Parents & Friends Association

Daramalan College Charity Walk 2016

Friday 11 March 2016

EVENT GUIDE FOR STUDENTS & FAMILIES

Principal Beneficiaries

Caritas
AUSTRALIA

St Vincent de Paul Society
Welcome

Now in its 44th year, the Daramalan College Charity Walk, previously called Kilothon, is a long-standing event in the College Calendar. The Charity Walk is one of the major events during the year where the whole school comes together to participate in a fun and enjoyable community day.

The Charity Walk is held around the foreshore of Lake Burley Griffin with students walking with their friends and teachers on the shared path.

The Charity Walk is promoted as a House event and students will have the opportunity to mix with fellow House Group members as well as their year level cohort.

As well as being a social day out the focus of the event is also on the importance of community service. Social justice awareness is a core value of the College and St Vincent de Paul and Caritas Australia are the principal funding recipients.

The following guide is for students and families and has been split into four sections; before the day, on the day, at the finish and after the day providing you with all the important information you need for the event.

Before the Day

Training

No training is required and students will be supported to complete the walk safely. Students and families wishing to familiarise themselves with the 16km route may refer to the Map.

Health & Medical

Please do not participate if you have been sick or have had a viral infection in the week of the event. Follow the absenteeism process if you are unable to attend school on the day of the Charity Walk. Other students who are unable to walk need to advise their House Coordinator/PCA/PT so they may participate as an official.

Goodwill

We rely on the goodwill of all families and students to support participation in the event.

We anticipate most students will be able to obtain donations of at least $20 from sources beyond the immediate family. Thank you for your support.

Fundraising

Parents & Friends pays for all expenses associated with the event allowing 100% of funds raised by students and families to be donated to charity. Last year, $27,000 was raised from the efforts of students and families.
Sponsorship Record Forms

Sponsorship Record and payment envelopes will be issued to each student during PT. The Sponsorship Record is to be used to manage your donations. Once your fundraising is complete, please place all cash donations into the payment envelope, total and return to your PT or direct to Reception before and after the event. Donations by credit card and cheque are also available.

Important reminder – do not bring your Sponsorship Record or Payment Envelope on the walk. Please return the Sponsorship Record and money (cash, card and/or cheques) before the event or, give it to your PT (or reception) on the morning of the event.

Prizes

Individual Prizes: Top 3 individual fundraisers receive cash prizes.

Volunteers

We need parents’ help to make this day a success. You can help by volunteering for as little as one hour or for the whole day (9:00am until 2:00pm.) Any offers of help will be appreciated. Jobs include cutting up fruit (7:15am to 7:45am on the day at school), assistance on the route and catering duties (BBQ & drinks at the finish) – from 9am on the day.

If you are able to assist with this event, please click here (best opened in Google Chrome) to complete an online Volunteer Form.

Contacts

Vivienne Rolfe and Ian Garrity, with support from Yvonne Mead will be coordinating the planning arrangements, including coordinating the parent helpers required on the day.

Contact details are below should you have any questions in the lead up to the day.

• Ian Garrity, Assistant Principal 6245 6341 / ian.garrity@daramalan.act.edu.au
• Yvonne Mead, Events Co-Ordinator 6245 6334 / yvonne.mead@daramalan.act.edu.au
• Vivienne Rolfe, P&F 0418 421 706 / vivienne.rolfe@gmail.com
On the Day

Map

The route has not changed from previous years. Students may print and bring a copy of the map, but it is not required.

Inclement Weather

If the event needs to be postponed due to inclement weather, you will receive a text message on your nominated mobile number and information will also be available on the Charity Walk page on the College website and on Daranet. If the day needs to be postponed, Friday will become Day 3 of the timetable cycle. Students will need to change into full uniform. The alternate date for the Charity Walk is Thursday 17 March.

Arrival Time

Students arrive at school in their walking clothes at normal time and attend their morning PT meeting.

Travel to Start

ACTION Charter buses will transfer students to the start location at Lennox Gardens.

Parking

Car parks for students and parents wishing to drive are located at the start location at Lennox Gardens, Flynn Drive, Yarralumla and at the finish location at Acton Park, Barrine Drive. Please be aware these are ticketed machines and illegally parked cars may be fined.

What to bring

- Water bottle – very important.
- Comfortable walking shoes.
- Comfortable, light clothing suitable for the walk and weather conditions.
- Light but warm extra clothing (e.g. Jumper or sweater.)
- Hat, Sunscreen, band aids, thick, well-padded socks.

What NOT to bring

- Footballs, tennis balls or any other sporting equipment
- Bicycles, skateboards or roller blades
- Sound producing devices including air horns

Etiquette on the Walk

- Keep left and share the path.
- Stop at supervised road crossings and wait for a supervisor to direct you to cross.
- Listen to supervisors for important messages, especially at road crossings.
- Be mindful of others and do not push to get off the bus to get to the start – the walk is not timed.
- Please do not listen to iPods or other music devices whilst walking to ensure you’re aware of your fellow walkers, of members of the general public (cyclists) and of teachers/officials.
Back packs

We can transport your belongings, such as back packs and clothing from school to the finish line. Your House Coordinator, PCA or PT will request items during roll call. Please ensure your belongings have your name on them. Do not leave valuables. All care but no responsibility will be taken for any lost or damaged items. Please carry your wallet, keys or mobile securely on you or take your back pack.

Any clothing students no longer wish to carry or lost property items may be left at any checkpoint station. They will be taken to the finish and may be collected from the Property Table. Any uncollected items will be returned to school and placed in Lost Property. Collect items from the Property Table at the Finish.

First Aid

- First Aid is located at the Finish.
- Three First Aid Mobile Units (staff on bicycles) will patrol dedicated sections of the path and will carry First Aid Kits.
- One First Aid van will carry a First Aid Kit and will collect any students along the path who are no longer able to walk and transfer them to the Finish.
- Teachers allocated to supervised crossings will have a first aid kit.
- Each Checkpoint station along the route (x6) will have a First Aid Kit.

Drink Stations

Students need to bring their own filled drink bottle to the Start. Drink bottles may be refilled half way around the course at the Scrivener Dam drink station located on the Map. Water will also be available at the finish.

Snacks

Fruit and lollies are available at two stations, marked 2 and 4 on the Map.

Toilets

Public toilets are located along the route at Lennox Gardens, Canberra Yacht Club, Yarralumla Bay, Scrivener Dam, Yarramundi Reach, Acacia Inlet, Black Mountain Peninsula and Acton Park near the Ferry Terminal. Additional portable toilets will be located at Yarramundi Reach (x4).

Supervised Crossings and Signage

No road closures are required. Supervised crossings are performed by trained teachers wearing high visibility vests and warning signage will be positioned at locations where a shared path crosses a road. Roving supervision is extensive along the shared path, with additional supervision allocated to the bridge path and pedestrian underpasses.

Contact

Please contact Daramalan College Reception on 6245 6300 if you have an emergency situation on the day and need to contact a particular student or staff.
At the Finish

Roll Call

Completing the walk requires students to have their name marked off the roll.

Property Table

Items may be collected from the property table until 1:30pm.

BBQ Lunch

The P&F provides a complimentary BBQ lunch (sausage sandwich or vegie patty and a soft drink/water) at the finish. After lunch, students are free to leave.

Departing Acton Ferry Terminal

Collected by Parents:  Parents may collect their child/ren from 1pm at the finish (earlier for fast walkers.)

Shuttle Bus Back to Daramalan: A shuttle service from Acton Ferry Terminal to Daramalan will carry students who wish to catch regular school buses, particular QCity and Transborder, from school to home. There will be supervision at school after the event. Students returning to school will be required to stay on school grounds until 3.27pm.

Public Transport:  Staff will be located at road intersections between Acton Ferry Terminal and Civic Bus Interchange to direct students to the Interchange. Students are responsible for taking the correct bus and at their own expense.

After the day

Prizes

The top three highest fundraisers will be announced in Daranews. Please ensure all donations are received by the end of Term 1.

House Points

1. All students who attend the Charity Walk will receive a participation point for their House.
2. House points (1st, 2nd and 3rd) will be awarded according to the percentage of returned envelopes by 24th March (and not according to the amount of money each House raises).
3. Any student who raises over $100 will receive a bonus point for their House.

Presentation

Principal beneficiaries will be presented with donation cheques at the Term 3 Whole School Assembly on Monday 18 July 2016.

Feedback

Please email Ian Garrity at ian.garrity@daramalan.act.edu.au with feedback on the event.