DARANET DARANET DARANET

Upcoming events

20 March

NAPLAN (McCowage Hall) P2 Yr 9, P4 Yr 7

21 March

NAPLAN Catch up sessions

22 March

NAPLAN Catch up sessions Answers with Dr Justin Coulson - Parent Webinar 7pm

23 March

NAPLAN Catch up sessions College Open Evening

24 March

NAPLAN Catch up sessions House Cross Country Carnival

27 - 29 March Yr 10 PE Camp

28 March

5:30pm Rowing Presentation 5:30pm Cricket Presentation

30 March

Try Dara Day 1 McCowage Hall

4 April

Try Dara Day 2 McCowage Hall

5 April

Yr 7 Immunisation Round 1 4:00pm - 6:00pm Parent, Teacher, Student Evening

6 April

End of Term 1 12:30pm Holy Week Liturgy Yr 7 Immunisation Round 1 Daranews emailed to families.

22 April

Troilus & Cressida Opening Night 7:00pm

24 April

Pupil Free Day

25 April

ANZAC Day

26 April

Students return to School

28 April

P4 Whole School ANZAC Ceremony

DARAMALAN COLLEGE COWPER ST DICKSON 6245 6300 info@daramalan.act.edu.au www.daramalan.act.edu.au

From the Principal



Dear Parents/ Carers, Staff and Students.

Dear Parents, Staff and Students,

We are now more than three quarters through the term and it has been wonderful to see the

community spirit that has accompanied the return to what can only be described as normality for Daramalan! The term has been a whirlwind of activity and events. I would like to especially acknowledge our College Student Leadership team, who, in just a few short weeks, have already been able to bring together our community. From simple initiatives such as wearing of House colours on the day before the Athletics Carnival to build a sense of community and pride in their House, through to the events scheduled for next week to mark Harmony Week,

they have truly embraced their roles. I would also like to thank the House Captains for all of their enthusiasm and hard work to make both the Swimming and Athletics Carnivals the successes that they were. The past three years have taught us that being able to hold these amazing events and opportunities cannot be taken for granted.

Lent

On 22 February, we marked the start of Lent with our Ash Wednesday Liturgy of the Word and the distribution of ashes in Pastoral Tutor time. Our Year 7 and 9 students who were on camp were still able to participate in a Liturgy at their respective camp locations. The Liturgy also incorporated the launch of Project Compassion and Caritas. This is our major fundraising focus during Lent. I would like to acknowledge the work of the Social Justice Group who have been very active in raising awareness as well as holding a range of fundraising activities over the past few weeks in support of Caritas. I urge families to continue this support in the final weeks



From the Principal

of Lent, especially the annual Coin Weigh Challenge on Friday 31 March.

In his Lenten message, Pope Francis describes Lent as a season when "the Lord takes us with him to a place apart. While our ordinary commitments compel us to remain in our usual places and our often repetitive and sometimes boring routines, during Lent we are invited to ascend "a high mountain" in the company of Jesus and to live a particular experience of spiritual discipline – ascesis – as God's holy people." He goes on to convey Jesus' desire of shared experience "just as our whole life of faith is an experience that is shared. For it is in togetherness that we follow Jesus. Together too, as a pilgrim Church in time, we experience the liturgical year and Lent within it, walking alongside those whom the Lord has placed among us as fellow travellers. Like the ascent of Jesus and the disciples to Mount Tabor, we can say that our Lenten journey is "synodal", since we make it together along the same path, as disciples of the one Master." This year, Archbishop Christopher has invited the Archdiocese to join together in this spirit of synodality, for a year of walking together. Each day, especially during Lent, we are reminded of both Pope Francis and Archbishop Christopher's words of walking together and living a shared experience, especially of those who are experiencing hardship through poverty, displacement as a result of natural disaster or war. I am extremely proud of the generosity of our students and staff as they go about their day to day activities here at the College as people of heart in the spirit of the MSCs.

On Thursday 2 March, **Fr Kimi MSC** celebrated our annual Family Mass. As always it was a beautiful occasion where we were able to gather with our families. Thank you to Ms **Cheryl Hamill** (AP Mission), our Mission Captain **Ella Harries**, the Liturgy Committee and all those who played a role in preparing and who participated in the Mass. Thank you especially to our families who joined us on the evening.

Our term ends with a Holy Week Liturgy on Thursday 6 April, just prior to the Easter weekend and the term break.

2024 Enrolments and Open Evening

Enrolments for Year 7 and 11 2024 opened on Tuesday 14 March and will close on **Friday 26 May**. All information relating to enrolments, including the online enrolment form, can be found on the College website. On Thursday 23 March we will hold our annual Open Evening. This event provides an opportunity for prospective families and students to see our facilities and to hear what Daramalan College offers students. Tours of the College will begin at 4:45pm and the final tour will depart at 6:30pm. It is an evening when many current students assist with displays, taking tours or performing in various groups to highlight some of our offerings. Thank you in advance to all the parents who will assist by picking up students at the end of Open Evening. The best place to do this is on Morphett Street, not near Reception as this area is traditionally very busy.

There are two Try Dara Days for students currently in Year 6. These will be on **Thursday 30 March**, which is completely booked by local Catholic Primary schools and **Tuesday 4 April**, which still has some availability for students not attending with their school. Bookings for this day are essential.

Year 7 and 9 Camps

Congratulations to all the Year 7 students who participated so well in the Year 7 camps and to the Year 10 Peer Support students who assisted staff so ably during the camps. Thank you to all the staff who attended the camps, which is a significant three-day commitment where staff are on constant duty. Thank you also to the staff and the student leaders who facilitated the sessions here at the College to complement the camp.

Congratulations also to our Year 9 students who participated in their four-day camp to Jindabyne. This is the first time that we have held the camp this early in the year and for four days. I understand that, whilst it was tiring, it enabled the students to step out of their comfort zone for those few days. I would also like to acknowledge and thank the staff who attended the camp as this is also a significant commitment to be away from families and on duty for this length of time.





From the Principal

NAPLAN

This week Year 7 and 9 have been sitting the NAPLAN tests. The date of the tests have been brought forward from May to March at the request of Education Ministers to enable the feedback and the results of the testing to be available to schools and families earlier. I would like to thank the students for the manner in which they have approached the tests. I would also like to acknowledge the work undertaken by **Ms Heike Craig** in overseeing the testing and the logistics required to ensure that the tests run smoothly.

Parent-Teacher-Student Conferences

Parent-Teacher-Student conferences are scheduled to be held on **Wednesday 5 April**. These interviews will be held online via Teams. Information about the booking process and how to login to the meetings will be sent in the coming weeks by **Mr James Keeley**, Deputy Principal.

Parking around the College

As you would be aware, parking around the College is extremely limited. We would ask that when parents and carers are dropping off or collecting their students that you do not park on the nature strips of the surrounding streets. We have received a number of concerns from our neighbours about the damage that this causes. Thank you for your support in this matter.

P and F

Thank you to those parents who attended the recent AGM and general meeting of the P&F Association held earlier this week.

At the AGM the 2023 Committee were elected:

President – Mrs Rachael Axford
Vice President – Ms Amanda Curran
Treasurer – Mr Charles Stephenson
Secretary – Ms Sandra Fisher
APFACTS representative – Mr Stephen Dunkerley

Winter Uniform

From the start of Term 2, **Wednesday 26 April**, students need to have their full Winter uniform. I encourage parents to start planning this soon rather than leaving this to the last days of the April holidays. Opening hours for the Uniform Shop are on the College website.

Families are reminded that **Monday 24 April** will be a pupilfree day as staff will be participating in professional learning on this day.

Successes

Congratulations to:

Achol Agok (Year 10) who has been nominated for a School SportACT Excellence in Sport Award in the 13&O Sportsmanship category of the ACT Excellence in Sport Awards.

Jade Breen (Year 12) on winning Best Student Film and best Under 18 Film at the Lights! Canberra! Action! Film festival.

Eddie Marcks (Year 11) who is currently competing for the ACT team at the National Track Cycling Championships.

Andie McFarland (Year 9) who will be competing at the Australian Youth Volleyball Championships at the end of this month.

Madeleine O'Connor (Year 11) who has been selected for the Australian Girls' Choir 2023 International Tour. Only 56 girls are chosen from around Australia and competition for places is extremely tough. Madeleine will travel to Italy and France for 3 weeks later this year.

Isabelle Steinman (Year 8) who has reached the National stage for the UN Youth Voice Competition.

Best wishes

Lafays

Rachel Davies

Principal









Get to know our College Leaders

Each Daranews we will feature two of our college leaders. Charlotte Mitchell and Trudy Harries are the 2023 Environment Captains.





DARAMALAN COLLEGE OPEN EVENING



The first tour departs at 4:45pm, with the last tour leaving at 6:30pm.

2024 ENROLMENTS OPEN NOW

Enrolments for Year 7 and Year 11 must be submitted by Friday 26 May 2023. For information about enrolments in other years, visit our website or contact the Enrolments Office on the details below.

CLICK TO ACCESS THE ONLINE PORTAL

TRY DARA DAY 4 APRIL 2023, Places limited

CLICK TO BOOK NOW



Counselling Team

Introducing the Daramalan Counselling Team for 2023

As part of the Pastoral Care Program, students at Daramalan College have access to the school's counselling service. CatholicCare Canberra & Goulburn (CCG) are contracted by Daramalan to provide a counselling service to students and their families on site. There is no fee to access this service.

This year, Daramalan College has three Counsellors on the counselling team, who share a passion for working with young people and their families.



Sarah Foley (6245 6396): Sarah is a registered Psychologist, with a background in marketing, community based aged care, crisis counselling and the homelessness sector. She has worked with the CatholicCare School and Family Counselling Program since 2006. This is her 6th year at Daramalan College. In 2023, she will be working on Mondays, Tuesdays, and Wednesdays.



Sarah O'Sullivan (6245 6312):
Sarah is a Social Worker who has worked predominantly with adolescents and their families since the early 90's. She has worked with the CatholicCare School and Family Counselling Program since 2000 when she arrived in Canberra. This is her 8th year at Daramalan College. In 2023, she will be working on Mondays, Wednesdays, and Thursdays.



Deb Nelson (6245 6534): Deb is a Counsellor and Social Worker, with 26 years' experience in individual, family and group counselling with children and their families in New Zealand and Australia. She has worked with the CatholicCare School and Family Counselling Program since 2019. This is her first year at Daramalan College. In 2023, she will be working on Wednesdays, Thursdays and Fridays.

What we do:

School counselling is voluntary, and we have strict rules around privacy and confidentiality. There are some exceptions to confidentiality, and we will explain these when we first meet a student.

The role of the Counsellor is to focus on the emotional, social, and educational well-being of the students. Our Counsellors welcome contact with students having difficulty with some part of their life, whether or not it affects their schoolwork.

The problem does not have to be a big one. It is better to seek help sooner than later. Some typical concerns that Counsellors work with include anger, anxiety, behavioural problems, depression, eating problems, family breakdown and family conflict, grief and loss, learning and educational challenges, parenting challenges, peer and other social relationships, school avoidance, stress and study skills.

How to get an appointment

Students can either refer themselves, or be referred by family, school staff or other agencies. The referral process differs depending on the age of the student:

Students over 14 years of age can refer themselves or be referred by teachers or parents/caregivers. Students and staff can make bookings directly on the online Book Now page which is under the "Student" tab of Daranet. Students, staff and parents/caregivers are also welcome to contact the Counsellors on the email: Counsellor@daramalan.act.edu.au

Students under 14 years of age require parental consent to access the school Counsellor. For separated families this involves consent from both parents unless there are orders in place advising otherwise. Consent is gained digitally through our digital referral form, which is available from any of the school Counsellors.

Where to find more information and helpful resources

On the "Student" tab in Daranet there is an option for "Counselling". When students go to this page, they will find more detailed information about the counselling services. The counselling page also has a number of resources with different ideas for addressing some of the common issues students face. Students are very welcome to explore these resources as and when they wish.

You're welcome to get in touch if you have questions or want to know more.

Wishing families all the very best for the year!

Social Justice

Earthquake Appeal

On Wednesday 15 February, the Social Justice Group ran a tasty Bake Sale at lunch to raise funds for Syria and Turkey's earthquake relief. When we heard about the tragic earthquake and the immense damage it had caused to the local communities, we felt called to take action here at Daramalan to support them. Students enjoyed both baking and selling the goods at lunch, drawing in a hungry crowd. Thanks to the generous help and donations, the Social Justice Group was able to raise and donate \$750 for UNICEF to directly support those affected, with a speedy turnaround!











sharethedignity

Dear Daramalan Parents,

Once again in 2023 we have nominated ourselves as a Share the Dignity collection point for their March drive. Therefore, we are collecting period products for women who are vulnerable and in crisis. Many women in Australia experience period poverty as a result of fleeing domestic violence, being homeless or just struggling to make ends meet.

We are asking for donations of period products (pads, tampons, menstrual cups and underwear) during the month of March. If you are able to help out with a donation, these can be sent into school with your child and either taken to the front office or given to their PT

Teacher. If you are unable to get to the shops, then you might like to donate a couple of dollars via the Qkr! App and I will go and purchase items on your behalf. All donations will be distributed by Share the Dignity to those in need.

This is one small way we can be on earth the heart of God and a source of human dignity.

Thank you for any support you can offer to this worthwhile cause.

Cheryl Hamill

Assistant Principal - Mission

Pi Day

On Tuesday 14 March, we held our annual Pi-Day celebration. We had a huge turnout of students who enjoyed our festivities returning to their old format, giving students an audience and allowing them to dig in to some pie. Across all Houses, 98 students took up the challenge and recited at least 20 digits of Pi to earn House points. Farrer and Goolagong shared first place, followed by Cuthbert, Lawson, Lyons and Merrick on second place, giving Phillip and O'Brien space for improvement.

As anticipated **Amelia Cains** (Year 11 Lawson) won this year's trophy, improving her personal best by 46 digits from last year to 554. Congratulations to our well-deserved winner, Amelia. Merrick's **Natalie Gordon** (Year 10) was her strongest competitor with 480 digits this year. Third podium place goes to **Ashleigh Nguyen** (Year 11 Cuthbert). School Captain **Simon Krupka** deserves a mention as he came fourth with 137 digits.

This year we also awarded House points for the most creative Pi-Day House performance with submissions from Goolagong, O'Brien and Lawson house. A huge thank you goes to all the Maths staff without whom this event could not have happened and of course to the Canteen staff for cooking our pies.

Name	House	No. of digits
Amelia Cains (11)	Lawson	554
Natalie Gordon (10)	Merrick	480
Ashleigh Nguyen (11)	Cuthbert	150
Simon Krupka (12)	Merrick	137
Callum Millea (10)	Farrer	120
Sean Loney (9)	Cuthbert	105
Kenneth Le (12)	Goolagong	102
Laelia Ng (10)	Farrer	100
Phoebe Needham (7)	Cuthbert	82
Zoe Mitchell (12)	Cuthbert	81

Position	House	No. of students
1	Farrer	17
1	Goolagong	17
2	Cuthbert	12
2	Lawson	12
2	Lyons	12
2	Merrick	12
3	Phillip	9
4	O'Brien	7













Year 7 Camp

The things that I enjoyed most about the Year 7 Camp were damper making even though most got burnt and the raft building, even though no one in my group made it into the water. The food was fifty-fifty – some people thought it was good. I enjoyed staying in the cabins more than in the tents but the Surf safety session was the best.





Alicia Campbell



























Year 9 Camp

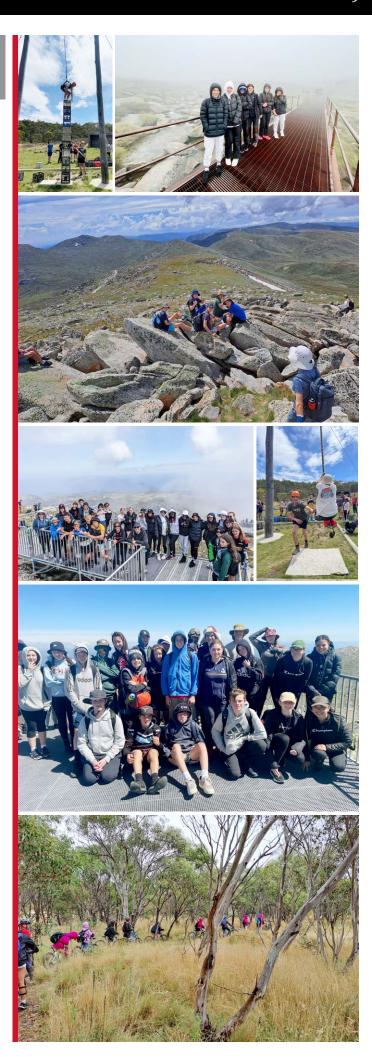
This year, the Year 9's went to Bungarra Alpine Centre in Jindabyne. The bus trip was around 2 1/2 hours which allowed all our excitement to be spent before a long four days with our friends. On the first day we left Daramalan early and made our way to Jindabyne. We dropped our bags and got back on the bus to head to Thredbo for our 13km hike. We got our Lift Passes off our Camp Guides and got on the chairlift. The chairlift was lots of fun and was very peaceful, before hopping off and starting our walk. Phillip students were able to do a shorter walk as we didn't have enough time to complete the full walk. The walk started on a metal grid. We stopped for a short break early on to have lunch with some of the other Houses. The Camp Guides were very motivational and positive so before we knew it, we were climbing up the many stairs to reach the top of Kosciusko. We were told that we were on the highest point of Australia which was a great feeling. The views were incredible, we saw a little bit of snow, some of it we touched. The chairlift ride down was very cold but so much fun.

The first night we slept in cabins and on the second day we did Mountain Biking and Crate Climbing. Mountain Biking allowed us to try an activity some of us hadn't experienced before. We went on various tracks and a Seesaw, which was scary at the start. Crate Climbing was challenging for us all. It required a lot of teamwork between you and your partner.

That night we camped. We were in the middle of nowhere as we camped on an island bend on the Thredbo River. When we got there, we picked a tent and then we all ventured off to gather firewood. After dinner our whole PT sat around the campfire while our Camp Guide Dom told us a story. It was very special to bond as a group, as we got to share one thing someone did for us that was helpful. During the night it got very cold and when we awoke, I think we were all wishing the fire was still going. We got ready and caught the bus where we walked 5kms to River Sledding. We put on our wetsuits and safety gear before heading down to the river. We went down some super fun rapids and by that stage we were all very tired and ready to head back for dinner.

On the last night, we had a huge bonfire with all the other Houses. We found sticks and were given marshmallows to roast. Finally, on the last day after many sleepless nights, we did a House challenge before heading home. My favourite part of this camp was the chairlift ride and seeing the views at the top of Mount Kosciusko. This camp was something that I had never experienced before, and I would 100% do it again.





Earth and Environmental Science

Exploring Sustainability and Water Management at the Arboretum

Nature is the best classroom, particularly in Earth and Environmental Science! On Wednesday 15 February, Year 12 Earth Science students visited the National Arboretum as part of their 'Living on Earth' unit which explores the importance of managing the Earth's resources sustainably to ensure Earth systems are protected and human communities can thrive.

With over 44 000 rare and endangered trees across the site, the Arboretum plays an important role in preserving biodiversity whilst also providing a place for recreation, scientific research, and education. Throughout the morning, students undertook a guided walk where they heard about the history of the Arboretum from its use as a meeting place by Indigenous people, to early settler farming land at Dairy Hills, to the pine plantations, the devastating impact of the 2003 bushfires, to its current

use today. They learnt about how the design of the Arboretum was informed by detailed soil mapping, an understanding of the needs of each species, and how water travels through the landscape to ensure each forest was planted correctly. Established during the millenium drought, students also learnt about the different sources of water used to irrigate the site and how these must be managed carefully.

Finally as they progressed through each forest, students heard about how nature-based solutions have been implemented to carefully manage pests such as waiting for the Silver Birch to release a chemical to attract lady beetles who eat aphids, rather than using pesticides, the planting of lucerne to fix nitrogen and break up compacted soil structure, or the protection of rocky knolls to ensure small bird species thrive and feast on pest insects.

This is the first of many Earth and Environmental Science field trips this year, look out for them in each Daranews. Next, we are off to the Botanical Gardens to go pond dipping!









Earth Science is at it again...off to see the caves!

Year 11 Earth and Environmental Science students celebrated the start of Week 6 by visiting none other than Carey's Cave in Wee Jasper.

There we met **Geoff**, who took us on a time-travelling adventure, a time before dinosaurs trekked the Earth, back to the age of fishes to the Devonian Period (400 million years ago). Each step we took across the landscape represented a whopping 10,000 years of history that had passed.

Students explored how Earth systems interact, sedimentary rocks like limestone form, and put their geological knowledge to the test.

We had a splendid time examining limestone, and the eerie yet beautiful cave features it forms. After tasting the pristine cave water and a quick mathematical lesson on how many candles it takes to see a cave, we headed off back to Canberra.

A special thank you to **Mr Matthew Webbie**, who came along with us on the trip.





Geography

Our Great Southern Land

Year 9 and 10 Geography students recently had the opportunity to visit the Great Southern Lands exhibition at the National Museum of Australia. The exhibition showcased the unique geography and diverse cultural heritage of Australia through the themes of power, connection, life and change. Students were able to explore the interactive displays and exhibits, gaining a deeper understanding of the landforms, climate and ecosystems of Australia.





They also learnt about the rich cultural history of Australia, including the stories and traditions of our Indigenous peoples. Throughout the exhibition, students considered their own connection to our ancient great southern land and reflected on the Australian continent's capacity for transformation and regeneration in response to the impact of human activity. The visit was an engaging and powerful experience for all involved, and we thank the National Museum of Australia for hosting us.







Legal Studies

Parliament House and the High Court

To learn about the separation of powers, Year 11 and 12 Legal Studies classes toured both Parliament House and the High Court of Australia during Week 3.

The Year 11 Legal Studies class were also able to witness Question Time, and particularly enjoyed the theatrics and jovial clash of ideas. The students were impressed with both major parties, particularly the humour and responses of Prime Minister, **Anthony Albanese**, the confidence of **Clare O'Neil** (Minster for Home Affairs), the questions of **Melissa McIntosh**, and the preamble of Opposition Leader, **Peter Dutton**.





Students from both Years 11 and 12 were able to see the High Court in action, as they either watched a challenge about electric vehicle excise or an Application for Special Leave to Appeal argument by high profile Barrister, **Bret Walker SC.**



We thank the staff of these critical institutions for their time and willingness to engage with our senior students.



Lyons Excursion to Old Parliament House

Lyons House attends Commemorative Statue Unveiling Ceremony

On Wednesday 8 March, Ms Louise Chapman and Mr Andrew Withers had the honour of taking a handful of Lyons House representatives to a special ceremony outside Old Parliament House. It was a wonderful occasion, celebrating the first two women to be elected to Federal Parliament: Dame Dorothy Tangney and Dame Enid Lyons. This event was hosted by the Hon Kristy McBain MP and coincided nicely with International Women's Day. To acknowledge their significant contribution to Australian politics and their immense contribution to our history and way of life, the National Capital Authority, on behalf of the Australian Government, commissioned sculptures honouring the women to be erected within the National Triangle, next to Old Parliament House. The sculptures are beautiful bronze statues and were created by Melbourne Sculptor Lis Johnson. Our Lyons students and staff were excited to be included in this significant occasion and enjoyed meeting some politicians as well as a delightful breakfast in the garden afterwards. Thank you very much to Caroline O'Mara for inviting us!









Religious Education

Myall Creek Memorial 2023 Excursion.

Daramalan College has been invited to attend the commemoration ceremony of the massacre of at least 28 First Nations people at Myall Creek.

This excursion has the potential to change perspectives and take another step in the process of reconciliation. In this historic year of a Referendum for a Voice to Parliament, this excursion is another way students can inform themselves.

For a full excursion programme or to express your interest please email Andrew.digan@daramalan.act.edu.au

Mr Andrew Digan







Education Equity Fund



Apply now for the future of Education Equity Fund 2023

Apply now for the Future of Education Equity Fund for the 2023 school year. Eligible low-income ACT families can receive one-off payments for financial assistance to help cover the costs of their children's educational expenses such as sport equipment and activities, music lessons, school uniforms and excursions.

The Fund is open to eligible students enrolled in preschools (attached to a school) through to Year 12 in the ACT. Further information and the online application form is available here.

Visual Arts

Cressida Campbell

Cressida Campbell is a well known contemporary Australian painter of everyday life. Year 9 students visited the National Gallery of Australia to study her work in detail.















Stories of Australian Art

Year 7 students visited the National Gallery of Australia for an insightful tour of the Australian art on display. The tour ties in with the upcoming unit of study on Narrative Art.











Performing Arts

Term 1 has already brought us many different performances and events in the Arts. The new Year 12's recently had their Year 11 Award Ceremony and during it got to witness a beautiful performance by **Ashleigh Durant** on the piano. Here Ashleigh shares with us her experiences in the Arts at Daramalan:

What Arts subjects are you currently studying and why do you enjoy them?

I am currently studying Music, Visual Art and Photography. I love these subjects as they allow me to communicate my thoughts, ideas and feelings through various mediums of expression.

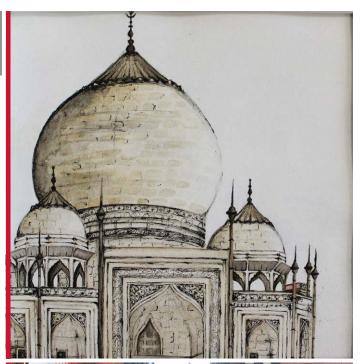
What are some of the experiences and opportunities you have had within the Music Program?

Being in the Music Program, I've had many experiences and opportunities that have helped me to develop my knowledge and understanding of the massive world of music and what aspects of it I love and am passionate about. Recently I was given the opportunity to play piano for my Year 12 peers at our Awards Ceremony. It was a great experience, and the largest crowd I'd ever played in front of. Through this experience I gained more confidence in performing.

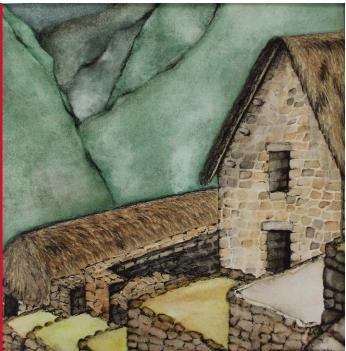
Any standout memories you have gained from being in the Music Program?

I have enjoyed being in the Music Program as it allowed me to explore new music and hear others play.









Music

The Year 7 Band is underway! It was organised chaos at the first rehearsal! It was great to see all the new musicians playing their first notes. I look forward to hearing their progression throughout the year.

Many rehearsals are now underway. I would like to invite any new musicians in Year 7 to join the Junior Band. If you play Trumpet, Flute, Clarinet, Saxophone, Trombone or Drums, this is for you. The ability to read music and 1 – 2 years' experience is required. Rehearsals are every Tuesday afternoon from 3.30pm – 5.00pm in McCowage Hall. If you play a String Instrument such as Violin, Cello or Double Bass, the String Ensemble rehearses every Thursday from 3.30pm – 5.00pm in S8. The Choir rehearses Monday and Tuesday lunchtime in S4.

Daramalan also offers private music tuition on a weekly basis. We have professional Tutors who teach Piano, Vocals, Drums, Guitar, Violin, Cello, Bass, Saxophone, Clarinet, Trumpet, Trombone and Euphonium. Notes can be picked up from the Music Office.



I would like to encourage any students wanting to join a Rock Band to see **Mr Michael Jackson** in the Music Office. We have been working with Mojo Guitars. They are keen to teach and promote contemporary music at Daramalan. The Rock Program would run on a Friday afternoon from 3.45pm in S4.

Dance

"Dancers Among Us" at Daramalan

All Dance classes this term have been engaged in innovative and exciting dance experiences which they are clearly enjoying! **Ms Louise Chapman's** Senior Dance class have learnt a Bollywood dance and are almost finished choreographing sophisticated duo dances in response to a fairy tale and its historical and cultural context.

Year 8 are an exuberant class who have already learnt and performed four different cultural dances and are now choreographing their own circus-themed compositions in response to a poem.

Year 9 and 10 are studying "Screen Dance" and are using photographs from the dance photography book "Dancers Among Us" by Jordan Matter as inspiration for making a dance duo film, set outside using the landscape of our Sharpe Garden. As you can see from these photos, they are demonstrating a clever understanding of how to create a specific mood using music, special effects and a variety of camera angles. We can't wait to view them all!













Daramalan Theatre Company

Cressida

Given a voice

Mia Burton (Year 12) interviews Kathleen Dunkerley (Year 11) who plays Cressida in the new Daramalan Theatre Company's production of "Troilus and Cressida". Mia herself plays three challenging roles in the production. It is International Women's Day and Cressida provides a powerful provocation for a young Actor playing her.

Mia: Would you say Cressida is a feminist? How does Cressida relate to modern day feminism?

Kathleen: Cressida is a survivor, aware of her privilege and how fragile it can be. If she were to fight against this patriarchal society by 'traditional feminist standards', her privileges would shrink and her ability to survive would be threatened. She does, however, struggle within the bounds of the patriarchal world she lives in. She gets frustrated by the way of the world, by the positions of women, and by men: their treatment of women, their lack of awareness about women's struggles, and their unconscious ways of thinking that force women into the positions they then ridicule them for. And she definitely longs for a world where people are seen for their strengths and not their genders. So, while she doesn't actively fight for equality like a modern feminist might be expected to, she definitely has a feminist mindset.

Mia: Was Cressida "before her time"? Why/why not?

Kathleen: When looking at leading women in Shakespeare's plays, your first instinct might be to say that Cressida was before her time, however, that perspective is looked at with modern bias. Contextually, Cressida was regarded as an insignificant woman and was rarely ever played as anything else before modern times. Shakespeare had a tendency to naturally write complex characters, the complexities of which might not be seen or become relevant until centuries after they were written. I believe Cressida is one of these characters. Through a modern interpretation, Cressida is an intelligent, complex, flawed woman, and the media are starting to show these types of characters now more than ever. But women have always been complex, and intelligence and flaws are not new inventions. I think Cressida wasn't before her time but is a timeless woman.

Mia: Is Cressida a victim?

Kathleen: Yes. A thousand times yes, in so many ways. She is a victim of her circumstance, the victim of her society and the men who see her as an object, and a victim of the Greek camp who consistently deny her autonomy over her body, and her consent. (Spoiler Alert!)

Mia: How can young people look up to Cressida?

Kathleen: I believe while Cressida is definitely a product of her harsh environment, her intelligence, resilience and self-awareness through it all is admirable. As a young woman herself, she still struggles with identity and where

her moral compass lies, especially under unbelievably stressful circumstances. Yet, she maintains an element of herself through it all, though it may seem under the surface.

Mia: What are her values?

Kathleen: Her circumstances have forced her to value some things above others. She constantly checks herself to remain calm, but her aggression slips through the cracks, sometimes through witty and potentially snarky comments, sometimes through fits of hysteria. She mistrusts her heart and says to value logic over desire, though her actions speak louder, and she ends up confused, betrayed and more controlled than ever before. Ultimately, she values survival, independence and freedom, though she is still growing and can be confused about what she wants, as she struggles at times to find the 'right' path to take.

Mia: Thank you Kathleen. We will look forward to seeing you in the production.







Sport

Good luck to **Eddie Marcks** (11 O'Brien) who has been selected to compete in the 2023 U19 and Elite Track Cycling National Championships in Brisbane, 15-19 March.

Good luck and well done to **Achol Agok** (10 Goolagong) who has been nominated for a School Sport ACT (13&O Sportsmanship) award, at the SSACT Excellence in Sport Awards Ceremony to be held on Wednesday 15 March.

Congratulations to **Jillian Ryan** (8 Farrer) and **Millie Ryan** (12 Farrer) who competed at the U14-18 ACT Athletics Championships.



Jillian Ryan:

Gold - U14 3000m walk in a Nationals qualifying time Gold - U14 1500m walk Jillian will now be competing at the Nationals in Brisbane in Adelaide.

Millie Ryan

Gold - U18 Shot Put Silver - U18 Discuss Bronze - U18 Hammer



High School Boys Waterpolo Gala Day

The Years 7-10 Boys Waterpolo team represented Daramalan College at the Canberra Olympic Pool on Thursday 9 March. The boys played pool games against tough opposition from Canberra Grammar and Alfred Deakin High School. The team progressed through to the consolation side of the draw before taking on Canberra High School, losing in a nail biter. The team hit their straps in the final game of the day against Radford with a strong 7-1 victory.

A big thank you to **Joshua O'Keeffe** (8 Lawson) who refereed (due to injury) multiple games throughout the day.



Come and Try Rowing

The Daramalan Rowing Club will be hosting a 'Come and Try' Rowing session after school on **Tuesday 21 March**. 'Come and Try' Rowing is open to any student interested in trying Rowing ahead of the 2023/24 Season (Term 4 2023 to Term 1 2024). Students will have the opportunity to row in singles, doubles and quads and get a feel for the Rowing Program.

Students that have registered for the 'Come and Try' session will be transported to the Rowing shed after school. They should meet **Mr Capon** at the Sports Centre after school. Pick up will be from the Rowing shed at 6.30pm.

The Daramalan Rowing Club is located on Black Mountain Peninsula at the western end of Lake Burley Griffin (turn into Black Mountain Peninsula off Lady Denman Drive, then take the first right into Rusty Robertson Place and head towards the water. Students need to wear comfortable sports clothes. Although there is no intention for them to get wet, please pack a towel and a change of clothes. They should also bring water and snacks to eat before or during sessions. Please register your interest by submitting the form below. More information will be sent out before the day to those who have registered- https://forms.office.com/r/icFim8srtG





Athletics Carnival





The Daramalan Athletics Carnival was a great success, especially considering that it was the first one held in two years. The students from all Houses showed tremendous spirit and enthusiasm throughout the event, making it an enjoyable and memorable experience for everyone involved.

Lyons won the Spirit Plate, which was a testament to their excellent teamwork and House spirit. Lawson emerged as the overall winner, clinching the House Cup. They did an excellent job with their overwhelming participation and eager competitiveness.

Overall, the day was filled with excitement, competition, and camaraderie. A big thank you to everyone for their contribution to making the day so successful.

Campbell Lewis
Sports Captain



RECORDS BROKEN

U/12 Male Discus- Hamish Viski (7 Goolagong) 20.50m
Open Male 100m- Maxwell Berry (12 O'Brien) 00:10.55
U/12 Female 200m- Riley Bransdon (7 Merrick) 00:28.91
U/13 Female 200m- Ella Higginbotham (8 Farrer) 00:27.77
Open Female Discus- Ashleigh Green (11 Lyons) 33.24m
Open Female Shot Put- Ashleigh Green (11 Lyons) 10.70m
Open Female 400m- Alesha Bennetts (12 Goolagong) 00:58.54
Open Female 200m- Alesha Bennetts (12 Goolagong) 00:24.99
Open Female 100m- Alesha Bennetts (12 Goolagong) 00:11.78

Results Spirit Plate

1st Lyons 2nd O'Brien 3rd Merrick

House Cup

1st Lawson 1625 2nd Merrick 1596 3rd Goolagong 1575

Age Champions and Runners Up U/12 Male

Hamish Viski (7 Goolagong) Lachlan Wyeth (7 Goolagong)

U/12 Female

Riley Bransdon (7 Merrick)
Olivia Beerworth (7 Farrer)

U/13 Male

Elliot Head (7 Lyons) Kobe Holt (7 Farrer)

U/13 Female

Ella Higginbotham (8 Farrer)

Amelia Henderson (7 Goolagong)

U/14 Male

Marly Copeland (8 Goolagong)

Jack Brown (8 Cuthbert)

U/14 Female

Zoe Quigley (8 Lawson) **Shinay Buckley** (9 Merrick)

U/15 Male

Sebastian Czoban (9 Farrer) Isaac Dixon (9 Merrick)

U/15 Female

Eloise Smith (9 Goolagong) Natalia Cerne (9 Phillip)

U/16 Male

Jacob Eaton (10 Lawson)
Kobe Robins (10 Merrick)

U/16 Female

Jasmine Reid (10 Lawson)
Dita Singer (10 Merrick)

Open Male

Maxwell Berry (12 O'Brien) Zachary Milczarek (12 Phillip)

Open Female

Alesha Bennetts (12 Goolagong)
Charlotte Canavan (11 Cuthbert)

Athletics Carnival Cont..







































Basketball

Daramalan Pre-Season Carnival

On Saturday 4 March, we held the Daramalan Basketball Pre-Season Carnival at school. This event saw every one of our 33 teams play a friendly game against another Daramalan team. The day was a fantastic success with lots of close games all played in the right spirit. Thank you to everyone who volunteered their time to help on the day, in particular Ms Heather Chapman, Ms Sarah Barnes, Mr Simon Cann-Evans and Mr Nathan Greatz. Thank you to the referees Ethan Gregory, Matt Scherl, Finn Kennealy, Alex Charles, Mr Geoff Young and Mr Grant Voysey. A huge thank you to all the volunteers at the BBQ and a massive thank you to our amazing Coaches and Managers. Lastly, thank you to all our students for conducting yourselves to the highest of standards and playing the games in a fun and friendly manner.

JPL Commencement

We have seen the JPL competitions in all age groups start over the past few Fridays. JPL is the highest division in the age group and games are always extremely competitive and challenging. All our JPL teams have got off to a good start with some very close results. We have all D1-D6 games starting this coming weekend – best of luck to everyone!

2024 USA Tour Information Evening

We have **Mr David Loboja** from Aussie Basketball Travellers coming down on **Monday 8 May** to present an information evening for the 2024 Basketball USA Basketball Tour. It is vital that any student interested in going on this tour attends this session with their parents. All attendees need to fill out an EOI which has been sent out on Teamapp where further information about the tour can also be found.



Basketball Cont...

Team of the month: U14 JPL Boys The U14 Boys JPL side has well and truly had a baptism of fire in the first two rounds. In what is a very tough competition, the boys are coming together as a team despite coming from so many different clubs and programs before this year. They are working hard for each other on court and the fundamentals they are working on are already starting to pay dividends, with the boys playing some brilliant, teambased Basketball. Our dynamic duo Coaching pair of Ms Sonia Boland and Mr Cameron Boland are looking forward to how the boys can continue to improve as a group over the course of the season and further over the next six years at Daramalan College. Keep up the great work!

Players of the month: Chase Obranovic

Chase Obranovic (Year 7) is a member of our U14 JPL Boys team and has come to Daramalan with a wealth of experience in the ACT Representative Program and continues to work hard every time he pulls on the red and black. His experience, skills, determination and Basketball knowledge makes him a standout player in the competition. Most importantly, he is leading the team by example, demonstrating respect and integrity in how he goes about his game. In addition to being an excellent Basketball player, Chase is also an exceptional Ice Hockey player!

Congratulations Chase, we look forward to seeing you grow both on and off court and watching your teammates benefit from your leadership.





Rugby

Pre-Season Trial Matches

The Daramalan Pre-Season Rugby Program is well underway with teams building towards their first trial matches this weekend. **Saturday 18 March** will see the Under 14 Boys, Under 14 Girls and Under 16 Girls head to Ulladulla to compete in the South Coast 7s. Our teams will be up against teams from all over the ACT Brumbies catchment area as well as some teams travelling from Sydney for the two-day event.

Our Under 16 Boys and Under 18 Boys will also play their first trial matches this **Saturday 18 March**, as they head to Sydney to put themselves to the test against the school who are currently ranked as the best Rugby school in Australia, Barker College.

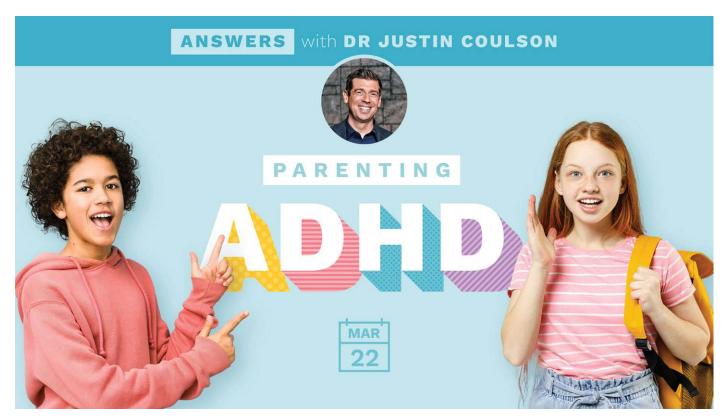
On **Saturday 25 March**, the Boys Rugby Program will be headed to Sydney to take on St Augustine's in trial matches for the Under 13, Under 14, Under 15, Under 16 and Under 18 Boys. St Augustine's have always had a good relationship with Daramalan College. Having played

matches against them in the past, we look forward to taking them on this pre-season and continuing to build our strong relationship.

The Girls Program will have their second outing at the Vikings Rugby Gala Day on the first weekend in April. The girls will get a good idea of where they are currently as they go up against teams from all around Canberra which should put them in good stead ahead of the ACT Junior Rugby Union Competition. This weekend will also see some of our Boys teams take part in the same competition ahead of their final trial match in Sydney against Shore on **Saturday 22 April**.

Rugby Registrations

A reminder to all those playing Rugby this season: you must be registered via the Rugby Xplorer Website/App https://myaccount.rugbyxplorer.com.au/register to play Rugby this season. If you are not registered, you will not be insured.



Parenting ADHD

A Seminar with **Dr Justin Coulson**

Wednesday 22 March 2022l 7.00pm AEST I 8.00pm AEDT

In Parenting ADHD, Dr Justin Coulson will explore up-to-the-minute science on what ADHD is, why it occurs, and most importantly, what parents can do to create something at home that feels sane and balanced in an often-chaotic climate.

This online seminar will:

- Explain what ADHD is and is not, and why it is so controversial
- · Review science-supported strategies to help parents guide ADHD children successfully
- Provide **practical solutions** to help create willing participation in family life with an ADHD child
- · Offer family-strengthening tips to support parents, strengthen relationships, and build bonds

CLICK HERE TO REGISTER

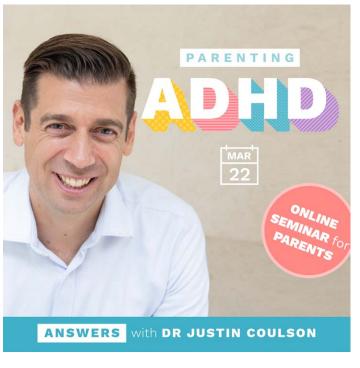
Note – this is a live webinar, but a link will be available for 14 days after the event in case of timetable clashes so you can catch up and watch it later.

About Dr Justin Coulson

Dr Justin Coulson is the co-host and parenting expert on Channel 9's Parental Guidance, the founder of happyfamilies.com.au, and one of Australia's most trusted parenting experts.

Over the past decade he has helped innumerable families with his 6 books about raising children, his hundreds of media appearances (including all of Australia's major news outlets, and even the Washington Post and the New York Times), and two viral videos that have been viewed a combined 80 million times!

Justin earned his PhD in Psychology from the University of Wollongong. He and his wife Kylie have been married since the late 1990s and are the parents of 6 daughters.



Careers News

DARAMALAN CAREERS WEBSITE

Please contact Gerard Beattie on 6245 6394 or careers@daramalan.act.edu.au

Upcoming course: RSA and First Aid (Term 2)

Please see the Daily Notices or email <u>careers@daramalan.</u> <u>act.edu.au</u> for more information and enrolment forms.

Australian National University

ANU - Direct applications for 2024 are now open. Applications for 2024 admission are now open and close on Monday 15 May. ANU direct applications are free and allow students to apply for admission, scholarships and accommodation in one application, and provide many students with some certainty prior to the end of Year 12. Please contact Mr Gerard Beattie in the Careers Hub if you have any questions or if you need any assistance with the process. Please note, those who intend on applying for the Tuckwell Scholarship should be aware of the different application deadline.

ANU important application dates

1 March 2023	Applications open
18 March 2023	Open Day – Must register through ANU website
12 April 2023	Tuckwell Scholarship applications close
15 May 2023	Applications close
4 September 2023	Offers released (September round, based on Year 11 results)
4 October 2023	Offer acceptance deadline (September round)
1 November 2023	Change of preference reopens
18 December 2023	Change of preference closes for the rest of the programs (December round) (Indicative date only)
22 December 2023	Offers released (December round, based on the better of your Year 11 and Year 12 results) (Indicative date only)

Tuckwell Scholarship applications

Last year, 25 awardees of the Tuckwell Scholarship received \$23,350 and joined a transformational program in addition to their University journey at ANU. This opportunity is perfect for high achieving students who could benefit from a holistic scholarship. Applications opened on 1 March and can be assessed once a direct application has been submitted. Tuckwell applications will close on **Wednesday 12 April**.

Charles Sturt University

Charles Sturt Advantage Early Offer Program

Applications for the Charles Sturt Advantage Early Offer Program are now open. With the Charles Sturt Advantage students can get a guaranteed spot in their course before the end of Year 12. More info here.

Australian Catholic University

Study at ACU webinar series - Join ACU online to have all your questions answered about studying with the ACU in 2024. Get helpful advice on how to apply, find out more about non-traditional pathways to University, explore your study options, and hear from students about what life is really like at ACU. Click here for more information.

UAC Digital Year 12 Conference

UAC Digital, is presenting their annual Year 12 Conference again on **Wednesday 26 April** at 6pm.

The 2023 Year 12 Conference is a conference designed for students to find out about UAC participating Universities, why you should consider them for future study, and what's coming up for you in 2024. Register your interest here

Defence Jobs Information Sessions

Defence Jobs are holding virtual and in-person Information Sessions for students and parents to learn about the Defence Force and the variety of roles available. For more information and to RSVP click here.

Defence Work Experience Program

The Defence Work Experience Program has recommenced and is offering a variety of opportunities for students. Please see the included flyer for details. The Cyber Security and Robotics placements and the Navy Aviation Overviews will be available online in the coming weeks and there will be further placements advertised in the future for the ACT/ SNSW region. These programs are all accessible via the Defence Work Experience Website and Jobs List under each State and Territory.

Students can still apply online for placements around Australia. This information is available in the information pack for the relevant work experience placement. Participants and/or their parents/guardians (if under 18 years old) are responsible for any costs associated with travel and accommodation (for the participants and themselves) including during the program if not a residential program. Participants must be 15 years of age at the time of the placement for most placements, with some requiring participants to be 16 years or above, and an Australian Citizen or Permanent Resident.

UCAT

The <u>UCAT</u> (University Clinical Aptitude Test) is required for entry into most Medicine and Dentistry courses across Australia and New Zealand. Students who wish to enter such courses in 2024 will need to sit UCAT in 2023. Bookings for the UCAT are now open. For key dates and more information see here.

Free Webinar – UCAT, Interviews, and Pathways into Medicine / Dentistry

UCAT NIE are presenting a free webinar about UCAT, interviews, and pathways into Medicine and Dentistry. This is NOT an advertising seminar. The session is packed with invaluable information. To register: https://www.nie.edu.au/ucat-free/free-ucat-information-sessions / <a href="mailto:equ.au/enquiries@nie.edu.au/www.nie.edu.au/www.nie.edu.au/www.nie.edu.au/www.nie.edu.au/www.nie.edu.au/www.nie.edu.au/enquiries@nie.edu.au/www.nie.edu.au/

Academy of Interactive Entertainment

Work experience program – the AIE work experience provides students with an insight into the games and film industry as they will learn software used by big games

Careers News Cont...

and film companies. They will touch on animation, game design, and programming so they understand all of the areas that help pull together a game. Register here: https://aie.edu.au/student-information/work-experience-canberra/

Imagine More webinar series

Imagine More is hosting webinars that aim to build the capacity of families and supporters to help secondary students with disability find meaningful, paid work. More information here.

Unique Student Identifier (USI)

Students undertaking vocational training, short courses, or thinking about going to University or CIT next year can get ready now by creating a Unique Student Identifier (USI). They'll need a USI to accept a Commonwealth supported place, apply for Commonwealth financial assistance, and to graduate in 2023 and beyond. Students can create or find their USI at www.usi.gov.au

JOBS BOARD

Forte Building Group: Forte Building Group is looking for additional employees. Forte Building Group is a leading Canberra Master Builder specialising in new homes, extensions and renovations.

Owner **Jock McDonnell** – a qualified Carpenter and licensed Builder – is the driving force behind Forte Building Group. Jock and his team provide a one-stop shop for residential building services in the Canberra, Queanbeyan and Yass regions. Contact 0403 695 253 for further information.

COMMUNITY BUSINESS DIRECTORY



Book an appointment with us today!

Telephone: (02) 6299 4822
Part Suite 1, 1st Floor, 23 Antill Street, Queanbeyan, NSW, 2620
Email: <u>contactus@q1dentalcare.com.au</u>
Website: <u>www.q1dentalcare.com.au</u>

Q1 Dental Care

Part Suite 1, First Floor, 23 Antill Street, Queanbeyan NSW 2620 T: (02) 6299 4822

E: contactus@q1dentalcare.com.au W: www.q1dentalcare.com.au

C: Dr Susan Leonera-Salazar



Ray White Rural Canberra/Yass

Residential and rural property sales and property management. Canberra, Hall, Murrumbateman and Yass.

5 Victoria Street, Hall ACT 2618 93 Comur St Yass NSW 2582 PO Box 294, Hall ACT 2618 T: (02) 6226 4400 or 0429 838 345

E: george.southwell@raywhite.com W: www.raywhiteruralyasscanberra.com.au

C: Simon or George Southwell



Seears Workwear

Workwear, Uniforms and Safety Equipment

60 Barrier Street, Fyshwick ACT 2609 PO Box 232, Fyshwick ACT 2609 T: (02) 6280 4111

W: www.seearsworkwear.com.au

C: Shane Seears

COMMUNITY BUSINESS DIRECTORY CONT...

The College invites members of the Daramalan Family to use this Business Directory to locate businesses and services provided by the Daramalan College Community, including former students, alumni, former staff and other supporters.

If you are in business, and would like to advertise in our Directory, please contact yvonne.turnbull@daramalan.act.edu.au or phone 6245 6334 for more information. Your small fee will go a long way to supporting our Scholarship Fund and your business will be promoted to the wider

Daramalan College Community.

This week we are delighted to present the following four businesses. To search all advertisers, please use this <u>link</u>.

Thank you for supporting our community!

	<u> </u>	
AllClass Carpet & Upholstery Care	Peter Nassar	www.allclasscarpetcare.com.au
Aquaflo Irrigation	Monika Herbert	www.aquafloirrigation.com.au
Bridge Strata	Craig Bowditch	www.bridgestrata.com.au
Canberra Spine Centre	Rebeckah Reynolds	www.spinecentre.com.au
CBR Recruitment	Adam Kowalski	https://www.cbrrecruitment.com.au/
Corver and Co Chartered Accountants	Trevor Corver	www.corverandco.com.au
Country 2 City Metal Roofing	Chris	www.country2citymetalroofing.com.au
Delta Building Automation	Tim Davis	www.deltaba.com.au
Dymocks Belconnen	Andrew Whittley	www.dymocks.com.au
Element Building Projects	Dennis and Aldona Stravopodis	www.elementbuildingprojects.com.au
Fortis Physiotherapy	Gavin Malouf	www.fortisphysio.com.au
Griffin Legal	Claire Carton	www.griffinlegal.com.au
Holly Komorowski – home.byholly	Holly Komorowski	www.homebyholly.com.au
Kevin's Auto Repairs	Mark Nuessler and Liesl Hussey	www.kevinsautos.com.au
Last Frontier Heliskiing	Brett Kennedy	www.lastfrontierheli.com
Live Better Nutrition	Jeanette Ryan	www.livebetternutrition.com.au
Monarch Building Solutions	Valerio Galeotti	www.monarchbuildingsolutions.com.au
Orthodontics Canberra	Vicki Boyd	www.ortho.net.au
Pacific Facilities Maintenance	Justin Hyland	www.pacificfm.com.au
Pinnacle Driving School	Lisa Murphy	www.Pinnacledrivingschool.com.au
POPE'S Electrical & Data Supplies	Daryl Read	www.popeselectrical.com.au
Q1 Dental Care	Dr Susan Leonera-Salazar	www.q1dentalcare.com.au
Ray White Rural Canberra-Yass	Simon or George Southwell	www.raywhiteruralyasscanberra.com.au
Seears Workwear	Shane Seears	www.seearsworkwear.com.au
Small Friends Vet	Matt Almond	www.smallfriends.com.au
The Athlete's Foot	Ashleigh Hogan	www.theathletesfoot.com.au
Tint A Car Canberra	Chris Baekalia	https://www.tintacar.com.au/