

SECTION 5: CO-CURRICULAR

5.1 CO-CURRICULAR POLICY

RATIONALE

Students are strongly encouraged to support and participate in all aspects of their educational experience at the College. The educational experience includes student contribution to the community spirit of College life by commitment to co-curricular activity each year.

The College views participation in a co-curricular activity such as sport, band, musical etc as an opportunity for students to learn and experience team work, principles of good sportsmanship and fair play, collegiality, the health benefits available through such activity and the importance of a balance between physical and academic activity.

This policy rests on the Gospel values of respect, collegiality and the use of gifts and talents.

POLICY

As part of the enrolment process, students and parents are advised about opportunities to participate in co-curricular programs at the College. It is expected that all of our students will participate in at least one co-curricular activity each year. Students currently participating in externally based activities are expected to transfer to a similar College activity.

The College will offer guidance in co-curricular activities to ensure that the values of participation, community, cooperation, teamwork, sportsmanship and healthy alternatives become a part of the personal development of each student.

APPLICATION

1. Application of the policy should:
 - a. increase the level of community spirit at the College;
 - b. provide healthy lifestyle alternatives for students and staff;
 - c. promote strong values of sportsmanship, collegiality and fair play;
 - d. enhance leadership opportunities;
 - e. increase student recognition of co-curricular-related career options in the community;
 - f. promote a positive image of the College in the wider community;
 - g. improve individual self-confidence.
2. Students are expected to participate with the College rather than an external organisation whenever the College offers the same activity at a suitable level and with competent

coaching. The College upon application may grant exemption from participation in a College activity.

3. Staff are expected to be involved in at least one co-curricular activity each year.
4. Parents are encouraged to contribute to co-curricular activities wherever possible. The College will be proactive in providing a welcoming and inclusive environment to facilitate parent participation in co-curricular activities.
5. Financial support for co-curricular activities will be provided as far as resources permit.
6. The College will develop an appropriate code of behaviour to support the development of the values listed in this policy. This will be discussed with each group at the beginning of each activity each year.
7. Students from other schools may participate in College co-curricular activities with the permission of the Principal. Permission will usually only be given if there is some advantage to the activity.

Revised and re-approved August 18, 2015