and Term 4 Uniform**

The College Uniform Shop opening hours for the holiday period can be found on the College Website at Uniform Shop. Students should return for Term 4 in their Summer uniform. Can I please remind families that the length of dresses and skirts should be worn to the knee. As your student may have experienced a growth spurt over winter, I would encourage families to check their summer uniforms early in the holiday break to enable replacement uniforms to be purchased prior to the return to school.

#### **Holiday Hours**

During the holiday period from **25 September - 6 October**, Reception will be staffed from 9.00am – 4.00pm Monday to Friday, other than Public Holidays. If you leave messages for Teachers by email or phone, please be aware that these may not be attended to until school resumes on Monday 9 October at 8.45am.





# From the Principal

#### Staffing

We will have a small number of staff changes at the end of this term. Ms Melissa (Mel) O'Brien will be taking leave for Term 4. Mr Matt Webbie will return from leave and will become the Farrer PCA. Also taking leave in Term 4 are Ms Annie Anderson, Ms Sue Stewart and Ms Anne-Maree Doherty. We extend our thanks to Mr Bill Phelan who will be resuming his retirement at the end of this term and Ms Anita Short who concludes her contract at the College. We also farewell Ms Monica Yao who has been part of our Information Services team as she takes up a position at another College. Ms Louise Chapman has taken a position at another school and will leave us at the end of the first week of Term 4.

I would like to thank **Ms Alison Baker** (O'Brien PCA), and **Ms Jackie Roberts** (Visual Arts Coordinator) who have stepped in to acting positions in the final weeks of this term.

#### **Student Achievements**

#### Congratulations to:

- The Daramalan Dance Company for another outstanding performance at the Wakakirri Awards Performance Evening. They were wonderful ambassadors for the College and received an additional State award on the evening, Cultural Celebration Story. I have received overwhelming feedback from a number of other Principals on the standard of the performance as well as their amazing roller-skating skills!
- Our Band and Choir students recently travelled to the Wagga Eisteddfod where they achieved outstanding results. The String Ensemble won their section, whilst the Junior Band were runners up in their section. The Choir won three sections during the day and were also able to participate in a workshop with Jonathan Welsh from the Choir of Hard Knocks.
- All of the players, coaches, umpires and volunteers who were recognised at the recent Winter Sport Presentation Evenings. Each of these evenings were a wonderful celebration of the season of sport that has just come to a close. I urge you to read more about these evenings in the Sports Section of this edition of Daranews.









- Isaac Dixon (Year 9) who was selected as a member of the All-Australian AFL squad following the recent championships in Bendigo. Isaac was the only ACT student to be selected for the team.
- Gabrielle Krinas (Year 12) who has received an invitation to attend The Fonteyn Awards in London, the most prestigious Ballet competition in the World. Elle will be participating in the event in late October.
- Makayla Thorpe (Year 11) on her selection to take part in the International Sirens Cheerleading team to attend the Global Cheer and Dance Competition in Hawaii next year. Well done to Makayla.











Congratulations also to the following students for their selections to represent the ACT in a range of School Sports over the coming weeks:

- Bailey Macdonald (Year 10) Road Cycling
- Sophia Dobbie (Year 9), Eden Rodda (Year 9), Liana Alves (Year 10) - Football/Soccer
- Madison Lyall (Year 11)- Volleyball

Finally, I would like to acknowledge and thank each of the staff members who have given up their break to accompany our students either on overseas or interstate tours. These are the first overseas tours that we have been able to hold since 2019. We wish our students and staff safe travels, and I am confident that they will have a wonderful and enriching experience.

I wish the remainder of our community a relaxing and a restful holiday break and I look forward to welcoming students back on **Monday 9 October.** 

Best wishes,

Rachel Davies Principal

# **School News**



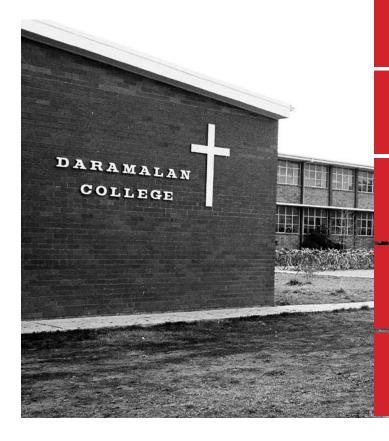


#### **School Holiday Uniform Shop Hours**

Tuesday 3 October 10am to 4pm Wednesday 4 October 10am to 4pm Thursday 5 October 10am to 4pm Friday 6 October 10am to 4pm Saturday 7 October 10am to 1pm

# Alumni

Just a reminder that Year-Group Reunions are coming up. Please remember to book your ticket on the below links or email <a href="mailto:alumni@daramalan.act.edu.au">alumni@daramalan.act.edu.au</a> if you have any questions.



# 1973 Reunion

21 October 2023 Click to book

# 1982 & 1983 Reunion

21 October 2023

Click to book

# 1992 & 1993 Reunion

4 November 2023 Click to book

# 2002 Reunion

18 November 2023 Click to book

# 2003 Reunion

18 November 2023

Click to book

# 2012 Reunion

25 November 2023

Click to book

# 2013 Reunion

25 November 2023 Click to book

# Leadership Assembly

# 2024 College Captains

Ashleigh Nguyen Patrick Edwards







Arts and Culture Lucy O'Neill



**Environment** Gemma Weller



Mission Isaac Arthur



Social Justice Cushla Donovan



**Sport** Lara Dau



**Community and Connection** Kenneth Le

House	Captain	
Cuthbert	Edward O'Brien Charlotte Canavan	
Farrer	Jessica Davis Slater Campbell	
Goolagong	Ella Randall Suzana Radic	
Lawson	Anneliese Breiner William Poels	
Lyons	Ivana Tajmer Samuel Bethune	
Merrick	Angelina Jukic Hamish Boneham	
O'Brien	Edward Marcks Hannah Blackwell	
Phillip	Lachlan English Angus Field Wilson	

#### **Peer Support Leaders**

#### Cuthbert

Georgia Patterson Ruby Holden Annabel Wales Tahli Milin Blake Eggerton Jasper Harris

#### **Farrer**

Kiran Isbister Charlotte Allan Matilda Keefe Cooper Power Laura Green Alistair Kline

#### Goolagong

Eloise Smith Ava Rhule Riley Wyeth Aidan Wunsch Luka Radic Grace Kobak

#### Lawson

Ella O'Hearn Lucia McGregor Isabella Want Archie Edwards Roy Halliday Rory Arneman

#### Lyons

Sascha Krauss Alicia Villena Ayansa Gamage Thomas Greig Harrison Hynd Joseph Modun

#### Merrick

Allegra Pangallo Jade Heaton Keith Farrugia Lailani Arizapa James Barwell Isaac Dixon

#### O'Brien

Frances Leung Isabelle Baldock Madeleine Shrewsbury Thomas Neighbour Tristian Tierney William Scarlett

#### **Phillip**

Sophia Dobbie Natalia Cerne Lucy Field Wilson Aidyn Hudgin Oliver English Cohen Howard

# Charity Walk





























# **Canline Lawson Fundraising**

On Friday 25 August, Lawson House hosted their major fundraising event for the year for Communities @ Work. Lawson has supported Communities @ Work since 2014, a local organisation that supports those experiencing hardship in our community. This year, Lawson House and our Social Justice team collaborated on the event and included the whole school.

Social Justice hosted a 'Can Line' competition, similar to the Coin Line held in Term 1. All Houses were encouraged to collect donations for the Communities @ Work pantries. These pantries can be accessed like a supermarket, but for a lower cost, supporting those most vulnerable who may need groceries for the week with a limited budget. Each House competed to create the 'longest line' of donated goods. In total, 160 metres of donated goods were lined up in McCowage Hall. Congratulations to Lawson House for the significant amount of donations and thus creating the longest line, 44 metres!





To further support our fundraising event, each PT in Lawson organised and sold a different item throughout recess and lunch to raise money for Communities @ Work. Pancakes, hot chocolates, pizza slices, lolly bags, jelly in a cup and hash browns in a bun (an old canteen favourite) were all a hit, raising \$750 for our charity. Thank you to the many students who purchased food to support our charity, and also the many students and Pastoral Tutors who worked behind the scenes to prepare the food and drink.

We would like to thank all Daramalan families who contributed to our event by the very generous donations of essential items. Communities @ Work attended the event and were extremely grateful for the generosity shown. Thank you for your support.

Carlie Dwyer - Lawson House Coordinator





## **DARA7S**

This year during Week 7, Daramalan saw the continuation of our popular annual House competition: The DaraMaths Sevens. The competition involves mental multiplication of numbers by 7. The principle is easy enough to understand, but to perform the required calculations under pressure in front of an audience is quite a different matter. Try 70809 x 7 in your head in just 5 seconds! (Actually, that one's pretty easy.)

The scores were neck and neck for the first round and Lawson started to pull away in the second and third rounds. In the end Lawson won 26 points to 16.

Farrer played tough and were ably led by their Captain, Millie Ryan (Year 12). Well done to the Farrer team for making the Grand Final, let's hope they can go one better next year!

What a strong performance from Lawson! Youngster Matt Spavins (Year 7) was a standout in his first Dara Sevens and his older sister Cathy Spavins (Year 12), shouldered much of the heavy lifting in the harder sections of the competition. The future looks bright for Lawson even with Cathy leaving next year, as Alexander Charles (Year 10) was sensational in his first Dara Sevens!

And in the best of traditions – every child won a prize, the winners a \$7 voucher from the school canteen, the runners up, a bookmark, with the 7 times tables, so they can prepare for next year.

A big thank you to **Ms Gail Mutton**, **Ms Marlena Nitsche** and **Mr Kyle Steemson** for all their hard work to make the competition possible.

Congratulations to the Year 12 students for the second consecutive win of DARA7S against the maths teachers.

# **Religious Education**

Year 8 Religious Education and Minecraft

To reinforce the student's understanding of different world views studied in class, students either individually or in teams of three have been asked to create a range of sacred places that will be submitted as part of their classroom work.

The students are working on Uluru, the Golden Temple and various churches that will be presented to the class for some peer review as well as formal review by their teacher **Mr Andrew Digan**.

Examples of the final products will be showcased in a future Daranews. Such 'gamification' of learning has increased the engagement of students noticeably towards the end of term.













# **Earth Science**

#### **Geoscience Disasters Day**

On Monday 21 August, Year 12 Earth and Environmental Science students visited Geoscience for 'Disasters Day'. Students heard from Australia's leading Geoscientists, visited the National Tsunami Warning Centre and participated in a volcanic hazard emergency manager activity. Students had a great time exploring the extensive rock collection and seeing Earth Science in action.



#### **National Museum of Australia and Questacon**

Year 12 Earth and Environmental Science students visited the National Museum of Australia and Questacon to cap off their studies of natural hazards and our changing climate. This excursion marked the culmination of their College years, an occasion celebrated with lunch at Brodburger.

At Questacon, students engaged in hands-on exhibits that vividly illustrated Earth's dynamic forces, from earthquakes to tornadoes. The National Museum Great Southern Land exhibition provided an enriching historical perspective on Australia's natural disaster risk and changing climate. It was a day of discovery and reflection as our Seniors deepened their understanding of our planet's fragility and resilience.

This excursion was a fitting finale to their academic journey, equipping them with knowledge and experiences to face our world's environmental challenges with confidence whilst also celebrating their efforts across the last two years.











# **Food Technology**

Up at the crack of dawn, a weary bunch of Hospitality students piled onto a cramped bus. With blaring tunes and copious amounts of coffee, the students embarked on a great journey to sample some of Sydney's finest cuisines. By midday Tuesday, Mr Dean Parkes and his hearty crew were traversing the bustling city centre, assisted by a loyal first mate, Ms Janette Kline, the troupe wound their way towards the first stop, ICMS Sydney. Upon arriving, a guided tour of the labyrinthine campus left the students in no doubt of the prestige they were surrounded by. Almost Hogwarts-like in appearance, the school's facilities proved to be the cutting edge of the Hospitality industry, a tasty buffet lunch and presentation ended off the insightful visit.

After a recuperative break at the hostel accommodation, the class was back on the road, this time headed for the lively Chinatown Haymarket. Dazzled by neon lights and intoxicating smells, it was hard to know where to begin with so many sumptuous options. With choice paralysis setting in, Year 12 opted for a local authentic Food Court where Vietnamese, Korean and Chinese delicacies were gratefully consumed. Although there were some minor hiccups with the food's spice level (main perpetrator: Kimchi stew), the students learned a lot about the food of these different cultures from first-hand experience.

Following this jam-packed day, every member of the cohort practically collapsed into their hostel beds. However, their slumber was short lived, for the thrilling exploits of the Sydney Fish Markets awaited their 5am rise. After 2 days in a row of low sleep, the Year 12 students bore a striking resemblance to a pack of zombies, heavy eye bags and wide yawns noticeable during the visit, nonetheless even this demeanor couldn't dampen the engaging information learnt about the Fish Industry. Trudging through scaly wet floors, our excited tour guide explained this industry's inner workings as our tour passed sedately by gawking fish heads and slimy octopus. By the end of the visit a much deeper appreciation of seafood manufacturing was inevitably shared by every person.

After a short break to try and dissuade the pungent fish odour pervasively clinging to everyone's clothes, Mr Parkes and Ms Kline led us to a Sydney skyline staple - Sydney Tower. A long elevator ride introduced us to a world of luxury dining, fine food and even finer service that adjoined a view to die for. The entirety of Sydney was visible from this revolving restaurant. The group was treated to a multiple course buffet, the seafood and desserts in particular were of an amazing quality. This wonderous experience was only slightly overshadowed by the nauseous feeling gained from spinning 300 metres above the ground.

Sadly this was where our fantastic adventure ended. Thanks to the amazing work of Mr Parkes and Ms Kline, Year 12 Hospitality had an experience they will remember for years to come.









# Science

#### Year 9

Year 9 students have embarked on an exhilarating journey deep into the Earth's interior as they explore the captivating realm of plate tectonics. Armed with curiosity and creativity, our young Geologists have been crafting intricate models of the Earth's layers, revealing the hidden mechanisms that shape our planet. These hands-on activities have allowed students to grasp the dynamic interactions of tectonic plates, from their collisions and separations to the formation of mountains, earthquakes, and volcanic eruptions. Through these immersive experiences, our Scientists are not only gaining a profound understanding of Earth's geological processes but also nurturing their passion for unravelling the mysteries of our ever-evolving planet.





Cindy Lucic and Ruby Holden (Year 9)

Alec Fuertez, Thomas Inwood and Nicholas Marchei (Year 9)

#### Year 11

Our Biology students have delved into the intricate world of biomolecules and enzymes. Through engaging experiments and discussions, they've unlocked the secrets of how enzymes, nature's catalysts, orchestrate crucial biochemical reactions in living organisms. This knowledge helps our students to understand fundamental processes such as photosynthesis, respiration and digestion.



#### Year 12

In our Year 12 Biology classrooms students have been diving into the fascinating world of homeostasis and temperature regulation. This is an essential biological concept to explain how our bodies maintain a stable internal environment. Through hands-on experiments and engaging discussions, students have discovered the remarkable mechanisms that enable us to adapt to various temperatures. From sweating on hot days to shivering when it's cold, our budding Scientists are gaining a deeper appreciation for the intricate balance that keeps us comfortable and healthy. This knowledge not only enriches their understanding of biology but also empowers them to make informed choices for their well-being.



#### **National Science Week**

Daramalan College celebrated National Science Week with a quiz in PT lessons with topics ranging from AI, Football, Music and a potential range of new Barbie and Ken dolls based on famous scientists.

Congratulations to the winners of the PT Quiz:

Barbie – 12 Lyons, Music – 10 O'Brien, Al – 11 Phillip, and the joint winners of Football – 7 Goolagong, 7 Lyons, 10 Cuthbert, 12 Cuthbert

Overall winner - 10 O'Brien Overall winning House – Lyons!

Students also participated in an Escape Room to match this year's National Science Week theme of Innovation: Powering Future Industries. From fuelling space exploration to powering cars with hydrogen fuel cells, hydrogen production is shaping up to be an important future industry. Clean hydrogen energy could replace the use of fossil fuels, helping to combat climate change. Australia could become a global leader in hydrogen production and export, and students were able to investigate this relevant context for National Science Week.



# **UN Youth Evatt Competition**

Students from Year 10 to 12 engaged in the UN Youth Evatt competition taking on the roles of seasoned diplomats in United Nations Security Council simulations. Students delved into pressing global matters, including the ethical implications of Al and social credit systems. sustainable fishing and the complexities surrounding the South China Sea. As they navigated debates and negotiations, students showcased a profound understanding of international relations and a commitment Year 12 Teams: to shaping a more just and cooperative world. Their passion and insights offer a promising glimpse into the next generation of leaders who will influence the course of international affairs.

All teams progressed to the Semi Finals and we wish Slater Campbell, Kenneth Le, Maurice Baxter, Rory Bell, Vincent Kwan and Jack Howlett the best of luck for the Finals held in late September.

#### Year 10 Teams:

- Switzerland: Caden Skinner and Lachlan Hynd
- China: Ruby Gifford and Callum Millea

#### Year 11 Teams:

- Gabon: Slater Campbell and Kenneth Le
- United Arab Emirates: Vincent Kwan and Jack Howlett

Mozambique: Maurice Baxter and Rory Bell



# Transport Canberra





# Visual Arts

#### **Narrative Art**

Much of early Western Art told stories. In Australia, the tradition of narrative art goes back even further. Australian Aboriginal Art is one of the oldest continuing art traditions in the world. Much of the most critical knowledge of Aboriginal society was conveyed through different kinds of storytelling—including narratives that were spoken, performed as dances or songs, and painted.

Students in Years 7 and 8 Art have been studying the works of numerous Indigenous artists to learn about the

role images played in recording their stories. In response to their studies, students have each made their own artistic book containing a fictional story they invented. The students began by learning how to make watercolour paint from ochre, ash and charcoal and how it is possible to use sustainable methods and materials to make artworks. Next, they learned about totemic animals in traditional cultures.

For their story, students researched that animals could represent their own personality. This animal became the main character for the plot they created. The care and attention to detail given to these Artist's books is excellent. We have some very talented and intuitive Art students at Daramalan College.

















# VISUAL ARTS EXHIBITION

# **OPENING NIGHT 6PM FRIDAY 27 OCTOBER 2023**

DARAMALAN COLLEGE • McCOWAGE HALL SATURDAY 28 TO SUNDAY 29 OCTOBER 10AM - 3PM

Come and see the amazing Art, Media & Photography work from Y9 to Y12 students

Artwork by Charlie Triggs

# Performing Arts

#### Wagga Eisteddfod Results

String Ensemble - 1st Place High School Ensemble. Awarded the Keely Family Trophy.

Junior Band – Highly Commended High School Concert Band.

Both ensembles played very well. The String Ensemble competed against a variety of different ensembles and were clearly deserving of 1st Place.

Thank you to Mr Michael Jackson, Ms Angela Dunn, Ms Hilda Visser-Scott, Ms Elisha Adams and Ms Helen Steel for leading the students to this music success as well as Ms Michelle Coggan for organising everything behind the scenes. Thank you to Ms Lucy Beponis for her support of the Music students that went to Wagga.

The Music Ensembles will depart to Sydney for a 3-night tour. The ensembles will perform at a Catholic Primary School, Customs House and Brett Whitely Place. We will also enjoy a performance of Wicked and the adrenaline of Luna Park.

The Choir, String Ensemble, Junior Band and Jazz Band will perform at Floriade on **Tuesday 10 October** from 10.30 - 12.30. Come along and enjoy the music and beautiful flowers.



The Daramalan Choir participated in three sections of the Wagga Eisteddfod: The Folk Song, Duo/Trio and Choral Championship sections. The event took place in the beautiful Riverina Conservatorium of Music and the Choir were ably accompanied by **Ms Hilda Visser-Scott**. The Choir were awarded First place in these three sections and had the privilege of a short personal Choral Workshop with the well known adjudicator, **Jonathan Welsh OAM**, from the Choir of Hard Knocks fame. This was a highlight of the day. Many thanks to our bus driver, **Mr Bill Phelan**, for making sure we travelled safely.















# Wakakirri

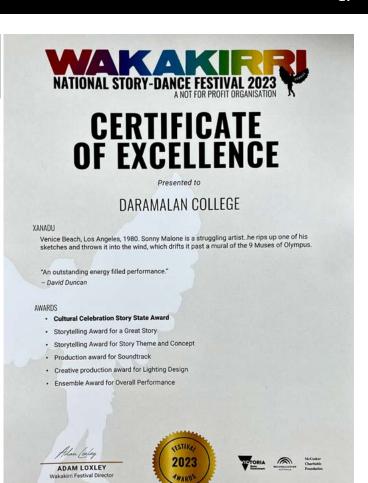
Thank you **Ms Louise Chapman** and **Ms Lucy Cronan**, for the most amazing 4 years of performing at Wakakirri. Each year's performance has been even better than the last and a huge congratulations on 10 years of the Dance Company! Recently we performed at the awards night which was an incredible opportunity to perform and make new friends and talk to people we don't normally talk to. We were also awarded with the State Award for Cultural Celebration Story, which was a massive achievement for the Company. Through participating in this Dance Company many of us have acquired skills of commitment, spatial awareness, performance focus and so much more. The 10th year production of 'Xanadu' was truly magical!

#### Natalie Gordon (Year 10)





















# The Gift of Story

Surprisingly strong performances from High School students in our new DTC production of "The Gift of Story"

There are some compelling reasons why our community will benefit from seeing Daramalan Theatre Company's "The Gift of Story" in the first week after the holidays.

The inspiration for the production of adapted Fairy Tales came initially from the very popular work of Clarissa Pinkola Estes with her book: "Women Who Run with the Wolves" that many people will have read. The project then took on energy after we saw "Into the Woods", the Sondheim musical at the Belvoir Street Theatre earlier this year.

But mostly, the inspiration was from the students themselves. The roles were written for our cohort of young Actors who demonstrated a passion and willingness to extend skills and commitment.

Seeing these young performances, shaped through the very incisive direction of **Ms Lucy Cronan**, will provide inspiration for parents, teachers and friends from our community and affirm that we can all make a difference.

As the writer, I have been particularly conscious of creating roles for our young actors so that they can extend their ability and be challenged to expand their capacity to create and perform. Some of these performances will really surprise everyone with the depth and clever nuances they are providing.

The work aims to be highly entertaining while also giving audiences something to think about and reflect on the very basis of some famous fairy stories.

Get your tickets early to avoid disappointment. The Gift of Story runs from **Saturday 7 October** to **Saturday 14 October**.

#### **CLICK TO BOOK YOUR TICKETS**



# National Health and PE Day

Wednesday 6 September was National Health and PE day. It has been designed to raise awareness of, and advocate for, a greater focus of Health and PE in our schools. The theme of Health and PE day is 'Good for Children, Good for Schools and Good for Communities'.

It may surprise many of you to know that Australian school children rank among the lowest in the world when it comes to their physical activity levels. To tackle this problem, they need to be taught skills and have better knowledge and understanding of how to lead active and healthy lifestyles.

The "Active Healthy Kids Australia Report Card" was last released in 2022 by the Australasian Society for Physical Activity (ASPA) and leading universities and research institutes across Australia. The Report Card combines national and state/territory representative data on ten indicators of children's physical activity.

Australia's score for overall physical activity in 2022 was a staggering D-. This has remained largely unchanged from 2018 and signifies a general lack of improvement in Australia's physical activity benchmarks since the Report Card initiative began in 2014. Our score of D- means

fewer than one quarter of Australian children are meeting the <u>national guidelines for the recommended levels of daily physical activity</u> needed for optimal health and wellbeing. Furthermore, less than one third of primary schools are scheduling sufficient curriculum time to physical activity as mandated under state policies; and around two thirds of schools have specialist PE Teachers.

Daramalan Health and PE Teachers decided to raise awareness around being active, by encouraging students to 'buy' a smoothie for the small price of a 1-minute cardio effort! Students used the stationary bikes, the rowing and ski ergs and the skipping ropes, and then enjoyed a freshly made smoothie. At lunchtime, students could choose a teacher to compete against in badminton or pickleball, challenge themselves to hit a target in soccer, or participate in a basketball shooting competition.

Additionally, students had the opportunity to earn a raffle ticket simply by working hard in their health or PE lesson. Congratulations to all the winners!

Finally, thank you to the Health and PE staff for making smoothies and facilitating all the activities throughout the day. We are very lucky to have dedicated HPE staff who genuinely care about guiding and supporting all students to embrace and enjoy an active lifestyle.

# How much physical activity do pre-teens and teenagers need?

Australian guidelines say that children aged from 5 years up to 18 years need one hour or more of moderate to vigorous physical activity and several hours of light physical activity each day. At least 3 days a week, this should include vigorous activities and activities that strengthen muscles and bones.











# **Basketball**

#### 2023 Grand Finals

Congratulations to all our teams who played in their Grand Finals over the past few weekends. Some amazing Basketball was played with some incredible results:

**U16 JPL Girls: Dara 53 – QBN 40** Charlotte Robertson 21 Hena Lomu 11

U19 JPL Girls: Dodgers 80 – Dara

Achol Agok – 12 Sophie McWatt – 10 Laura Topp - 10

Jariah Kivalu 7

U16 D2 Boys: Radford 33 - Dara 37

Logan Ramage 11 Troy Jensen 6 Hugh Almond 6

U14 D6 Boys: TSC 27 - Dara 36

Jackson Macdonald 18 Isaac Aitchison 8 Oscar Guirola 7

U19 D4 Boys: Stallions 28 - Dara 35

Lachlan Bell 11 Cooper Ceely 9 Aidan Bagley 7

U19 D3 Boys: Eddies 13 - Dara 18

Peter Taloni 6 Endyn Obranovic 4

U19 D2 Boys: Rats 36 - Dara 34

Jacob Eaton 14 Jasper Cann-Evans 4 Edward Gillard 4































# **Basketball Presentation**

#### 2023 Awards

On Wednesday 13 September we held the Basketball Presentation Evening in the Sports Centre. It was fantastic to see so many people come together to celebrate another fantastic season of Basketball.



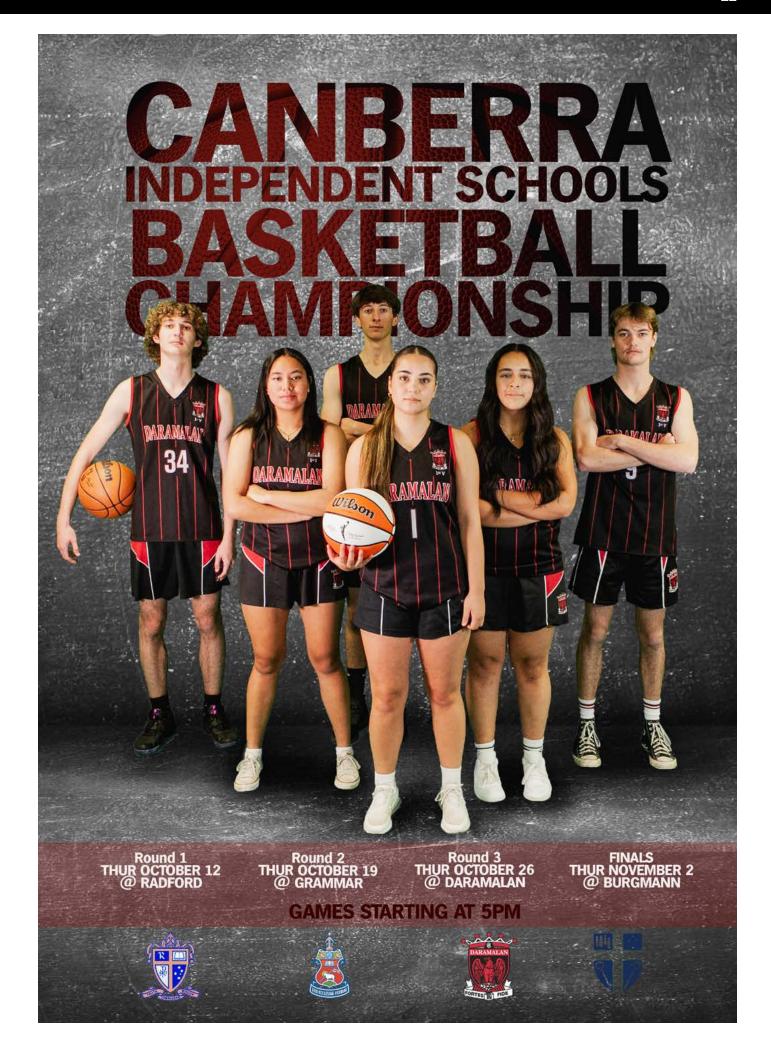
Team	Coaches Award	Most Valuable Player
Under 14 Division Boys	Ashton Stanhope	Oscar Guirola
Under 14 Division 5 Boys	Alexander Donaldson	Tommy Tran
Under 14 Division 4 Boys	Lachlan Hargreave	Spencer Mostyn
Under 14 Division 3 Boys	Christian Abbondante	Mason Hewitt
Under 14 Division 1 Boys	Peter Falaras	Wesley Milczarek
Under 14 Boys JPL	Rafe Mooney	Chase Obranovic
Under 14 Division 5 Girls	Michayla Mapako	Brianna Heaton
Under 14 JPL Girls	Gabriella Iglewski	Mya Lomu
Under 16 Division 6 Boys	Oliver Knoke	Ruben Gonzalez
Under 16 Division 5B Boys	Sam Craft	Drew Connor
Under 16 Division 5A Boys	Asher Jones	Max Keightley
Under 16 Division 4 Boys	Tom Groat	Travis Minihan
Under 16 Division 3 Boys	Remy Mostyn	Joshua Jenkins
Under 16 Division 2B Boys	Matthew Scherl	Logan Ramage
Under 16 Division 2 Boys	Ethan Gregory	Alexander Charles
Under 16 Boys JPL	Emmanuel Shirley	George Covey
Under 16 Division 3 White Girls	Bridget Pham	Ashlin Owen
Under 16 Division 3 BLACK girls	Lola White	Lily Harriden
Under 16 Division 2 Girls	Sascha Krauss	Malia Deklin
Under 16 JPL Girls	Tiana Longani	Hena Lomu
Under 19 Division 6 Boys	Lachlan Hynd	David Thurgar
Under 19 Division 5 Boys	Vincent Howlett	Simon Krupka
Under 19 Division 4 boys	Aidan Bagley	Cooper Ceely
Under 19 Division 3C Red - Boys	Jake Boundy	D'Artagnan Felizardo
Under 19 Division 3B White	Endyn Obranovic	Xavier Luton-Broers
Under 19 Boys Division 3A Black	Cameron Voysey	Chris Frugtniet
Under 19 Division 2B Boys	Jacob Eaton	Jasper Cann-Evans
Under 19 Division 2A Boys	Carlos Partriarca	Zac Tyrie
Under 19 Division 1 Boys	Declan McKeown	Thomas Brazel
Under 19 JPL Boys	Jack Junakovic	William Canavan
Under 19 Division 2 girls	Josie Anderson	Alyssa Drennan
Under 19 JPL Girls	Laura Topp	Seini Melekiola

Mick Flynn Award for Outstanding Contribution









## Hockey

#### **Grand Finals**

On Friday 15 September and Sunday 17 September, three Daramalan Hockey teams competed in the Grand Finals of their respective divisions. All teams showed incredible skill, determination and teamwork, and should be very proud of their efforts and how far they have come this season. Congratulations to the 15/2 Girls Daramalan/NCE/Wests team who were victorious in their match against TVHC. The details and results of the matches are as follows:

#### 18/2 Boys

Daramalan/Wests (5) vs St Patrick's Green (6)
The 18/2 Boys Minor Premiers, Daramalan/Wests played
St Patrick's Green in a heart-stopping Final on Friday 15
September. After a very even first half, they entered the
last 8 minutes of the match two goals down. Incredibly,
Dara/Wests scored two goals in quick succession to draw
at full time. In a very tense penalty shoot-out, the teams
drew again (3-3), continuing to sudden death where,
unfortunately, St Pat's scored the winning goal. It was a
magnificent Final to watch and all the players should be
extremely proud of their efforts.

#### 15/2 Boys

Blizzard (2) vs Wests/Daramalan (0)
On Sunday 17 September, the 15/2 Boys Wests/
Daramalan team played Minor Premiers, Blizzard, in the Grand Final. The team demonstrated how far they have come over the course of the season, keeping Blizzard's attempts at goal at bay during the first half. Unfortunately, they were unable to hold them back in the second, and Blizzard were able to win the match 2-0. A fine performance from the team this season, and lots to build on for next year.

#### 15/2 Girls

TVHC (0) vs Daramalan/NCE/Wests (2)

The 15/2 Girls Daramalan/NCE/Wests team went into the Grand Final as underdogs, having only beaten TVHC (the Minor Premiers) once over the course of the season. Daramalan/NCE/Wests played their best Hockey, keeping the score at 0-0 until half time. In the second half, they stepped up their game to score twice before the final siren, winning the match convincingly and bringing their Coaches and supporters to cheers and tears. Congratulations!













# **Hockey Presentation Evening**

#### **Hockey Presentation Evening**

On Wednesday 13 September in the Garratt Restaurant, we celebrated the 2023 Hockey ACT Junior Outdoor season. It was a wonderful opportunity to acknowledge the hard work and commitment of our players, as well as the time and dedication of the Coaches, Managers, parents, carers and friends that supported them.

Congratulations to the following players who received this year's team awards:









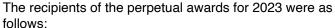
Team	Coach's Award	Most Improved	Player's Player
15/2 Girls Dara/NCE/Wests	Remi Barber	Neve Roper	Charlotte Laidler
15/2 Boys Wests/Daramalan	Ben Axford	Conner Brooks	
18/2 Girls Daramalan	Ksiena Paramanov	Georgina Geary	Jasmine Durant
18/2 Boys Daramalan/Wests	Bradley Reichman	Daniel Worsnop	Jake Smith











Outstanding Junior Girl: **Elizabeth Duke** (Year 7) Bernard Rodwell Trophy for Best Junior Boy: **Patrick Curran** (Year 8)

Quinlivan for Daramalan's Best: **Bradley Reichman** (Year 12)

President's Trophy for Outstanding Contribution to Daramalan Hockey: **Emma Laidler** (Year 12) Club Person of the Year: **Mr Peter Juelg** 

Many thanks must go to this year's Coaches and Managers. The generosity with which they shared their time, expertise and passion for Hockey is inspiring and much appreciated. To **Emma Horne**, **Bella Buchanan** 



and Belinda Duke (15/2 Girls); Noah Buchanan and Sally Garner (15/2 Boys); Lincoln Green, Andrew Gordon and Ms Carolyn Hall (18/2 Girls); and Peter Juelg, Tom Juelg and Peter Worsnop (18/2 Boys), thank you so much for the invaluable work you have done with our teams this season.

Finally, thank you to the parents, carers, friends and other supporters who made it possible for our players to participate this season; to get them where they needed to go, and ensure they were always supported by an enthusiastic crowd.

We look forward to another great season for Daramalan Hockey in 2024.

# **Netball Finals and Presentation Night**

And that's a wrap!

Congratulations to all the teams this season, with a futher congratulations to team McMahon winning their Grand Finals with a dominant performance.

It was a pleasure to acknowledge all the players, coaches, umpires, managers, and every other person who works so very hard behind the scenes for our teams at our recent presentation evening, we really cannot do it without all your combined efforts.

A special mention to our perpetual awards winners

Perpetual Awards:			
Intermediate Player of the Year	Ella Higgenbotham		
Senior Player of the Year	Lara McGilvray		
Club Person of the Year	Kate Woodin		

If you are interested in playing summer netball, although we do not offer summer netball at school, there are a few competitions around Canberra, with the two main ones being:

**MONDAY** outdoor competition at Charnwood <a href="https://act.netball.com.au/event/belconnen-summer-competition-16-oct-2023">https://act.netball.com.au/event/belconnen-summer-competition-16-oct-2023</a>

**THURSDAY** indoor competition at Lyneham <a href="https://act.netball.com.au/junior-after-school-comp">https://act.netball.com.au/junior-after-school-comp</a>

Lastly, for those already looking to 2024, if you are interested in playing, coaching, managing, or umpiring, we would love to hear from you! I will be stepping down as Netball convenor, so please get in touch with Mr Balmaks Angus.Balmakas@daramalan.act.edu.au,

Enjoy all well-deserved break,

#### Mrs Wilson



















#### **ACT Netball Finals**

#### **ACT Netball Finals**

On Thursday 14 September the Daramalan Years 7-8 Netball Team – prior winners of the ASC Netball Carnival, attended the ACT Netball Finals at Lyneham Netball Courts which consisted of five round games, a Semi Final and the Grand Final.

It was an extremely warm day and the Years 7-8 Girls had a perfect start to the Carnival. They worked hard through the midcourt putting pressure on every single player, but the immediate impact was through the shooters and the defensive circle.

After some tough competition, the Years 7-8 Girls won all five round games and managed to make the Semi Finals – playing against Melrose High. A dominant performance throughout the match enabled them to win 22-4.

The Grand Final was against St Mary Mackillop. An amazing game, going back and forth, goal for goal. Every time Mackillop looked like edging the lead, Daramalan managed to get one back, keeping the margin to just one or two goals between them. As the game was entering the final minutes, the game was so close. Then the siren sounded for the end of the game. Mackillop won by one goal.

The organisers praised the Daramalan Years 7-8 Girls team for their sportsmanship during the Carnival and after the Grand Final. Congratulations Girls, you made your school proud.











# Rugby

On Saturday 2 September, our Under 14 Red Boys' team and our Under 14 Girls team, played in their respective Grand Finals for the 2023 season. The Under 14 Boys' side began strongly and had to hold off a huge second half comeback from Marist. Just before the fulltime siren, Daramalan were awarded a penalty within kicking range. The whole crowd waited with bated breath, as the kick sailed beautifully straight, only to jag left at the last minute, and shave the outside of the left upright, resulting in a tied Grand Final. Joint Premiers was a fitting result for two teams that put on a sensational display of sportsmanship and running Rugby. Try scorers were **Xander Chatfield**, **Eathan Cook** and **Cooper McDermott**, who also kicked two conversions in the 19 all thriller.

As this was happening on Field 1, our undefeated Under 14 Girls side held off a spirited start from the hugely improved Vikings side. Our girls kept cool, calm and collected and retained possession to hold off the early onslaught from Vikings. Eventually, the possession and territory our girls were able to build was too much to hold, and the girls ran away with the game, ending a magnificent season as undefeated Premiers, with a points differential of 600+. **Zoe Quigley** was appropriately named Player of the Match, with an impressive two try and five conversions, 20-point haul in the 50 – 19 victory. Other try scorers were **Evelina Tuipeatau**, **Lilly Pickering** (2), **Evelyn Walker** and **Serena Walker**.











Not to be outdone, Sunday 3 September saw our Under 15 Black Boys' side, and our Under 16 Girls team compete in their Grand Finals. The Under 15 Boys went first, with yet another riveting game against their longtime rivals, the Under 15 Royals of Marist. In a game for the ages, nothing could separate the two for much of the match; nothing but a 50m+ penalty goal from **Rhys Chapman** that saw his team go back-to-back Premiers, having won both Grand Finals by the closest of margins, and no doubt causing their Coaches some real heart-inmouth moments! Tries to **Aidan Wunsch**, **Uhila Tai** and the conversion and penalty goal from **Rhys**, were enough to bring the boys home 15-14.

The Under 16 Girls were up next, with a dominant defensive display that any team in World Rugby would be proud of, the girls ran away with the game, 24-0 against a valiant Jindabyne side. Tries to **Jasmine Reid** (2), **Daisy Goodwin** and **Lily Quigley**, with Lily converting two, were more than enough to cement their place as Undefeated Premiers and cap off a magnificent season. This side have grown from strength to strength in 2023, and we look forward to the girls wearing the traditional black First XV jersey next year, as the Girls First Team of 2024.

# Rugby Presentation Night

All players, Coaches, Managers and the entire Rugby community gathered in McCowage Hall on Tuesday 12 September for the Rugby Presentation Evening. The night was a great success, with the entire Daramalan Rugby family coming together to acknowledge our students' achievement, and that of the family members that make our club so successful each and every week. I once again take this opportunity to thank and acknowledge every single member of the Daramalan Rugby family, and especially the below people for their significant roles this season. In no particular order, you all are deserving of thanks and praise from everyone at Dara Rugby!



Mr Marty Capon	Mr Angus Balmaks	Ms Elizabeth Wilson	Ms Corinne Kelly	Mr Wes Adie
Mr Peter Kilby	Mr Ian Lambie	Mr Ben McGee	Nick Edwards	Peter Twine
James Wunsch	Charlie Leuluai	Peter Green	Matt Power	Andrew Fernance
Stacey Campbell	Jen Takiari	Richard Gleeson	Ms Yvonne Turnbull	Ms Heather Chapman
Ms Fleur Cains	Mr Andrew Buchanan	Mr Jack Ross	Shane Leslie	Peter Griffin
Jeremy Clark	Kate Miller	Matt Modun	Mr Gerard Beattie	Ms Rachael Axford
Sherree Bush	Fili Finau	Ms Nicole Hinton	Mr David Kerr	Ms Annie Anderson
Mr James Ross	Mr Matt Cresswell	Denzel Veikune (Year 10)	Scott Grocott	Matt McGrory
Ayla Jayne	Mrs Alison Baker	Adam McAuliffe	Ms Bernie Ross	Ms Melissa Bird
Ms Rachel Davies	Mr Hugh Boulter	Mr James Keeley	Mr Sean Connochie	Mr Shaun Warren
Ms Janette Kline	Mr Nathan Greatz	Matthew Scarlett	Sam Chapman (Year 12)	Salesi Finau (Year 10)

Finally, we acknowledge the award winners of the 2023 season.

Team	Best Back	Best Forward	Coaches Award
13 Red	Jenson Hon	William Pochi	Lachlan Holmes
13 Black	Tommy Roso	Flynn Wullaert	Lochie Wyeth
14 Red	Eathan Cook	Xander Chatfield	Connor Kennedy
14 Black	Tommy Connolly	Cooper Leslie	Angus Davidson
14 Girls	Lilly Pickering	Imogen Vickery	Evelyn Walker
15 Red	Eliot Clark	Rory Arneman	Ryan Griffin
15 Black	Aidan Wunsch	Jamal Ud-Din Nazir	Ethan Armstrong
16 Black	Sam Green	Moses Kaufusi	Eliezel Bihemo
16 Girls	Lily Quigley	Brianna Patmore	Daisy Goodwin
3rd XV	Ollie Sides	Tani Hamilton	Atticus Mansfield
2nd XV	Jack Kemp	Jordan Tatuava	Angus MacPhail

# **Rugby Presentation Night Cont**

The perpetual award winners for 2023 are:

Tom Ross Trophy, Best Forward, First XV: **Jeziah Sega** Mac Hansen Medal, Best Back, First XV: **Grady Woolley** First XV Best & Fairest: **Kaliopasi Fungavaka** John Coonan Trophy, Best All Rounder, Senior Rugby: **Bradley Patmore** 

Riley McNamara Award for Most Improved Club Player: **Abby Jones** 

Gungahlin Eagles Peter O'Neill Shield, MVP as chosen by Eagles: **Toby Perrin** 

Girls Rugby Award, Most Outstanding Girls Player: Isla Monahan

Finally, the 2023 Brother Dave Merrick for Club Person of the Year was deservedly won and accepted by **Nick Edwards** who has made a tremendous contribution to the club in 2023, and for many years before that. We thank Nick again for his tireless work to support the young men and women of the Club. We are already busily planning 2024, and we know that the Club is in very good hands as **Mr Ben McGee** takes over as Rugby Convenor for 2024 and beyond. We look forward to seeing each and every player (and more) return for 2024 as the Club continues to grow from strength to strength #strongwefly



#### **Tongan Schoolboys Visit**

On Tuesday 18 September, the Tongan U18 Schoolboys trained at Daramalan College as part of their Australian tour. The side were busily preparing for their match against the ACT Schoolboys on Wednesday 20 September at Marist College, before they go on to play Australian Schools Barbarians and then the Australian Schoolboys teams later this year. Daramalan Rugby have a strong connection with the Tongan community,





and it was lovely to see the Tongan team embrace the opportunity to work with some of our students. Year 10 students, **Salesi Finau** and **Denzel Veikune**, presented the Tongan Captain and youngest squad member with a Daramalan rugby ball, before the whole team were gifted some Daramalan rugby jerseys as a momento of their visit to the College. On behalf of the whole Daramalan family, we say Ta ō ki Tonga, which means let's go Tonga!







#### Cricket

#### **Daramalan Cricket Summer 2023/24**

Cricket training has begun over the last couple of weeks with successful pre-season training and trial sessions. There is still time to register to play Cricket this season! No experience or equipment necessary. Use the following link: <a href="https://www.playhq.com/cricket-australia/register/19f5a4">https://www.playhq.com/cricket-australia/register/19f5a4</a>

The Summer of Cricket 23/24 begins on **Saturday 14 October** (the first week back from the holidays). Training for all squads will be taking place each Thursday 3:45-5:30pm. Details of additional, optional training sessions will be released throughout the season. Our new training shirts are included in the registration fee.

For those interested in developing their game over the holidays, you may like to take part in Pro Performance Cricket's Canberra Spring Cricket Camps. There are two camps, one in each week of the holidays, for students to receive expert coaching in preparation for the upcoming season. For more information, visit the following link: <a href="https://properformancecricket.com/act-cricket-camps/">https://properformancecricket.com/act-cricket-camps/</a>

For any further information regarding Daramalan Cricket, contact Mr Callum Brown at callum.brown@daramalan.act.edu.au.

Furthermore, any parents and/ or students who are looking for an opportunity to develop their coaching skills, Cricket ACT is running a community coaching course on **Saturday 23 September**. This will run from 6-8pm at the High Performance Centre in Phillip. For more information and to enrol, visit the following link: https://www.cricketact.com.au/ community-coaching-course





# Rowing

#### **Nelligen Rowing Camp 2023**

Thirty-five students headed across the Clyde Mountain for our annual pre-season Rowing Camp. The weather gods smiled on us this year, with most rowers 'accidently' falling in at the end of their sessions. Rowers took the opportunity to do some volume work in their crews ahead of the season, completing three to five training sessions each day on both the water and on land.

George Bowditch (Year 11) took out the 'Balance Challenge', with rowers challenged to stand up in their single, then remove an oar and spin it around their head before rowing back to shore without falling in. The Year 10 boys won the 2023 'Bolognaise Challenge' with their closely guarded recipe of secret herbs and spices. Sunday's 'Heart Break Hill' challenge in 30-degree heat took a toll on many.

Needless to say, there were plenty of sore bodies and sore hands on the very quiet trip home. A huge thank you to our dedicated Coaches who volunteered their time to coach at the camp.

If your child is interested in joining the Rowing program for the 2023/24 season, please contact **Mr Marty Capon** (marty.capon@daramalan.act.edu.au) ASAP.





# Mountain Bike Championships

The annual ACT Mountain Bike Championships returned to Stromlo Forest Park on Friday 1 September.

27 Daramalan students competed against teams from across the ACT and NSW, with a total of 595 riders competing on the day.

Students competed in teams of three or four to complete as many laps as possible of the challenging course in just four hours. Our seven teams were all competitive, but our Year 8 Girls team, **Anika Oswald, Shaye Soininen-Anderson** and **Grace York** took home the Gold with an impressive 11 laps, a full lap ahead of their nearest rivals.



#### Daramalan Hawks 20th Junior Boys Benjamin Allen Will Blackwell

Will Blackwell Lachlan Jitts Isaac Withers

# Daramalan Eagles 42nd Junior Boys

Lucas Anderson Sam Keeley Carlo Vaccarella Giacomo Vaccarella

# Daramalan Raptors 57th Junior Boys

Hayden Erwin Lincoln Foura Hugo Pochi Oliver Stephenson



# Daramalan Ospreys 68th Junior Boys

Oliver Barnes Ollie Boland Oscar Skipper Austin Zochling

#### Daramalan Falcons 1st Junior Girls

Anika Oswald Shaye Soininen-Anderson Grace York

# Daramalan Vultures 5th Senior Mixed

Jasper Harris Dana Martin Nico Vaccarella Millar Wynwood

# Daramalan Wedgetails 5th College Mixed

Josh Dawes Freddie Dimmock Declan Houlihan Sophie Wade









## **Oztag**





#### Years 7-10 Girls Oztag Gala Day

The Girl's Oztag Gala Day was held the following day – Thursday 7 September at Southwell Park, Lyneham. Again, all games were only 20 minutes with no half time break.

With a warm day ahead, both Years 7-8 and Years 9-10 Girls teams showed incredible talent, winning all their pool games. A lot of these girls play together in other sports as well as Oztag. This showed throughout the day as they won against their opponents quite convincingly.

#### Years 7-8 Girls

- Making the Semi Finals, the Years 7-8 Girls played Canberra High – Winning 4-0.
- Grand Final against Melba Copland. Starting to look hot and bothered, the girls kept their cool and were strong to the finish, beating Melba Copland 5-3.

#### Years 9-10 Girls

- Winning all 5 games, the Years 9-10 Girls team made the Semi Finals, playing St Francis Xavier, winning 8-1.
- Grand Final against St Mary MacKillop. It was an incredible display of talent. The Years 9-10 Girls had a thrilling Grand Final finish, going into a 5 v 5 drop off, winning by 1 in overtime.

Congratulations Girls Years 7-8 and Years 9-10. Well done for an amazing accomplishment!

#### Years 7-10 Boys Oztag Gala Day

The ACT Oztag Secondary Schools Gala Day was held Wednesday 6 September at Southwell Park, Lyneham. All games were only 20 minutes with no half time break, which meant both teams had to come out firing from the start

Both Years 7-8 and Years 9-10 Boys showed great technique and skill in attack and got better as the day went on. Once they started playing as a team and actively involved in the game, it was their defence that enabled them to win.

#### Years 7-8 Boys

- Winning all 5 games, the top 4 teams progressed to the Finals, playing Jerrabomberra High in the Semi Finals – Winning 7-2.
- Grand Final against Melba Copland. With a strong start, the Year 7-8 Boys had the lead but unfortunately it wasn't enough, with Melba Copland winning 7-5.

#### Years 9-10 Boys

- Winning 4 of their 5 games, the top 4 teams progressed to the Finals. Playing St Francis Xavier in the Semi Finals – Winning 5-3.
- Grand Final against Erindale College. With tough competition, the Year 9-10 Boys never gave up, but Erindale come away with the win 4-2.

Thank you to both teams for their positive attitude and outstanding effort!





# **Sport**



Congratulations to **Billy (BJ) Pumpa** (Year 10) who has been selected for the ACT U15 Rugby League team. BJ was announced as Captain of the team. The championships are being held in Port Macquarie over the school holidays.



#### **ACT Schools Touch Football**

Congratulations to Hayley Reardon, Neve Luckie, Zoe Quigley (Year 8), Eloise Smith, Cooper Power (Year 9) and Luke Grocott (Year 10) for their selection in the U12 and U15 ACT Schools Touch Football teams. The students performed outstandingly at the championships in Darwin with the U15 Girls finishing third and U15 Boys finishing fifth.

#### **Swimming**

Finals in all events.

Congratulations to **Ryan Birrell** (Year 11), **Sean Loney** (Year 9) and **Riley Bransdon** (Year 7) for attending the Schools National Swimming Championships held in Sydney at Olympic Park, 25-29 August.

Ryan Birrell did a personal best in all races and made

- 100m Freestyle 3rd place Bronze medal
- 200m Freestyle 3rd place Bronze medal
- 500m Freestyle 5th place

Sean Loney also achieved some personal best times. His best result was 11th 200m breaststroke.

Riley Bransdon swam in five individual events and made three Finals with a best place of seventh. Riley also swam in three relays.

# TOQ2loods: ALARTZU

#### **Water Polo**

Daramalan entered two Years 7-8 teams in the 2023 Canberra Schools Cup Water Polo competition at the AIS.

The Years 7-8 Boys team had a mix of seasoned veterans and first-time rookies. The team gelled together well and played a high standard of Water Polo over the seven-week competition, taking on teams with older students and a lot greater depth in numbers. A big thank you to **Harrison Lewis** and **Will Poley** who coached the boys this season.

The Years 7-8 Girls' team had a lot less experience than the Boys, but they were fast learners under the expert tutelage of Coach **Chris Beerworth**. Four of our squad members had their first game of Water Polo in Round 1 but all looked like experienced campaigners by the end of the competition.

Congratulations to all the students that took part. You were a credit to the College, displaying good sportsmanship and camaraderie throughout the season.

Years 7-8 Boys
Alexander Donaldson
Hunter Harrison
Alex Hawthorn
Cooper Lewis
Joshua O'Keeffe
Riley Power
Coaches: Harrison
Lewis and Will Poley

Years 7-8 Girls Esther Adie Olivia Beerworth Annie Campbell Elizabeth Duke Lily Hynd Neve Roper Carla Sarri

Coach: Chris Beerworth





#### **Careers News**

#### DARAMALAN CAREERS WEBSITE

# Please contact Annette Brady on 6245 6394 or careers@daramalan.act.edu.au

#### **Upcoming courses**

**Tuesday 17 October** – Responsible Service of Alcohol **Friday 27 October** – Provide First Aid Enrolment details have been emailed to students.

#### **Work Experience**

Students in Years 10 to 12 can undertake work experience placements with the approval of the College. Finding an employer is the responsibility of the student and there must be a meeting with **Ms Annette Brady** to discuss the legal requirements and documentation. The completed 4-Way Agreement must be received by the College at least 7 days prior to the placement commencing. Contact <a href="mailto:careers@daramalan.act.edu.au">careers@daramalan.act.edu.au</a> for more information.

# University Information and News for Year 12 Students and Parents

Key dates
On-time UAC applications close
Friday 29 September
ANU offer acceptance deadline
Wednesday 4 October
ANU change of preference window opens
Wednesday 1 November
UAC course preference deadline for SRS offers
Friday 3 November
UAC SRS first offers released
Friday 10 November

# **UAC Live on Socials! What You Need to Know About Applications and Offers:**

Tune in at 5.30pm **Tuesday 26 September** on Instagram or Facebook to find out more about UAC applications and offers.

# **UAC** webinar: Let's Chat – Applying for the Educational Access Scheme

On **Wednesday 4 October** at 6pm, UAC will give an overview of the EAS and discuss categories of disadvantage, how to apply, application tips and key dates. Register for Let's Chat – Applying for the Educational Access Scheme

#### **Higher Education Students Need a USI**

A USI is required for tertiary admission applications, access to Commonwealth supported university places and HELP loans, and to receive an Australian qualification or award. Learn more, including how to create a USI: <a href="https://www.usi.gov.au/">https://www.usi.gov.au/</a>.

Charles Sturt University Enabling Courses are designed to prepare students for an Undergraduate Degree. Access Charles Sturt Entry is ideal for those who didn't do Year 12 or have a Cert II. The Undergraduate Certificate in University Preparation is ideal for students who didn't quite get the ATAR they needed. Completion of this course will

mean guaranteed entry into a wide range of Charles Sturt's Bachelor Degrees and Undergraduate Certificates – with credit towards the course to give students a head start. More information here.

#### **Early Applications/Early Offers**

University of Tasmania Schools Recommendation Program has become the main path of entry for Year 12 students. Final round applications will close on **Friday 6 October**. Students can explore their study options in the 2024 course guide.

Bond University Early Guaranteed Offer Scheme and scholarship applications are now open. Download the scholarship guide <a href="here">here</a>.

<u>Southern Cross University Early Offer Program</u> is now open for all students to apply. Applications close **Saturday 30 September.** 

Academy of Interactive Technology Early Entry AIT offers Bachelor Degrees in 2D Animation, 3D Animation, Film, Game Design and IT. For all students in Year 12 who are interested in studying one of these courses and pursuing a creative career, they can apply to the Early Entry scheme today.

#### Other News for Students and Parents

Australian Institute of Quantity Surveyors (AIQS) offers a scholarship program for Year 12 students who qualify for entry into a Construction Management course at an AIQS accredited university in Australia (including UC's Bachelor of Building and Construction Management). Please use this link to view accredited courses: AIQS accredited course in Australia.

The value of the scholarship is AU\$5,000 and includes:

- AU\$4,000 (\$1,000 upon enrolment, \$1,000 after completion of eight units, \$2,000 upon completion of degree). This is paid as cash into the student's bank account.
- Textbooks and manuals (published by AIQS) including the Australian and New Zealand Standard Method of Measurement (ANZSMM).
- AIQS Student membership whilst studying the accredited degree.
- AIQS Graduate membership for one year.

For further information on the requirements for scholarships, please refer to the <u>website</u>.

Applications close **Tuesday 31 October**.

**Become a Software Develope**r – Apply now for the Wisetech Global Earn and Learn Scholarship Year 12 students can APPLY NOW directly via the WiseTech website for the January 2024 intake.

# University of Canberra Accelerated Pathways Program - Virtual Information Evening

UC invites Year 10 students and parents to the Accelerated Pathways Program Information Evening. Prospective students and their families will have the opportunity to hear important information about the program and application process, as well as ask questions. Bookings for this online event are essential and can be made via <a href="Eventbrite">Eventbrite</a>.

When: Tuesday 17 October

Time: 6:00 pm

Where: Online, via Zoom link - Register here

In 2024, Year 11 students will have the opportunity to study in the following courses:

#### Careers News Cont...

Anatomy and Physiology Creative Writing Meeting Environmental Challenges Performance Analysis in Sport (New!) Politics and Democracy Psychology

For further information about the program please <u>visit the</u> <u>UC website</u>.

UC Storyground with the Faculty of Arts and Design

This short course is designed for High School students who enjoy creative writing and want to learn about the connections between storytelling and Aboriginal perspectives. Led by Dr Paul Collis, author of "Dancing Home" and "Nightmares Run Like Mercury," this course welcomes all students and encourages Aboriginal and Torres Strait Islander students to join. It's a space where students can let their ideas flow in a supportive and friendly atmosphere and the work completed in this course can be used to apply for Portfolio Entry or the UC Creative Competition (submissions are currently open). Check out this page to register or find out more!

Date: Monday 25 September - Wednesday 27 September

Time: 10am-2pm Cost: Free

Location: UC Campus

ANU - GET Set with a Career in Engineering or Technology

The ANU is pleased to invite you to the annual GET Set event for girls from Years 9-11. They are offering a two-day program including a night's stay in university lodging. Students will get to experiment, build, play and explore their

way through Engineering and Technology workshops and activities at Australia's National University. This event is free of charge, but places are limited. Register here.

When: 10am Tuesday 7 November – 3pm Wednesday 8 November.

Calling First Nations Students with a Passion for STEM! Unlock the incredible world of engineering at the Indigenous Australian Engineering School (IAES) in January 2024.

Eligibility: First Nations High School students in Years 10, 11 and 12 in 2024

Dates: **Sunday 14 January – Saturday 20 January 2024**Location: University of Sydney Camperdown Campus and partnering Engineering based organisations.
Application closing date: **Friday 20 October.** 

Online Application: <a href="https://sydney.au1.qualtrics.com/jfe/form/sv\_3jy744UEF5gCp5y">https://sydney.au1.qualtrics.com/jfe/form/sydney.au1.qualtrics.com/sydney.a

AVCAT Scholarships Applications Are Now Open.

AVCAT scholarships, including the Long Tan Bursary, are tertiary scholarships for the children and grandchildren of Australian ex-serving veterans. Scholarships are \$4000—\$6000 per year, for up to three years. Applications close at midnight AEDT on Tuesday 31 October.

Academy of Interactive Entertainment Work Experience Program provides students with an insight into the games and film industry as they will learn software used by big games and film companies. They will touch on animation, game design, and programming so they understand all of the areas that help pull together a game. Register here.

**Defence Work Experience Program (DWEP)** Check the DWEP website for opportunities currently open for applications. DWEP Website - <u>Jobs List - Defence Work Experience (nga.net.au)</u>

# **JOBS BOARD**

# Metal Fabrication Full-Time Apprenticeship

NexGen Laser Cutting

www.nexgen-laser.com

Contact Ms Brady in the Careers Hub for more information.

# Commercial Refrigeration Apprenticeship/ASBA

O'Connor Commercial Refrigeration ACT Contact: Aleksandar Miladinovic

E: aleksandar@ocract.com.au

M: 0417 416 157 www.ocract.com.au

#### **Cabinet Making/Joinery Apprenticeships**

Fuse Joinery Pty Ltd

Contact Ms Brady in the Careers Hub for more information.

#### **Carpentry Apprenticeship**

Forte Building Company

Contact: Jock McDonnell, Forte Building

Group

M: 0403 695 253

#### **Building Apprenticeship**

MAS Carpentry

Contact Ms Brady in the Careers Hub for more information.

## Australian School Based Apprenticeship's (ASBA's) courses

# Australian School Based Apprenticeship's (ASBA's) as part of the Senior Package

Australian School Based Apprenticeships (ASBA's) help practical minded students start their chosen career path whilst studying for a Senior Secondary Certificate (Year 12). When the student finishes their Year 12 studies, the ASBA is converted into a full-time apprenticeship with their employer. The types of industry may include Carpentry, Plumbing, Electrical (and Refrigeration), Landscaping, Aged Care, Childcare, Business Services, Information Technology, Commercial Chef and many more occupations.

Year 10 or 11 students who are considering starting an ASBA in 2024 should see **Ms Waddleton** for an informal chat and general information. Parents are welcome to attend a meeting.

It is highly recommended that student's commence work experience with a potential employer to see if they have a good working relationship and this is the trade or occupation they wish to follow prior to signing into an ASBA.

**Please note**: It is compulsory that students gain a White Card and have completed both the Asbestos and Silica Awareness Training Courses prior to carrying out work experience in any area of construction.

Please contact **Ms Waddleton** on 6163 6533 or email: <a href="mailto:jane.waddleton@daramalan.act.edu.au">jane.waddleton@daramalan.act.edu.au</a> if you require further information.



# **Unique Student Identifier (USI)**

It is most likely that all students will require a USI at some point. It is compulsory for students enrolled in Years 9, 10, 11 and 12 in ANY vocational subjects to provide a USI so they can be issued with a certificate for any competencies they achieve in the following subjects:

Automotive – Business Skills and Practical Applications – Fashion - Furniture – Hospitality – Metal Engineering – Business Computing.

#### **Fact Sheet for Students and Parents**

The Australian Government requires all students undertaking Vocational Education and Training (VET) to have a Unique Student Identifier (USI). This ten digit number and letter identifier will allow students to access their VET training records and results as a transcript from their online USI account. This transcript will be useful when applying for a job or undertaking further study.

It is important that all VET students apply for a USI. If a student does not apply for a USI and register this with Daramalan College, we will not be able to certify this student with any of the vocational competencies he/she may have achieved.

#### What will happen to my USI?

Daramalan College staff will enter the USI into our student management system. It will also be accessible by the ACT Board of Senior Secondary Studies who issue Vocational Certificates and Statements of Attainment for all ACT Colleges and report to the Australian Government on vocational outcomes.

#### How do students apply for a USI?

#### 1. Have at least one form of ID ready:

- Birth Certificate (Australian)
- · Driver's Licence
- · Medicare Card
- Australian Passport
- Visa (with Non-Australian Passport) for international students
- Certificate of Registration by Descent
- · Citizenship Certificate
- ImmiCard

# 2. Go to the USI website (www.usi.gov.au) and follow the steps under Student-Get a USI.

When your USI has been created it will appear on the screen. Beneath this there is box whereby you can type my email <a href="mailto:jane.waddleton@daramalan.act.edu.au">jane.waddleton@daramalan.act.edu.au</a> and a copy will be emailed to me directly.

3. If you think you may already have a USI, go to the USI website (<a href="www.usi.gov.au">www.usi.gov.au</a>) and follow the steps under Student-Check if I have a USI and email to <a href="jane.waddleton@daramalan.act.edu.au">jane.waddleton@daramalan.act.edu.au</a>

If you have any questions, please contact Jane Waddleton on 6163 6533 or via email.

# **The Daramalan Annual**



# GREATEST SHAVE

Stand in solidarity with cancer patients by shaving or cutting your hair!

26 OCT **2023** 

# **START FUNDRASING**

Scan the QR Code to Sign Up or Donate



http://my.leukaemiafoundation.org.au/daramalancollegegreates tshave23 MONDAY 16 and 23 OCTOBER 5:30PM - 7:30PM McCowage Hall



# TIPS AND TRICKS PARENTING TEENS

A 2 Night Workshop hosted by your school counselling team

# WEEK 1

- · What is Adolescence
- Practical strategies and tools for assisting you with communication, growth and development.
- What typically drives conflict and how to reduce it

# WEEK 2

MENTAL HEALTH INFORMATION
Parenting an adolescent when
anxiety and depression appear, or
self harm is being used, Building
and applying the tools from week 1.

Please scan the QR code or contact sarah.osullivan@daramalan.act.edu.au





# **COMMUNITY BUSINESS DIRECTORY**

The College invites members of the Daramalan Family to use this Business Directory to locate businesses and services provided by the Daramalan College Community, including former students, Alumni, former staff and other supporters.

If you are in business, and would like to advertise in our Directory, please contact <a href="yvonne.turnbull@daramalan.act.edu.au">yvonne.turnbull@daramalan.act.edu.au</a> or phone 6245 6334 for more information. Your small fee will go a long way to supporting our Scholarship Fund and your business will be promoted to the wider Daramalan College Community.

This week we are delighted to present the following businesses.

To search all advertisers, please use this link

Thank you for supporting our community!



#### **Live Better Nutrition**

Experienced Dietitians and Diabetes Educators with locations across the Canberra region. Telehealth available. Check our website for the full list of locations.

Ainslie Family Practice, 21 Edgar Street, Ainslie ACT 2602 0417 493 498

enquiries@livebetternutrition.com.au www.livebetternutrition.com.au Jeanette Ryan



#### **Pinnacle Driving School**

"Start a lifetime of safe driving with Pinnacle" PO Box 223, Hall ACT 2618 (02) 6242 8687 info@pinnacledrivingschool.com.au www.Pinnacledrivingschool.com.au Lisa Murphy



#### **Small Friends Vet**

Small Friends Vet is run by a happy team of pet owners. We love coming to Small Friends every day and we hope you will love visiting us too.

9 Carstairs Cct, Amaroo ACT 2914
(02) 6262 2233

www.smallfriends.com.au Matt Almond

# COMMUNITY BUSINESS DIRECTORY CONT...

Business Name	Contact	<u>Website</u>
AllClass Carpet & Upholstery Care	Peter Nassar	www.allclasscarpetcare.com.au
Bridge Strata	Craig Bowditch	www.bridgestrata.com.au
Brilliant Stars Early Learning Centre	Riccardo Martiniello	www.brilliantstarselc.com
Canberra Spine Centre	Rebeckah Reynolds	www.spinecentre.com.au
CBR Recruitment	Adam Kowalski	https://www.cbrrecruitment.com.au/
Corver and Co Chartered Accountants	Trevor Corver	www.corverandco.com.au
Country 2 City Metal Roofing	Chris	www.country2citymetalroofing.com.au
Delta Building Automation	Tim Davis	www.deltaba.com.au
Dymocks Belconnen	Andrew Whittley	www.dymocks.com.au
Eat Cookies	Lisa Jansen	www.eatcookies.com.au
Element Building Projects	Dennis and Aldona Stravopodis	www.elementbuildingprojects.com.au
Fortis Physiotherapy	Gavin Malouf	www.fortisphysio.com.au
Griffin Legal	Claire Carton	www.griffinlegal.com.au
Holly Komorowski – home.byholly	Holly Komorowski	www.homebyholly.com.au
Infinite Business Networks	Kagan Skipper	www.infinitebusinessnetworks.com.au
Kevin's Auto Repairs	Mark Nuessler and Liesl Hussey	www.kevinsautos.com.au
Last Frontier Heliskiing	Brett Kennedy	www.lastfrontierheli.com
Live Better Nutrition	Jeanette Ryan	www.livebetternutrition.com.au
Monarch Building Solutions	Valerio Galeotti	www.monarchbuildingsolutions.com.au
Orthodontics Canberra	Vicki Boyd	www.ortho.net.au
Pacific Facilities Maintenance	Justin Hyland	www.pacificfm.com.au
Pinnacle Driving School	Lisa Murphy	www.Pinnacledrivingschool.com.au
POPE'S Electrical & Data Supplies	Daryl Read	www.popeselectrical.com.au
Q1 Dental Care	Dr Susan Leonera-Salazar	www.q1dentalcare.com.au
Ray White Rural Canberra-Yass	Simon or George Southwell	www.raywhiteruralyasscanberra.com.au
Seears Workwear	Shane Seears	www.seearsworkwear.com.au
Skipper Care Australia	Bec Skipper	www.skippercare.com.au
Small Friends Vet	Matt Almond	www.smallfriends.com.au
The Athlete's Foot	Ashleigh Hogan	www.theathletesfoot.com.au
Tint A Car Canberra	Chris Baekalia	https://www.tintacar.com.au/