

# DARANNEWS

17 February 2023



WEBSITE

DARANET

## Upcoming events

- 13 February**  
School Fees Due
- 20 February**  
Year 7 Camp Cuthbert, Farrer, Goolagong and Lawson Depart 8:00am  
Year 11 Legal Studies High Court  
Year 7 Pastoral Program Lyons, Merrick, O'Brien and Phillip
- 21 February**  
Year 9 Camp Departs  
College Board Meeting  
Year 7 Pastoral Program Lyons, Merrick, O'Brien and Phillip
- 22 February**  
Ash Wednesday  
Year 7 Camp Lyons, Merrick, O'Brien, Phillip Depart 8:00am  
4:00pm WHS Safety Committee  
Cuthbert, Farrer, Goolagong and Lawson  
Arrive 5:00pm
- 23 February**  
Year 7 Pastoral Program Cuthbert, Farrer, Goolagong and Lawson
- 24 February**  
Year 7 Camp Return Cuthbert, Farrer, Goolagong and Lawson 5:00pm  
Year 7 Pastoral Program Cuthbert, Farrer, Goolagong and Lawson  
Year 9 Camp Return
- 28 February**  
Moderation Day  
Years 7 - 10 no classes  
Year 11 AST trial (MC)  
Year 12 AST trial (SRT)
- 2 March**  
12:00pm Year 11 2022 Awards Ceremony, McCowage Hall.  
6:00pm Family Mass McCowage Hall
- 6 March**  
Coordinated NAPLAN Practice P2 Year 9, P4 Year 7
- 10 March**  
House Athletics Carnival
- 13 March**  
Canberra Day Public Holiday
- 15 March**  
P&F Meeting AGM
- 15, 16, 17 March**  
NAPLAN P2 Year 9, P4 Year 7

DARAMALAN COLLEGE  
COWPER ST DICKSON  
6245 6300  
info@daramalan.act.edu.au  
www.daramalan.act.edu.au

## From the Principal



**Dear Parents/  
Carers, Staff  
and Students,**

The 2023 school year, our Year of Faith, is well underway, and it has been wonderful to experience relative normality following the uncertainty of the past three years. Amidst our normality, however, we are conscious of the turmoil and suffering that has occurred in Syria and Turkey over the past week following the earthquake that hit the region. We pray for all those who have lost loved ones and for those who are now displaced in the depths of Winter. Thank you to all those students who supported our small bake sale organised by the Social Justice Group this week. I have mentioned several times this year to our students and staff that as an MSC school we are people

of heart. This small gesture exemplifies heart spirituality and social justice in action.

Covid-19 is also still unfortunately with us and I would ask that families continue to follow our protocols and processes should your student be unwell or test positive. All students and staff who are attending our Year 7 and Year 9 Camps have been issued a RAT prior to their departure as part of our Covid-19 Risk Management Plan. I would ask that all families please complete the test on the evening prior to your student departing for camp.

It has been great to see the students back and settling well into school over the past three weeks. Along with our Year 7 students and new students in Years 8-12, we welcomed a number of staff who are new to the College this year. It was wonderful to be able to welcome each of them into our community when we gathered for the first formal occasion of the year at our Opening Assembly.



Opening Mass with MSC Provincial Fr Chris McPhee MSC



## From the Principal

### School events

We have had several major events already this year including our House Swimming Carnival last week which showcased Daramalan and House spirit through the enthusiastic participation of students and staff alike. Congratulations to our House Captains for their efforts in their first major House event. I would imagine that not being able to hold the carnival in 2022 was an added incentive for the Captains to embrace the event in the way that they did!

This week we were fortunate to have the MSC Provincial, **Fr Chris McPhee MSC**, as the main celebrant for our Opening Mass and the Commissioning of the 2023 Student Leaders. The Mass was concelebrated by our Chaplain, **Fr Kimi Vunivesilevu MSC**, **Fr Simon Falk**, **Fr Emil Milat** and **Fr Mick MacAndrews**. We were joined by representatives from other ACT Catholic Secondary Colleges, the wider MSC community, former staff and the parents of our Year 12 Leaders. It was a wonderful celebration to launch our Year of Faith. At the end of our Mass, the 2023 student leaders were commissioned and received their badges which was very special for them. A recording of the Commissioning section of our Mass will be available on Daranet for families who were not able to join us, to access in the coming days. The 2023 Captains are:

School Captains – **Moki Di Petta** and **Simon Krupka**

Portfolio Captains:

Arts and Culture – **Emilie Van't Hof**

Community and Connection – **Ella Cooper**

Environment – **Charlotte Mitchell** and **Trudy Harries**

Mission – **Ella Harries**

Social Justice – **Sophie Wade**

Sport – **Campbell Lewis**

### Year 7 Parent Welcome Events

This week we were joined by many of our Year 7 parents for the Year 7 Welcome Functions, which were held in McMahon Quad over two beautiful evenings. It was wonderful for parents to be able to attend the College, meet other parents whose children share the same House and to experience the refurbished courtyard facilities. I wish to thank publicly the many staff who contributed to these evenings which were a great success. We are very fortunate to have an excellent team of people including our Hospitality Staff led by **Ms Janette Kline**, our Hospitality students and the College Leaders who worked tirelessly to ensure that evenings went smoothly. Our thanks are also extended to **Ms Yvonne Turnbull** who managed all of the bookings; members of the College Board, the P&F Committee, the Executive, and Pastoral Tutors and PCAs who attended. I wish to make special mention of our Hospitality students and Student Leaders who did an impressive job in helping to create and serve food and drinks on the evenings. We received many very positive comments from parents who attended both about the quality and standard of the food and the service.

### Year 11 Reflection Day

Our Year 11 students participated in their Reflection Day, A Day of Hope, facilitated by **Mr Glen Gerrey**n on Wednesday. This day provided them with an excellent opportunity to reflect on the beginning of their journey as Senior students. Feedback from students after these days is always extremely positive and they find Glen to be quite inspirational. I am pleased to say that the feedback from students this year was no different. They are one of the largest cohorts of Year 11 students that the College has had for many years, so this was an excellent way for them to begin to bond as a Senior group.

### Year 7 Camp

Our Year 7 students go on camp next week so we wish them good weather and hope that they have a wonderful





## From the Principal

experience. If there is any delay with the return of the buses on Wednesday and Friday, we will send an email to Year 7 parents about this. During the two days that students are not on camp they will be participating in a variety of activities facilitated by our College staff, the College Leaders and an external company Project Rockit, who will deliver an anti-online bullying program. Students are reminded that they will need to bring their charged device on the days that they are at school.

### Year 9 Camp

This year our Year 9 students will be participating in a four-day camp at Jindabyne, from next Tuesday to Friday. We have moved the timing of the camp forward to Term 1 in the hope that this will bring better weather and to enable the students to undertake a wider range of activities. We wish them a wonderful time and hope that they enjoy the experience and challenge of the activities.

### Moderation Day

On Tuesday 28 February there are no classes for students in Years 7-10 so no student in Years 7-10 should come to school on Moderation Day. There are AST trials scheduled for students in Years 11 and 12 on that day and students will receive further information about the trials, including what times of the day they will be required to attend school, from **Ms Heike Craig** and through the AST tile on Daranet.

### Family Mass

On **Thursday 2 March** the annual Family Mass will be held in McCowage Hall. All families are warmly invited to attend. An invitation will be sent to families closer to the evening with further details. The celebrant will be **Fr Kimi Vunivesilevu MSC**, our Chaplain. It will start at **6.00pm** and will be followed by a light supper.

### House Athletics

We are hopeful of being able to hold the College Athletics Carnival as we have in previous years, weather and Covid-19 permitting this year! It is calendared to be held on **Friday 10**

**March**. As with other days on which we hold special events, students will be expected to be at the carnival for the whole day. There will be activities for students to assist with even if they are unable to compete or participate in events. Following the success and the enthusiasm shown at the Swimming Carnival, I am confident of another day filled with Daramalan and House Spirit on display.

### P and F AGM

On **Wednesday 15 March**, the Parents and Friends will have their AGM. All parents are welcome to attend. The meeting starts at **6:30pm** in the College Board Room which can be accessed from the front carpark near Reception.

There is an email address for P and F correspondence. It is [pandf@daramalan.act.edu.au](mailto:pandf@daramalan.act.edu.au) should you wish to contact the Committee with any matter.

### Financial Assistance

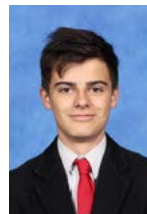
Families who are experiencing changed financial circumstances are encouraged to contact the College Business Manager, Mr Hugh Boulter, to make an appointment to discuss support that may be available to you. He can be contacted via email on [hugh.boulter@daramalan.act.edu.au](mailto:hugh.boulter@daramalan.act.edu.au).

### Enrolments for 2024

We are hopeful that we will be able to hold the College Open Evening again this year for prospective families looking to enrol their students for Year 7 and 11 in 2024. The evening is calendared to be held on Thursday 23 March. Details, including the Principal's address and other information, will be available on the College Website closer to the evening outlining the specific format and timing of the evening.

### Successes

- Congratulations to the Cast and Crew of *Shrek the Musical Jnr* who were awarded a Recognition of Excellence Award at Canberra Area Theatre (CAT) Awards held at the end of last year. **Harper Ward** (Year 11) received a Commendation for his



The Shrek the Musical Jnr



## From the Principal

performance in Shrek the Musical Jnr. The Cast and Crew of The Trojan Women also received a Commendation Award. This was wonderful recognition of the amazing work of the Daramalan Theatre Company.

- Our Year 8 Robotics teams competed at the end of last year in the Australian National VEX Robotics Championships in Sydney. While they did not place, one of the teams received a 'Sportsmanship Award' and we received high praise and feedback regarding our students who acted as volunteers at the event. Congratulations to all of the students who formed the teams who competed and those students who excelled as volunteers.
- Congratulations to **Lucy York** (Year 11) who represented Australia as a member of the U18 Women's Ice Hockey Team, competing in Scotland. The team won gold, with Lucy scoring the first goal in their win.
- Congratulations to **Ruby Holden** (Year 9) and **Chloe Parkinson** (Year 11) who were recognised for their contributions to their local communities on Australia Day. Ruby was named Young Citizen of the Year for Queanbeyan, and Chloe was named Young Citizen of the Year for Bungendore. When I read what Chloe and Ruby do within their communities, I was blown away- it is truly inspiring.
- We wish all of the students who are



representing the ACT at the NSW State Oztag Championships in Coffs Harbour next week the best of luck and much success in their respective competitions.

- Congratulations also to **Hannah Blackwell** (Year 11) who is currently competing in the US at the National Cheer Competition.



Best wishes,

Rachel Davies

Principal



The Trojan Women

The Robotics team getting ready for Australian National VEX Robotics Championships in Sydney



## School News

### Join the Daramalan Alumni Community

The Daramalan Alumni community has more than 60 years of history and with thousands of graduates, we encourage you to join and become a member of a very big family. You can do that by following us on Facebook or signing up on the [Alumni website](#).

We are pleased to introduce **Ms Arina Yakovtseva** as our new Community and Alumni Officer. Our team has many exciting plans this year that we hope you will find rewarding and enjoyable. We are very enthusiastic, but we can't do it without you! If you have any Alumni news or would like to reach out, please contact Arina on [alumni@daramalan.act.edu.au](mailto:alumni@daramalan.act.edu.au).



**Ms Arina Yakovtseva** Community and Alumni Officer



Term 1 fees were due on Monday 13 February. Please contact the Fees Office at [fees@daramalan.act.edu.au](mailto:fees@daramalan.act.edu.au) or phone **Ms Corinne Kelly** on 6245 6310 if you wish to discuss any outstanding fee balances.

### Get to know our College Leaders.

Each Daranews we will feature two of our college leaders. Moki Di Petta and Simon Krupka are the 2023 College Captains.



#### Moki Di Petta

##### Position

School Captain

##### My Subjects

Specialist Methods, Biology, Japanese, Psychology, and English

##### Star Sign

Pisces



#### Simon Krupka

##### Position

School Captain

##### My Subjects

Maths Methods, English, Religion, German, Chemistry, and Literature

##### Star Sign

Gemini

### Get to know me!

#### Sports Played

Basketball  
Netball

#### If I could go any place in the world i would go to...

Mexico

#### Favourite Movie/TV Show

Doesn't have one 🙄

#### Fun Fact!

I've played piano since Kindy

### Get to know me!

#### Sports Played

Soccer  
Basketball

#### If I could go any place in the world i would go to...

Germany

#### Favourite Movie/TV Show

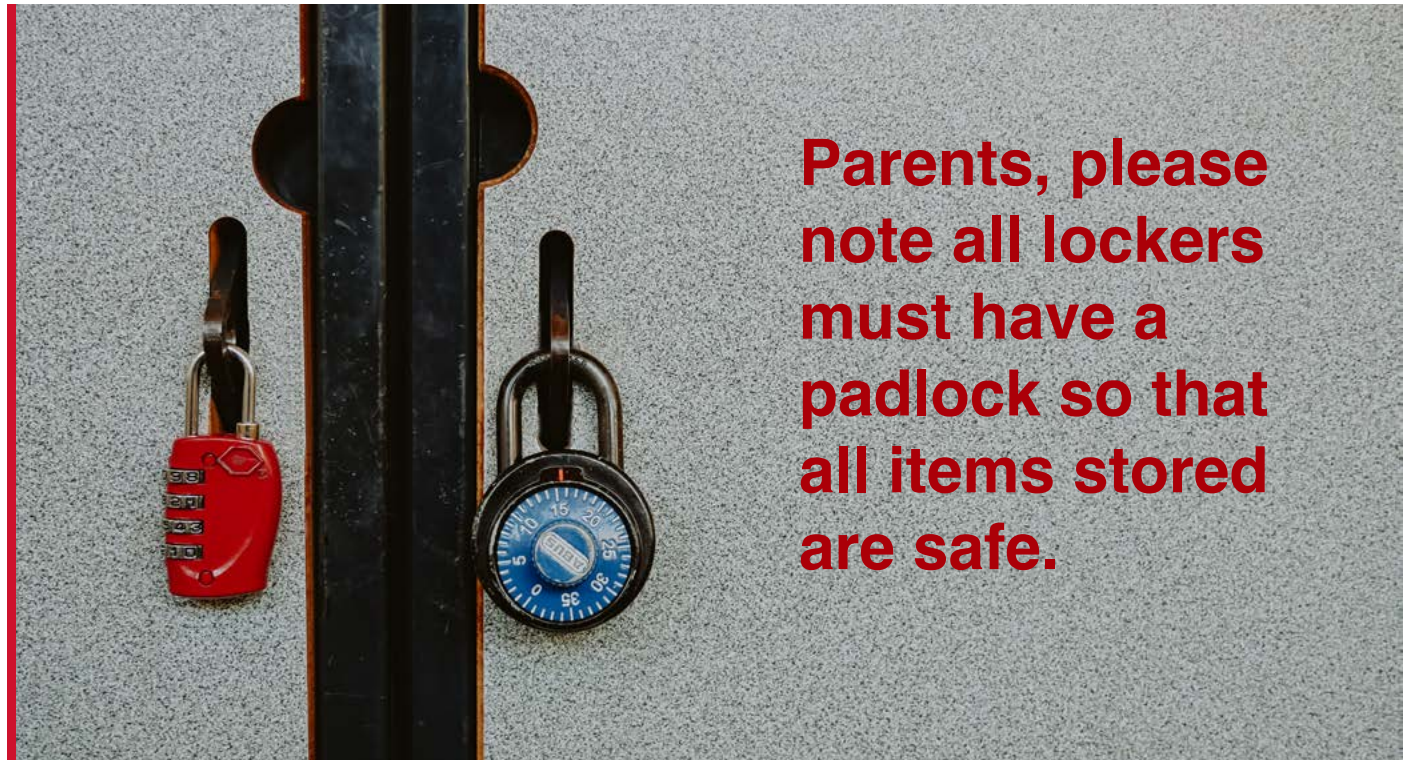
Black Panther

#### Fun Fact!

I've been to every state in Australia, except WA.



# New Year



**Parents, please note all lockers must have a padlock so that all items stored are safe.**

## School Shoes

### A message from The Athlete's Foot Canberra

Hello and Happy New Year Daramalan College!

We would like to extend a huge thank you to your school community. We have had a great 'Back to School' period, serving many students/children from all schools around Canberra and surrounds. Many families have engaged with the school shoe brochure we collaborated on for



your school, ensuring their students comply with school uniform policy, while also being comfortable in our great range. Some of the acceptable school shoes for your school are shown here, but please chat to us in store for more advice or refer to your school brochure. Don't forget to mention Daramalan College when shopping in store so we can continue to support your school through our School Rewards Program!

### Accetable Shoes



**DAKOTA SNR**



**APEX**



**DAYTONA**



**INFINITY**

**Nike Air Force 1 is not an accetable school shoe**





# Library

## Celebrations in the Information Centre

To mark the beginning of 2023 in the Information Centre, students and staff have been busy celebrating different festivals.

Under the guidance of **Ms Monica Yao**, students created beautiful lanterns as part of the Luna New Year Festival. The Lantern Festival, which falls on the first full moon after New Year, is celebrated in China and other Asian countries to honour ancestors. Its aim is to promote reconciliation, peace, and forgiveness. Many students from Years 7 to 11 came together at lunchtime in the Library to enjoy working together on a colourful display of lanterns.

To celebrate Valentine's Day, **Ms Kate Dimech** invited staff and students to dive into a blind date with a book. Valentine's Day, which dates back centuries, is a mix of a fertility festival, letters signed 'from your Valentine' and secret marriages. Novels from all over the collection were selected as blind dates and wrapped up carefully with only a small hint on the front for borrowers. Students and staff were encouraged to step back, have some "me time", relax and read for Valentine's Day. The blind dates proved extremely popular, with students unwrapping their books enthusiastically across the Information Centre. **Ms Caitlin Semmler's** comment on her new date: "I'm so excited!"



Lantern making



Lantern making



Lantern making



Blind date



Blind date

Looking for a specific book?  
Look at the spines to find it.

**SENIOR** Only for Years 9 to 12  
FICTION signed permission note

Ask at the front desk  
RESTRICTED to borrow this  
during class time.

Australian

**P** PLAY or **C** CRITICISM

BOOKS

TEACHERS ONLY

OVERSEAS LOAN ONLY



# Science

## Science Snippets

Science students at Daramalan have started the year with a variety of experiments and learning new skills. Year 7 students learnt how to light a Bunsen burner safely, earning their Bunsen burner licences. The students are learning about the laboratory equipment to design a method to separate a mixture of common substances in the coming weeks.

Year 9 students completed their first dissection for the year. In their study of the human body systems, students applied their knowledge of the structure of the human brain to sheep's brains.

Year 10 students are studying motion and some classes have been out to monitor the speed of cars driving around the school.

Biology students extracted DNA from several fruits as part of their study of genetics and inheritance. They followed this experiment up with the construction of DNA models.

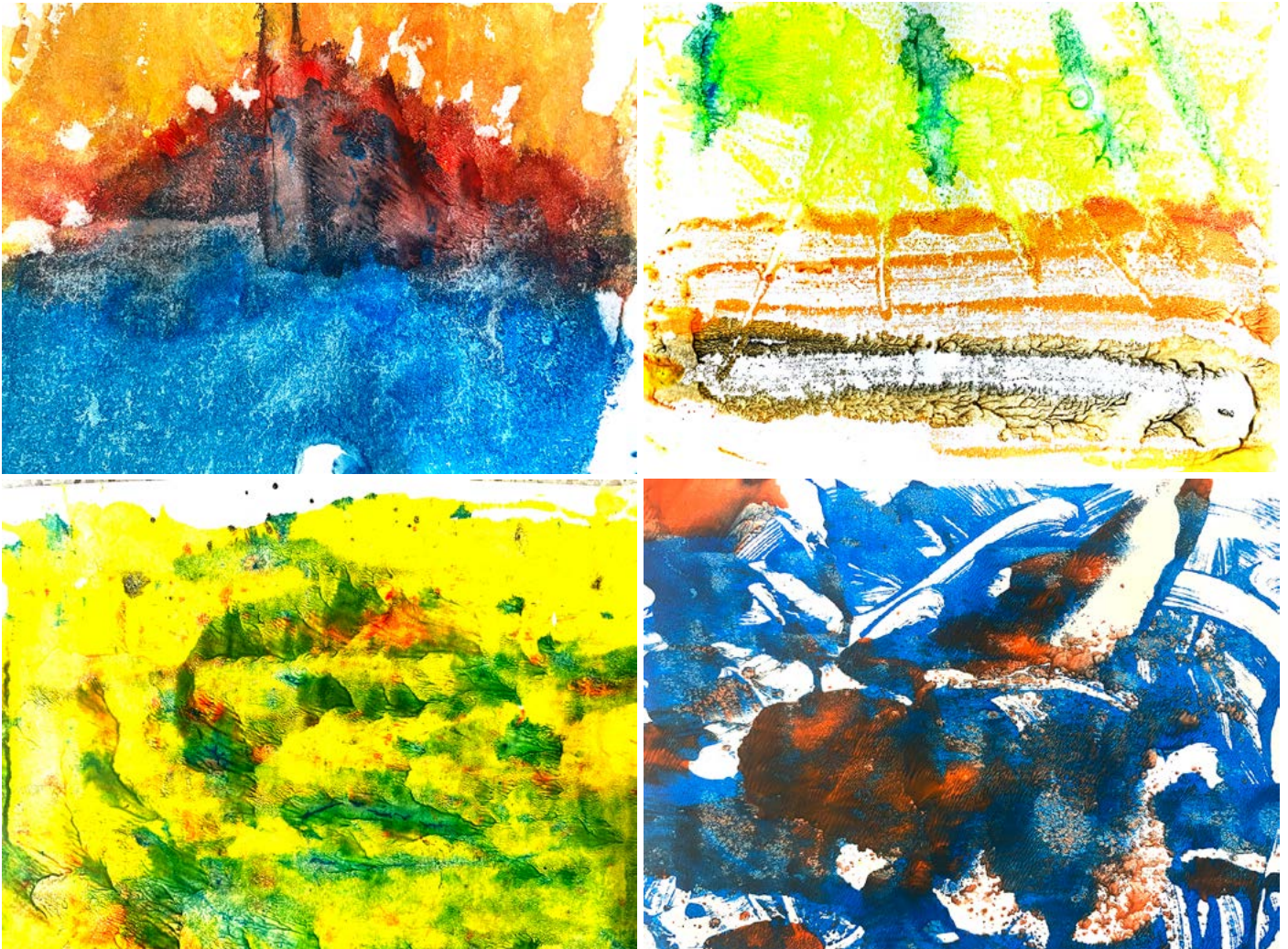
All students and teachers are ready for a big year of Science!





# Visual Arts

## Year 7 Exploring Abstract Monoprint Techniques



In Year 10 Art students are working on developing new and original art styles.

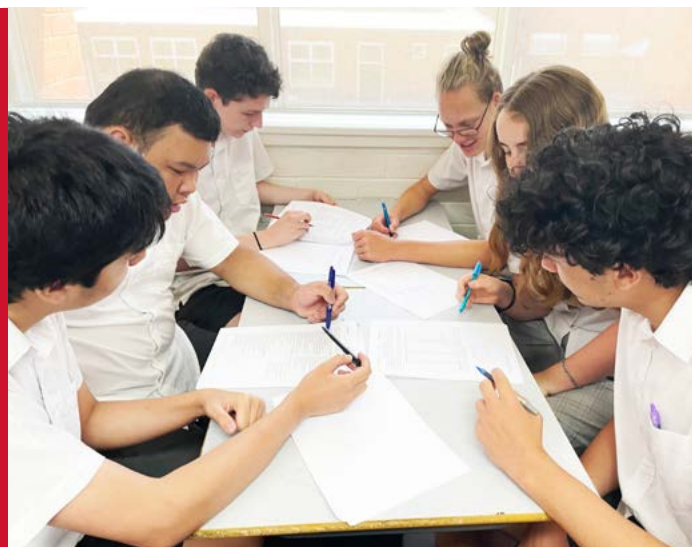




## Languages

Some of our Language students are participating in the OzClo competition (Australian Computational and Linguistic Olympia) and have already started their training sessions during lunchtime this week.

OzClo is an exciting team-based national competition which challenges students to solve puzzles in fascinating languages from around the world. The regional competition will be held at Daramalan College in Week 5, and the top three teams from each region will go through to the National Round. For the last two years, one of our Daramalan teams has made it to the National Round and did an amazing job. Good luck, everyone!



## Music News

We are looking forward to a busy and exciting year in the Music Department. Many rehearsals are now underway. I would like to invite any new musicians in Year 7 to join the Junior Band. If you play Trumpet, Flute, Clarinet, Saxophone, Trombone or Drums, this is for you. The ability to read music and 1 – 2 years' experience is required. Rehearsals are every Tuesday afternoon from 3.30pm – 5.00pm in McCowage Hall.

If you play a String Instrument such as Violin, Cello or Double Bass, the String Ensemble rehearses every Thursday from 3.30pm – 5.00pm in S8.

The Choir rehearses Monday and Tuesday lunchtime in S4.

Could all aspiring musicians wishing to learn an instrument in The Year 7 Band, please return notes to the Music Office. This is a great opportunity for new students to learn a band instrument. We start rehearsals on **Friday 3 March**. No prior experience is needed for this band.

Daramalan College also offers private music tuition on a weekly basis. We have professional Tutors who teach Piano, Vocals, Drums, Guitar, Violin, Cello, Bass, Saxophone, Clarinet, Trumpet, Trombone, and Euphonium. Notes can be picked up from the Music Office.

I would like to encourage any students wanting to join a Rock Band to see **Mr Michael Jackson** in the Music Office. We have been working with Mojo Guitars. They are keen to teach and promote contemporary music at Daramalan. The Rock program would run on a Friday afternoon from 3.45pm in S4.





# Performing Arts

## Welcome from Emilie Van't Hof - Arts and Culture Captain 2023!

Through many years at Daramalan, I have experienced the diverse opportunities Daramalan Arts has to offer. I have participated in various co-curricular activities such as the Daramalan Dance Company starting in Year 7, where myself and many other students performed at the Canberra Theatre Centre. Since then, I have had the opportunity to experience and enjoy a variety of Performing Arts including Drama and Dance. I look forward to being in a role where I can work closely with the staff and students in the Arts.

This year my main ambition includes bringing a sense of community and encouragement towards the Arts at Daramalan College, where all students can enjoy watching and participating in the numerous experiences and opportunities on offer. With this year kicking off, there are already many events coming up including the Daramalan Theatre Company's Senior production of "Troilus and Cressida", followed by our Bands, Choir and String Ensemble who have begun rehearsals for the year. Later in the semester Daramalan Dance Company will audition for Wakairri which will take place in Term 2, followed by performances in Term 3. I look forward to leading many students to participating and engaging with the Arts at Daramalan in 2023.



# Dance



Year 8 Bollywood



Year 8 Bollywood



Yr 8 Dance class enjoying Week 1 of their World Dance unit



Yr 10 Dance class learning a contemporary dance



## Daramalan Theatre Company

### Over 90,500 views for Daramalan Theatre Company Movie

“Under the Light”, Daramalan Theatre Company’s first full feature movie, has received over 90,500 views and 367 likes on YouTube as at February 2023. While only a small percentage of this number actually saw the movie to the end, it still means approximately 2000 people have watched this work made on a zero budget over 2021 and released in January 2022. Putting this into perspective, other movies in the play list such as Brittany Murphy’s first movie, “Family Prayers” has 46,000 views and Brittany Murphy’s “Victim of the Night” has 32,000. Lead actress, **Amy Goedecke**, started at NIDA last week. If you haven’t seen the movie but would like to, then click on the link:



<https://www.youtube.com/watch?v=NoKKhaxLXw8>

Be warned it is not suitable for younger children and contains some depictions of drug use and occasional strong language.



Beach scene at Burrill Pines

### Burrill Pines Intensive Camp for DTC and Troilus and Cressida

All cast for Daramalan Theatre Company (DTC)’s production of “Troilus and Cressida” attended an intensive camp at Burrill Pines Convention Centre in December 2022, just before Christmas and after the school year had officially finished. It was a necessary component needed for the development of a highly effective production. It proved to be one of the most intensive and focused camps the company has seen. While all but one of the members had been to a Burrill Pines camp before, this was quite different to previous intensives; all cast members took very seriously what was being offered them. It meant real progress was made in developing performance techniques and approaches.

Over the last twenty three years, DTC teachers, cast members and some crew have spent many hours of holiday and weekend time devoted to producing the highest standards of theatrical presentation.

DTC had a big year in 2022. “The Trojan Women” appealed to a coterie audience beyond Daramalan while “Shrek” proved to be a theatre of excellence with some cast members invited to be part of another production of “Shrek” from Pied Piper Productions. Both “The Trojan Women” and “Shrek” received CAT Awards, while **Harper Ward** (Year 11) received an individual achievement award for his performance in “Shrek”. I think DTC and all participants should be congratulated for a big year!



Aimee Perrett leading a seminar on The Trojan War myths and reality

But one is only as good as one’s current task! And DTC has never shirked a challenge.

The reality of performing for public audiences demands an emotional and physical toughness that can be learnt. Routines, rituals and specific techniques and approaches can be utilised to assist in this development. DTC workshops aim to provide the detachment and necessary confidence to step from one’s private self on to the public platform of the stage. The fun and intensity of the Burrill Pines camp helps to achieve this aim in a way that is difficult in the school classroom.

This was certainly evident at the December 2022 camp.

Cooking for each other, workshoping, participating in seminars and rituals and providing affirmations are the pillars on which the camp builds a solid platform for effective and confident performance.

DTC should see the results in strong and compelling performances in 2023.

**Joe Woodward** (Artistic Director)

BOOK NOW: <https://events.humanitix.com/troilus-and-cressida>



## Troilus and Cressida

### Creating ripples in our cosmos of community and relationships.

We have begun rehearsals in earnest for Shakespeare's "Troilus and Cressida" adapted by Tony Allan. Students came back early on Saturday 28 January, before school had officially begun. In true form for Daramalan Theatre Company (DTC) activists and members, all cast turned up.

There is a work ethic that goes beyond co-curricular and individual success. It might be abstract. It might be a vague hunch that leads individuals to devote so much energy and time into ideals and into seemingly unrewarded achievements that follow from theatrical work that is not within the usually accepted areas so often promoted in amateur and community theatre.

Their efforts equate with elite sporting achievements and training. Their efforts combine philosophy, art, academic studies in literature and the humanities. There is a future for our culture and our society when this level of commitment can be quantified and viewed within the context of elevation and sacrifice.

Art and spirituality coexist from ancient times. Working on Shakespeare's "Troilus and Cressida" provides more than finding acting credentials that might aid in landing roles in some superficially significant community effort or even in assisting in landing a place in a truly significant acting school. It is more about finding one's personal Dharma: that life's journey or pathway that one can find to truly and fully achieve one's potential.

Our theatre company is about stillness, silence and then explosion! It is a big bang experience that cast and crew need to be aware of and feel its power. Hopefully our

audiences will also experience something of this power and this burst of energy and challenge to re-evaluate everything.

DTC wishes to inspire young people to take up the challenge of inspiring our community and our audiences to see that they have the power to change and challenge. Our theatre is a vehicle for this.

"Troilus and Cressida" is far more than a seventeenth century play. It is an awkward play by Shakespeare that was never fully realised. However, we believe it can create ripples in our cosmos of community and relationships. It is Shakespeare's most youth orientated play and one that has the greatest resonance for youth of 2023. While certainly not a feminist play, it is centuries ahead of its time and nullifies the view of Shakespeare as a misogynist writer.

We invite audiences to see this work of Shakespeare's given the Daramalan Theatre Company treatment, to present it as if for the first time ever!

And as an added bonus for audiences, we will provide a bar and café for light refreshments. Even the bar will be part of the entertainment, with cast with RSAs providing character portrayals while serving drinks.

"Troilus and Cressida" is a once in a decade experience and one that audiences and cast will remember for the rest of their lives.

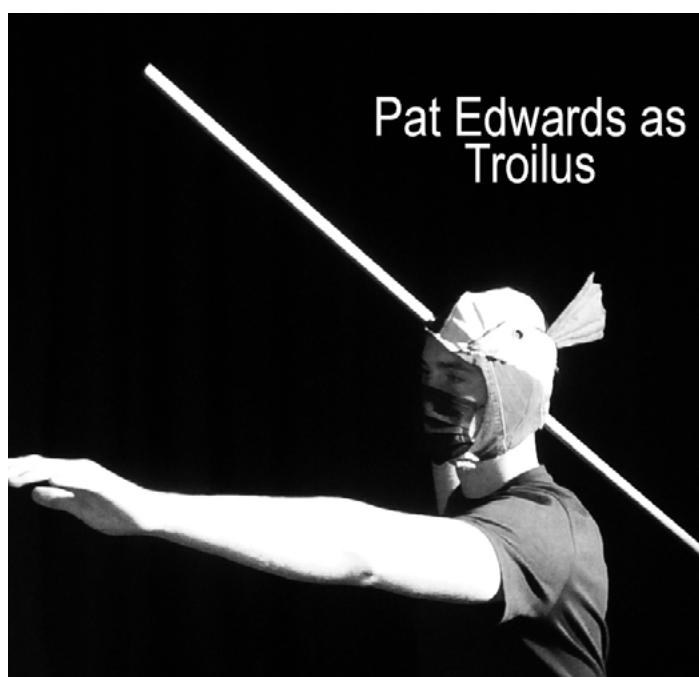
It will certainly create ripples in our cosmos of community and relationships.

**Joe Woodward** (Artistic Director)

BOOK NOW: <https://events.humanitix.com/troilus-and-cressida>



Harrison Labouchardiere as Aeneas



Pat Edwards as Troilus



Alexandra Best as a Slave preparing for battle



Troilus (Pat Edwards), Pandarus (Jack Curry) and Cressida (Kathleen Dunkerley) in rehearsal



## Dungeons and Dragons

Dungeons and Dragons is the most well-known and popular tabletop roleplaying game (trpg). Tabletop roleplaying games can simply be described as a collaborative storytelling game. There are a set of rules for what each player's character can do, and how they can interact with the world. The Game Master controls the world, decides on the plot for the adventure, controls the non-player characters, and acts as a general referee for what happens in the game. The players work together to overcome the challenges thrown their way and tell a unique story together.

Most of the time.

Continuing on from club activities last year, **Mr James Angus'** group continues to stumble into the first pitfall in their path (quite literally). The players have tried to reign in Archer's chaotic energy, hopefully they'll succeed soon! **Mr Andersen Clark** has switched from a spooky, nautical campaign to a campaign focused on dragons. Maybe there's a dungeon for them to explore, too. With a massive influx of new students coming along to see what D&D is all about, many of the veteran players had their hands full trying to help as many people as possible. It was wonderful to see our knowledgeable seniors like **Lauren Ivancic, Chloe Parkinson, Harry Rossiter, and Will Stewart** (Year 11) using their expert game knowledge to help the many, many Year 7's that came along. Seems like we're going to need a LOT more Game Masters this year...

The Daramalan Dungeons and Dragons Club is held in Dempsey 1, Tuesday and Wednesday during lunch. We are welcoming of all participants, whether a returning player or new.







## Parenting ADHD

A Seminar with **Dr Justin Coulson**

Wednesday 22 March 2022! 7.00pm AEST | 8.00pm AEDT

In Parenting ADHD, Dr Justin Coulson will explore up-to-the-minute science on what ADHD is, why it occurs, and most importantly, what parents can do to create something at home that feels sane and balanced in an often-chaotic climate.

This online seminar will:

- **Explain what ADHD is** and is not, and why it is so controversial
- Review **science-supported strategies** to help parents guide ADHD children successfully
- Provide **practical solutions** to help create willing participation in family life with an ADHD child
- Offer **family-strengthening tips** to support parents, strengthen relationships, and build bonds

[CLICK HERE TO REGISTER](#)

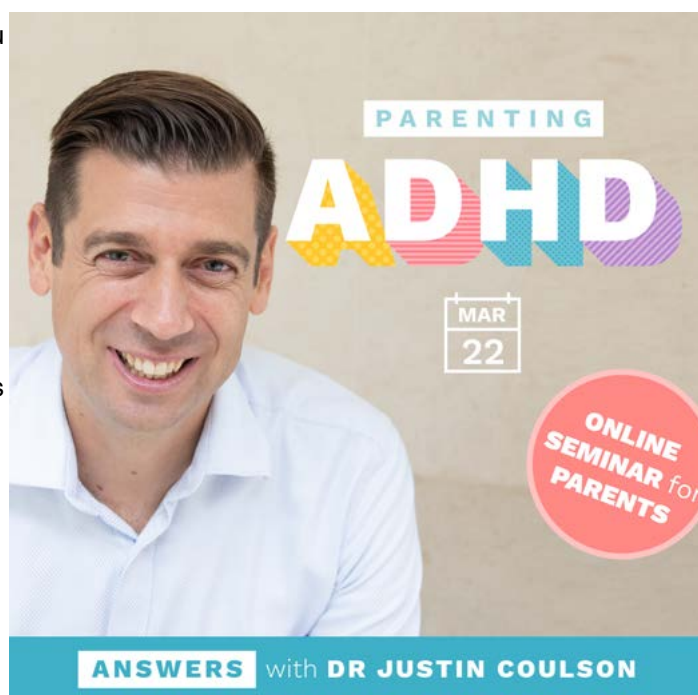
Note – this is a live webinar, but a link will be available for 14 days after the event in case of timetable clashes so you can catch up and watch it later.

### About Dr Justin Coulson

Dr Justin Coulson is the co-host and parenting expert on Channel 9's Parental Guidance, the founder of [happyfamilies.com.au](http://happyfamilies.com.au), and one of Australia's most trusted parenting experts.

Over the past decade he has helped innumerable families with his 6 books about raising children, his hundreds of media appearances (including all of Australia's major news outlets, and even the Washington Post and the New York Times), and two viral videos that have been viewed a combined 80 million times!

Justin earned his PhD in Psychology from the University of Wollongong. He and his wife Kylie have been married since the late 1990s and are the parents of 6 daughters.





# Swimming Carnival

The annual Daramalan Swimming Carnival was held on Friday 10 February, our first full carnival in 2 years. The weather conditions were perfect for swimming. It was a great day! Thank you to all the students who attended and participated in support of your House. Lawson House took out the carnival, dominating in the pool. Merrick House took out the Spirit Plate after a technical error was resolved. Thank you to all the staff members and House Captains who spent their time on Thursday afternoon and Friday morning setting up to contribute to the success of the day. Most importantly, thank you to all those who came along to participate on the day.

**Campbell Lewis**  
Sports Captain

## Swimming Carnival

1: Lawson
2: Cuthbert
3: Farrer
4: Merrick
5: O'Brien
6: Goolagong
7: Phillip
8: Lyons

## House Spirit

1: Merrick
2: Cuthbert
3: Lawson
4: Lyons
5: Phillip
6: Goolagong
7: Farrer
8: O'Brien





## Sport

Congratulations to **Jillian Ryan** (Year 8) who came fourth in the U14 3k Race Walk at the Australian All Schools Championships in Adelaide. Jillian will get to compete in this age category again in 2023.



Congratulations to **George Bowditch** (Year 11) who has been selected in the ACT Schools Eight Rowing crew.



### DaraNews

If you would like your sporting achievements to be reported in the DaraNews, please email the Sports Office ([sports@daramalan.act.edu.au](mailto:sports@daramalan.act.edu.au)) with details, including a photo if possible.



### Rowing NSW Championships

Congratulations to the following crews that represented the College at the NSW Championships last week in Penrith:

Women's U17 Double- **Molly York** and **Ronja Staerker-Ashby** (Year 10).

Schoolboys Quad- **Joachim Ashen, George Bowditch, Patrick Edwards, Ben Rickard** (Year 11) and Cox: **Archie Edwards** (Year 9).

Women's U17 Quad- **Molly York, Lilly Jahne, Sophie Neighbour, Ronja Staerker-Ashby** and Cox: **Emily Olive** (Year 10).

Men's U19 Double- **George Bowditch and Ben Rickard** (Year 11).

In stifling conditions, our crews competed with the best crews from across NSW. The Schoolboys Quad put in a huge effort to qualify but found it difficult to back up the performance in the Final.

### Head of the Lake- Saturday 4 March

Our crews will be competing in the annual Head of the Lake Regatta on Lake Burley Griffin. You are invited to come down to the lake and support our crews.



### Daramalan Snowsports

It is great that we are still having some nice warm Summer days. Thankfully there is still the odd day of snow in the alps which remind us that Winter is on its way. For those of us who love that woosh! sound of our skis or boards in that Winter snow, now is the time to let **Mr Dean Parkes** know that you are interested in joining the Daramalan Snowsport Team.

If you are interested in the program, email Mr Parkes for further information at [dean.parkes@daramalan.act.edu.au](mailto:dean.parkes@daramalan.act.edu.au). Even if you were part of last year's introductory sessions, please still email for further information and a schedule of planned events for the 2023 season. You may also want to register for the **Epic Australia Pass** to save some cash on lift tickets in readiness for our trips to Perisher. This closes on Wednesday 1 March.



## Basketball

It was straight into Basketball this year as soon as school started, with trials starting in Week 1. We had an incredible turnout at all trials and as a result, we have another record-breaking year for Daramalan Basketball - 33 teams and 300 players in 2023!

### Teams:

All teams have now been released. You can view these teams on Daranet or on the Sports Notice Board.

### Training

All training starts in Week 4 with the exception of the U14 Boys training session on Wednesday 22 February due to Year 7 camp. Information about training can also be found on Daranet or the Sports Notice Board.

### Registration

JPL registrations are due **Tuesday 21 February**. All other registrations are due **Thursday 9 March**. Registration link is also on Daranet.

### Stack TeamApp

All correspondence is done via TeamApp and it is extremely important that all students and parents are on TeamApp and have joined the 'Daramalan Basketball Club' group. To join your team, follow the instructions below:

Select Settings (the wheel on top RHS)

Scroll down to Access Group

Select the Group you want to join

At the Prompt: Select Yes

### Congratulations

A very big congratulations to **Mya Lomu** and **Chase Obranovic** (Year 7), **Amalija Stravopodis** (Year 8), **Charlotte Robertson** (Year 9), **Achol Agok** and **Hena Lomu** (Year 10), **William Canavan** and **Edward O'Brien** (Year 11) for all making ACT Squads for 2023. It is great to see so many of our students making these squads on a regular basis now. Good luck on team selections.

An even bigger congratulations goes to **Hena Lomu** who will be participating in the National Performance Program (NPP) for 2023. Hena was invited and selected in the National Intensive Training Program (NITP) for all of last year and as a result was selected in the NPP program.



# DARA V DARA

## PRESEASON CARNIVAL

Saturday 4 March @ Daramalan College

time	COURT 1		COURT 2	
	Team 1	Team 2	Team 1	Team 2
9:10 - 10:00am	U14 JPL GIRLS	U14 D5 GIRLS		
10:00 - 10:50am	U14 D5 BOYS	U14 D6 BOYS	U16 D5 BOYS	U16 D6 BOYS
10:50 - 11:40am	U14 D3 BOYS	U14 D4 BOYS	U16 D4 BLACK BOYS	U16 D4 RED BOYS
11:40 - 12:30pm	U14 JPL BOYS	U14 D1 BOYS	U16 D2 BOYS	U16 D3 BOYS
12:30 - 1:20pm	U16 JPL BOYS	U16 D1 BOYS	U19 D2 BLACK BOYS	U19 D2 WHITE ** BOYS
1:20 - 2:10pm	16 D3 BLACK GIRLS	U16 D3 WHITE GIRLS	U19 D4 BLACK BOYS	U19 D3 RED BOYS
2:10 - 3:00pm	U19 D6 BOYS	U19 D5 BOYS	U19 D3 BLACK BOYS	U19 D2 WHITE ** BOYS
3:00 - 4:00pm	U19 D4 RED BOYS	U19 D4 WHITE	U19 D2 GIRLS	U16 D1 GIRLS
4:00 - 5:00pm	U19 JPL BOYS	U19 D1* BOYS	U19 JPL GIRLS	U16 JPL GIRLS

\* Will have a 'special guest' player - former Daramalan Student and current Canberra Gunner Zac McDermott  
 \*\* Due to uneven teams, this team will play twice

Canberra Gunner  
Zac McDermott







# DARA V DARA

## PRESEASON

### BASKETBALL CARNIVAL

**ALL TEAMS PLAY**  
**SATURDAY 4 MARCH 2023**

@ Daramalan College Sports Centre

**COFFEE VAN AND BBQ**  
**OPERATING ALL DAY**



## Hockey

The 2023 Hockey ACT Junior Outdoor Hockey Competition is set to commence on **Thursday 27 April** and will run until the end of September. Games are usually held on Friday evenings, Saturdays or Sundays, depending on the age group and division. Most games will be played at the National Hockey Centre in Lyneham, however, travel to Tuggeranong may be required for some games.

### Registration

Daramalan Hockey registrations are now open. Players must complete the online registration form and make payment by **Friday 3 March**. Registration can be completed by clicking on the link below. <https://www.revolutionise.com.au/daramalan/registration/>

### Training

Training for all Daramalan teams will be held at the National Hockey Centre in Lyneham on Thursdays from

4pm – 5pm. The first training session will be held on **Thursday 16 March**. Players are required to walk to the Centre, with a minibus provided to transport kit bags.

### Uniform

The Daramalan Hockey shirt and socks can be purchased from the College Uniform Shop. All players will need to wear black Daramalan PE shorts or skirt, as well as appropriate footwear. Shin pads and mouth guards are compulsory.

### Team Communication

Daramalan Hockey uses the platform TeamApp for all communication throughout the season. TeamApp can be downloaded from the App Store, or it can be accessed online via [www.teamapp.com](http://www.teamapp.com). Search 'Dara Hockey' and request to be part of the team. An Admin will then approve your application.

If you have any questions or concerns about the upcoming season, please contact **Ms Erin Gustus** in the PE Office or via email:

[erin.gustus@daramalan.act.edu.au](mailto:erin.gustus@daramalan.act.edu.au)





## Rugby

Daramalan Rugby Union Season Underway  
On Thursday 2 February, the Daramalan Rugby Program hosted the 2023 Come and Try Rugby Day at Daramalan College. Although still competing with Summer sport commitments, it was great to see so many junior players and parents turn up to kick start the 2023 Rugby Union Season.

A special thank you to U14 Boys Div1 Coach **Mr Shane Leslie** for his assistance on the day with coaching. On Monday 6 February, Junior Rugby Training commenced with players filling the Daramalan College Oval. It was great to see so many players back in Daramalan Rugby Kit reconnecting with their friends, coaches and teammates.

The following day the Senior Rugby Program commenced their training with pre-school gym and skills sessions followed by afternoon conditioning and Rugby content at the end of the school day.

Rugby Registrations are now open. Download the Rugby Explorer App or head to the link to sign up today: <https://myaccount.rugbyexplorer.com.au/>

The pre-season calendar is jam packed this season with trial matches locked in against Barker College, St Augustine's and Shore along with teams taking part in the Vikings Gala Day and South Coast 7s. These fixtures will assist with the development of the players in the program to ensure that desired results are achieved on and off the field in 2023, as we build towards Round One on **Saturday 6 May**.

This season we have placed a strong focus on connecting with the wider Daramalan College Community. The Daramalan Rugby Program and the Daramalan Band have formed an alliance which will see the band playing at certain home matches throughout the Rugby season. We have also welcomed on board **Daniel Anderson** (Year 7) who is a keen photographer and videographer. Daniel will be in the thick of training and matches when time permits, taking action shots of the Rugby program and organising video content to assist with the exposure of the Rugby program.

### Daramalan Rugby Sponsorship



**2023 SPONSORSHIP**

If you are interested in sponsoring the Daramalan Rugby Program this season please get in touch via email.

seth.stoltenberg@daramalan.act.edu.au





## Rugby

### Daramalan Rugby Coordinator Spends Week in Camp with Australian Men's 7s

On Sunday 22 January through to Monday 30 January, Rugby Convenor **Mr Seth Stoltenberg** was invited into camp with the Australian Men's 7s Team to learn from Coaching Staff **John Manenti** and **James 'Chucky' Stannard** in the lead up to the Sydney 7s.

The team had arrived in Sydney on Monday from Hamilton after finishing 5th in what was seen by the team as a disappointing result, especially in the lead up to a home tournament. The week consisted of gym sessions, on field coaching, team meetings, player reviews and tournament planning as they would look to build on their performance at Hamilton and attempt to win the Sydney 7s.

Unfortunately, results didn't go as planned with the group coming away from the Sydney 7s finishing 7th overall. Although it wasn't the desired result, the experience for Mr Stoltenberg was fantastic. The way the group approaches their tournaments in such a professional way is something we could see transition to the Daramalan Program throughout the age groups.



## Oztag

The 2022/23 Daramalan Oztag Program has come to an end with over 95 players taking part. The Oztag Program consists of students in Year 6 who were enrolled in Daramalan College for the following year. The program allows students to meet new people and form friendships with their year group prior to their enrolment and gives the students an opportunity to wear the Daramalan Playing Kit prior to starting school.

Teams took the field each Wednesday afternoon in the ACT Oztag Kaleen Competition. Results weren't important as these young students had now made friends for the 2023 school year and beyond!

This season we had some fantastic student and staff Coaches in **Lily Quigley**, **Makenna Ravouvou**, **Isla Monahan**, **Jasmine Reid** (Year 10), **Olivia Reid** (Year 12), **Mr Marty Capon**, **Mr Andrew Withers**, **Mr James Hollis** and **Ms Michelle Coggan** who without them the program wouldn't go ahead. On behalf of Daramalan College and the Daramalan Rugby Program, I would like to thank them all for their amazing effort this season.





## Careers News

### DARAMALAN CAREERS WEBSITE

Please contact Gerard Beattie on 6245 6394 or [careers@daramalan.act.edu.au](mailto:careers@daramalan.act.edu.au)

#### The Australian National University - Student Information Session

Students in Years 11 to 12 are invited to attend an ANU information session on **Wednesday 8 March** at 1pm in the FLA. An ANU representative will outline the ANU requirements, the application process (including scholarships) and will be able to answer any questions that students may have.

**ANU Applications** – For Year 12 students - will open **Wednesday 1 March** and close **Monday 15 May**. ANU Open Day is now on **Saturday 18 March** (Previously held in November). Students can start their application at any time and log back in as needed to complete the process. For more information visit: <https://www.anu.edu.au/study>

**Tuckwell Scholarship** application dates open **Wednesday 1 March** and close **Wednesday 12 April**, with Stage 1 applications running similar to last year's timeline - <https://tuckwell.anu.edu.au/apply>

#### UAC

Year 12 Information Conference will be held online on **Wednesday 26 April** at 6pm. The Year 12 Conference is designed to give students an opportunity to gather much-needed information about what universities have to offer in order to make informed decisions about their future studies. See online for more details, as registration opens in February. For more information visit: <https://www.uac.edu.au/>

#### Charles Sturt University

The Charles Sturt Advantage early offer program is now open and gives Year 12 students the opportunity to get into university based on work they've already done and skills they already have. Applications for Round 1 are now open. Students can apply by **Friday 7 April** to receive an offer by early May. For more information visit: <https://study.csu.edu.au/study-options/pathways/charles-sturt-advantage>

#### University of Canberra – Accelerated Pathways Program

Student applications for the UC Accelerated Pathways Program are currently open and will close on **Wednesday 8 March**. This opportunity is open to all Year 11 Tertiary students. This year, courses are being offered in Anatomy and Physiology, Understanding People and Behaviour, Meeting Environmental Challenges, Visual Communication, Creative Writing, Politics and Democracy. For more information visit: <https://www.canberra.edu.au/campaign/accelerated-pathways-program>

#### 2023 YWCA Canberra Great Ideas Small Grants Program

This program provides grants of up to \$2500 to support women, girls and non-binary people in the ACT region to pursue their passions and improve our community. For more

information visit: <https://ywca Canberra.cmail19.com/>.

#### UCAT Masterclass Mock Exam

The University Clinical Aptitude Test (UCAT) is an admissions test used by some universities for their medical, dental and clinical science degree programmes. Each year UCAT Masterclass hosts a free online mock exam for students who would like to experience the unique online exam. Registrations are open now. For more information visit: <https://www.matrix.edu.au/beginners-guide-to-ucat/ucat-med/>

#### Defence Work Experience Program

The Defence Work Experience Program delivers work experience placements to secondary and tertiary students to gain exposure to Defence careers available in the Australian Defence Force (ADF) and Australian Public Service (APS) For more information visit: <https://www.defence.gov.au/jobs-careers/student-pathways/work-experience>

All available placements are advertised [online](#) and potential candidates go through an application process in order to secure a place on the program. The purpose of our program is not to recruit - but to showcase Defence careers.

#### White Card and Asbestos Awareness Courses

Held at Daramalan from **Wednesday 8 - Thursday 9 March**. These cards are essential when working in the Construction and Trade industry, including apprenticeships, work experience placements in Construction, Interior Design, and Architecture. Application notes are located in the Careers Hub.

**Engineers Australia STEM Program Excursion – Tuesday 28 February** – Targeted at Years 11 and 12. See the Daily Notices for more information.

**Indigenous Allied Health Australia (IAHA) Aboriginal and Torres Strait Islander Health Academy** is offering School-Based Apprenticeships to Aboriginal and Torres Strait Islander students that may be interested in pursuing a career in Health (including an alternate route into university). Open Day is on **Monday 20 February** – Contact ACT Health Academy Team for more information.

## JOBS BOARD

**Waste Away** are looking for employees to assist with waste management at The Multicultural Festival from **Friday 17 February to Sunday 19 February**. Contact 62601288 for more information.

**AVC Roof Plumbing** is looking for apprentices. For more information contact via email [avcroofplumbing@gmail.com](mailto:avcroofplumbing@gmail.com) or call 04917333



# COMMUNITY BUSINESS DIRECTORY

The College invites members of the Daramalan Family to use this Business Directory to locate businesses and services provided by the Daramalan College Community, including former students, alumni, former staff and other supporters.

If you are in business, and would like to advertise in our Directory, please contact [yvonne.turnbull@daramalan.act.edu.au](mailto:yvonne.turnbull@daramalan.act.edu.au) or phone 6245 6334 for more information. Your small fee will go a long way to supporting our Scholarship Fund and your business will be promoted to the wider

Daramalan College Community.

This week we are delighted to present the following four businesses. To search all advertisers, please use this [link](#).

Thank you for supporting our community!

AllClass Carpet & Upholstery Care	Peter Nassar	<a href="http://www.allclasscarpetcare.com.au">www.allclasscarpetcare.com.au</a>
Aquaflo Irrigation	Monika Herbert	<a href="http://www.aquafloirrigation.com.au">www.aquafloirrigation.com.au</a>
Bridge Strata	Craig Bowditch	<a href="http://www.bridgestrata.com.au">www.bridgestrata.com.au</a>
Canberra Spine Centre	Rebeckah Reynolds	<a href="http://www.spinecentre.com.au">www.spinecentre.com.au</a>
CBR Recruitment	Adam Kowalski	<a href="https://www.cbrrecruitment.com.au/">https://www.cbrrecruitment.com.au/</a>
Corver and Co Chartered Accountants	Trevor Corver	<a href="http://www.corverandco.com.au">www.corverandco.com.au</a>
Country 2 City Metal Roofing	Chris	<a href="http://www.country2citymetalroofing.com.au">www.country2citymetalroofing.com.au</a>
Delta Building Automation	Tim Davis	<a href="http://www.deltaba.com.au">www.deltaba.com.au</a>
Dymocks Belconnen	Andrew Whittle	<a href="http://www.dymocks.com.au">www.dymocks.com.au</a>
Element Building Projects	Dennis and Aldona Stravopodis	<a href="http://www.elementbuildingprojects.com.au">www.elementbuildingprojects.com.au</a>
Fortis Physiotherapy	Gavin Malouf	<a href="http://www.fortisphysio.com.au">www.fortisphysio.com.au</a>
Griffin Legal	Claire Carton	<a href="http://www.griffinlegal.com.au">www.griffinlegal.com.au</a>
Holly Komorowski – home.byholly	Holly Komorowski	<a href="http://www.homebyholly.com.au">www.homebyholly.com.au</a>
Kevin's Auto Repairs	Mark Nuessler and Liesl Hussey	<a href="http://www.kevinsautos.com.au">www.kevinsautos.com.au</a>
Last Frontier Heliskiing	Brett Kennedy	<a href="http://www.lastfrontierheli.com">www.lastfrontierheli.com</a>
Live Better Nutrition	Jeanette Ryan	<a href="http://www.livebetternutrition.com.au">www.livebetternutrition.com.au</a>
Monarch Building Solutions	Valerio Galeotti	<a href="http://www.monarchbuildingsolutions.com.au">www.monarchbuildingsolutions.com.au</a>
Orthodontics Canberra	Vicki Boyd	<a href="http://www.ortho.net.au">www.ortho.net.au</a>
Pacific Facilities Maintenance	Justin Hyland	<a href="http://www.pacificfm.com.au">www.pacificfm.com.au</a>
Pinnacle Driving School	Lisa Murphy	<a href="http://www.Pinnacledrivingschool.com.au">www.Pinnacledrivingschool.com.au</a>
POPE'S Electrical & Data Supplies	Daryl Read	<a href="http://www.popeselectrical.com.au">www.popeselectrical.com.au</a>
Q1 Dental Care	Dr Susan Leonera-Salazar	<a href="http://www.q1dentalcare.com.au">www.q1dentalcare.com.au</a>
Ray White Rural Canberra-Yass	Simon or George Southwell	<a href="http://www.raywhiteruralyasscanberra.com.au">www.raywhiteruralyasscanberra.com.au</a>
Seears Workwear	Shane Seears	<a href="http://www.seearsworkwear.com.au">www.seearsworkwear.com.au</a>
Small Friends Vet	Matt Almond	<a href="http://www.smallfriends.com.au">www.smallfriends.com.au</a>
The Athlete's Foot	Ashleigh Hogan	<a href="http://www.theathletesfoot.com.au">www.theathletesfoot.com.au</a>
Tint A Car Canberra	Chris Baekalia	<a href="https://www.tintacar.com.au/">https://www.tintacar.com.au/</a>

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E: [hello@elementbuilding.com.au](mailto:hello@elementbuilding.com.au)  
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C: Claire Carton