



DARAMALAN COLLEGE

A Catholic co-educational Secondary School
owned by the Missionaries of the Sacred Heart and conducted by Daramalan College

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17 October 2022

Dear Parents and Carers,

I am writing to notify you that COVID-19 isolation rules have changed. It is no longer mandatory, under law, to isolate if you test positive to COVID-19, but ACT Health advises that you should still stay at home and take steps to protect those around you.

If your child tests positive to COVID-19

You **must notify the College if your child is diagnosed with COVID-19**. This allows the College to track if there is an increase in COVID-19 transmission at school and manage any high-risk exposures for our more vulnerable school community members. Notifying the College will continue by completing the [COVID Declaration](#) form on Daranet.

As with other infectious diseases, students with COVID-19 symptoms (including runny nose, sore throat, cough, fever) should get tested and **must not attend school while they are unwell**. The College strongly recommends parents and carers keep their child home for five days if they have COVID-19.

You are at higher risk of getting COVID-19 if you live with someone who has COVID-19. ACT Health recommends some simple steps you can take to reduce the risk to others, including monitoring for symptoms, wearing a mask indoors and regular testing.

Rapid antigen tests

You can access a free rapid antigen test (RAT) from the school's front office and there is a section on the COVID Declaration form that allows families to request RATs that can be collected from Reception. If you test positive on a RAT you must register your result with ACT Health using the [online declaration form](#). Registering your positive result is still required under the Public Health Direction, so that ACT Health can help you can access health information and other support.

Staying COVID Safe

While COVID-19 public health measures have eased, the risks associated with COVID-19 transmission remain. ACT Health recommends the best way to stop the spread of COVID-19 is to follow ACT Health's recommendations:

- Stay home if you're unwell and get tested for COVID-19
- Stay up to date with your vaccinations
- Wear a mask on public transport and when in public indoors places if you can
- Practise good hand and respiratory hygiene
- Physically distance from others when in public places.

For the latest COVID-19 advice please visit the [ACT's COVID-19 website](#).

Regards,

Mr James Keeley
Deputy Principal
6245 6302